

# **2014 Pocket Manual**

## **The Rhode Island Guide to Services for Seniors and Adults with Disabilities**

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Human Services  
Division of Elderly Affairs  
Hazard Building-2nd Floor  
74 West Road  
Cranston, RI 02920**

The **Rhode Island Department of Human Services, Division of Elderly Affairs (DEA)** is responsible for the development of community-based services and programs that encourage independence and preserve the dignity of seniors and adults with disabilities. DEA is also designated as the state's single planning and service area agency on aging under the provisions of the Older Americans Act.

Main Telephone Number.....	462-3000
Hearing Impaired (TTY).....	462-0740
Administration.....	462-0501
Elder Protective Services.....	462-0555
Health Insurance Counseling.....	462-0510
Home & Community Care.....	462-0570
Media & Communications.....	462-0509
Web Site.....	<a href="http://www.dea.ri.gov">www.dea.ri.gov</a>

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## THE POINT NETWORK PROGRAM

The Rhode Island Division of Elderly Affairs (DEA), in cooperation with its community partners, has developed a new concept in elder care services. **THE POINT Network Program (PNP)** is designed to bring information, referral, and long-term care options counseling, as well as the most effective health care service and service delivery under one roof. The **PNP** initiative brings together the regional Aging and Disability Resource Centers (ADRCs), Senior Health Insurance Program (SHIP), Senior Medicare Patrol Program (SMP), and Medicare Improvement for Patients and Providers Act (MIPPA). The regional integration of these core services ensures that seniors, adults with disabilities, families, and caregivers receive essential and timely information that is consistent, culturally appropriate, and in their own communities. The six regional agencies and their service areas are:

*Region 1:* Tri-Town Community Action Agency  
1126 Hartford Avenue, Johnston, RI 02919  
351-2750.....[www.tri-town.org](http://www.tri-town.org)  
Burrillville, Cranston, Cumberland, Foster, Glocester, Johnston, North  
Providence, North Smithfield, Scituate, Smithfield, Woonsocket

*Region 2:* Westbay Community Action Program  
224 Buttonwoods Avenue, Warwick, RI 02886  
732-4660.....[wwwwestbaycap.org](http://wwwwestbaycap.org)  
Coventry, East Greenwich, Warwick, West Warwick

*Region 3:* South County Community Action, Inc.  
1935 Kingstown Road, South Kingstown, RI 02879  
789-3016.....[www.sccainc.org](http://www.sccainc.org)  
Charlestown, Exeter, Hopkinton, Narragansett, New Shoreham (Block  
Island), North Kingstown, Richmond, South Kingstown, Westerly

# THE POINT NETWORK PROGRAM

*Region 4: THE POINT, United Way/2-1-1*  
50 Valley Street, Providence, RI 02909  
462-4444.....[www.uwri.org](http://www.uwri.org)  
Providence

St. Martin dePorres Center  
160 Cranston Street, Providence, RI 02907  
274-6783.....[www.diocesepvd.org](http://www.diocesepvd.org)  
Providence

*Region 5: East Bay Community Action Program*  
100 Bullocks Point Avenue,  
East Providence, RI 02915  
437-1000.....[www.ebcap.org](http://www.ebcap.org)  
Barrington, Bristol, Central Falls, East Providence, Pawtucket, Warren

*Region 6: Child & Family Services of Newport County* 31 John Clarke  
Road, Middletown, RI 02842  
848-4185.....[www.childandfamilyri.com](http://www.childandfamilyri.com)  
Jamestown, Little Compton, Middletown, Newport, Portsmouth, Tiverton

## INFORMATION AND REFERRAL AGENCIES

The **Eldercare Locator** is a nationwide service to help families and friends find information about community services for older people anywhere in the United States and its territories. Information is available in 150 languages.  
1-800-677-1116.....www.eldercare.gov

**Options for Working Families** provides information and referral for eldercare and care for individuals with disabilities.

1441 Park Avenue-Suite B

Cranston, RI 02920

946-2300.....www.optionsforfamilies.org

**Rhode Island Department of Human**

**Services: Ask Rhody**

www.askrhody.org

**Rhode Island Division of Elderly Affairs** is an information and referral resource for seniors, adults, with disabilities, families and caregivers for programs and services that promote their independence and preserve their dignity.

462-3000.....462-0740 (TTY).....www.dea.ri.gov

**Regional Aging and Disability Resource Centers (ADRCs)** are focal points for information and referral services about community-based long-term care programs and long-term care options counseling. For a listing of local ADRC agencies, see the **POINT Network** information in this guide.

**United Way/2-1-1**

50 Valley Street, Providence, RI 02909

211.....519-0374 (TTY)

1-800-367-2700 (Toll-free, out-of-state).....www.uwri.org

# ADDICTION RESOURCES

## Alcoholics Anonymous

1-800-439-8860.....www.aa.org

The **Anchor Recovery Community Center**, 249 Main Street, Pawtucket, RI 02860, provides a safe place for people in to share their journey of recovery from addiction. Anchor also sponsors a Telephone Recovery Support Program.

721-5100.....www.anchorrecovery.org

**CODAC**, 1052 Park Avenue, Cranston, RI 02910, provides treatment, recovery and prevention services for persons struggling with substance abuse, gambling disorders, or other behavioral healthcare issues.

275-5039.....www.codacinc.org

## Narcotics Anonymous

1-818-773-9999.....www.na.org

## Problem Gambling

*Gamblers Anonymous:*

1-888-GA-HELPS (1-888-424-3577)

www.gamblersanonymous.org

*RI Problem Gambling Helpline.....1-877-9-GAMBLE (1-877-942-6253)*

*RI Council on Problem Gambling.....248-5606*

*Rhode Island Hospital Problem Gambling Treatment Program*

235 Plain Street, Providence, RI 02905

444-7036.....www.rhodeislandhospital.org

## Rhode Island Department of Behavioral Health Care, Developmental Disabilities and Hospitals (BHDDH)

14 Harrington Road, Cranston, RI 02920

462-4680.....www.bhddh.ri.gov

## Rhode Island Department of Health (HEALTH)

**Smokers Quit Line.....1-800-QUIT-NOW (1-800-784-8669)**

www.health.ri.gov



# ADULT DAY HEALTH SERVICES

Licensed adult day care centers provide frail and functionally challenged adults, including those with Alzheimer’s disease and other dementias, with care and supervision in a safe environment. Services include therapeutic recreation and health services, and respite for caregivers.

**Bristol: Cornerstone Adult Services**  
172 Franklin Street, Bristol, RI 02809  
254-9629.....[www.stelizabetchcommunity.org](http://www.stelizabetchcommunity.org)

**Coventry: Cornerstone Adult Services**  
60 Wood Street, Coventry, RI 02816  
822-6212.....[www.stelizabetchcommunity.org](http://www.stelizabetchcommunity.org)

**Cranston: Cranston Adult Day Services**  
1070 Cranston Street, Cranston, RI 02920  
780-6243.....[www.cranstonri.com](http://www.cranstonri.com)

**Cranston: Hope Alzheimer’s Center**  
25 Brayton Avenue, Cranston, RI 02920  
946-9220.....[www.hopealzheimerscenter.org](http://www.hopealzheimerscenter.org)

**Cranston: Victoria Court Adult Day Services**  
55 Oaklawn Avenue, Cranston, RI 02920  
946-5522.....[www.pacificacranston.com](http://www.pacificacranston.com)

**Jamestown: Alite Adult Day Care**  
49 North Main Road, Jamestown, RI 02835  
423-1071.....[www.alitecareri.com](http://www.alitecareri.com)

**Little Compton: Cornerstone Adult Services/Nancy Brayton Osborn Center**  
115 East Main Road, Little Compton, RI 02837  
592-0465.....[www.stelizabetchcommunity.org](http://www.stelizabetchcommunity.org)

# ADULT DAY HEALTH SERVICES

**Middletown: Forest Farm Adult Day Services**

193 Forest Avenue, Middletown, RI 02842

849-8326.....www.forestfarmhealthcare.com

**North Providence: Fruit Hill Adult Day Service Center for the Elderly**

399 Fruit Hill Avenue, North Providence, RI 02911

353-5805.....www.fruithilladultday.org

**Pawtucket: New Horizons Adult Care Health Center**

426 Main Street, Pawtucket, RI 02860

727-0950.....newhorizonsadc.com

**Providence: Elmwood Adult Day Care Healthcare**

209 Elmwood Avenue, Providence, RI 02907

421-6300.....www.eadhc.com

**Providence: To Life Center Adult Day Services**

100 Niantic Avenue, Providence, RI 02907

351-4750.....www.jsari.org

**Providence: Program of All Inclusive Care for the Elderly (PACE)**

225 Chapman Street, Providence, RI 02905

490-6566.....www.pace-ri.org

**Smithfield: Dora C. Howard Centre**

715 Putnam Pike, Smithfield, RI 02828

949-3890.....www.tri-town.org

**Smithfield: Generations Adult Day Health Center**

267 Jenckes Hill Road, Smithfield, RI 02917

725-6400.....www.generationsri.com

**South Kingstown: South Kingstown Adult Day Services**

283 Post Road, South Kingstown, RI 02879

783-8736.....www.southkingstownri.com

## **ADULT DAY HEALTH SERVICES**

Warren: **Adult Day Health Center at the Willows**

47 Barker Avenue, Warren, RI 02885

245-2323.....[www.gracebarkerandthewillows.com](http://www.gracebarkerandthewillows.com)

Warwick: **Celebrations Adult Day Services at Tamarisk**

3 Shalom Drive, Warwick, RI 02886

732-0037.....[www.tamariskri.org](http://www.tamariskri.org)

Warwick: **Cornerstone Alzheimer's Care Center**

140 Warwick Neck Avenue, Warwick, RI 02889

738-8295.....[www.stelizabetchcommunity.org](http://www.stelizabetchcommunity.org)

Warwick: **Cornerstone Apponaug Day Center**

3270 Post Road, Warwick, RI 02886

739-2847.....[www.stelizabetchcommunity.org](http://www.stelizabetchcommunity.org)

Westerly: **Adult Day Center of Westerly**

5 Union Street, Westerly, RI 02891

596-1336.....[www.adultdaycenterofwesterly.com](http://www.adultdaycenterofwesterly.com)

Woonsocket: **Alternative Adult Day Care**

84 Social Street, Woonsocket, RI 02895

766-0516.....[www.seniorservicesri.org](http://www.seniorservicesri.org)

Woonsocket: **Seven Hills Rhode Island Adult Day Health Center**

80 Fabien Street, Woonsocket, RI 02895

775-3841.....[www.sevenhills.org](http://www.sevenhills.org)

## ADVOCACY

**AARP-Rhode Island**, 10 Orms Street, Providence, RI 02908, is a non-profit, non-partisan organization for persons 50 and older. AARP for seniors at the federal and state government for programs and services that enhance their quality of life.

1-866-542-8170.....www.aarp.org

The **Rhode Island Governor's Advisory Commission on Aging** advises the Governor and the Director of the Division of Elderly Affairs regarding issues and problems affecting elders and adults with disabilities.

462-0509.....www.dea.ri.gov

The **Alliance for Better Long Term Care**, 422 Post Road, Warwick, RI 02888, advocates, mediates, and helps to solve problems for residents of nursing homes, assisted living facilities, and those receiving home care or hospice services. The state ombudsman is also responsible for investigating complaints of inadequate care and abuse suffered by elders and adults with disabilities who are using long-term care services. All reports of abuse and neglect are confidential.

785-3340.....www.alliancebltc.com

**Family to Family of Rhode Island** is a network created by families for families of children and adults with special needs. The organization offers opportunities for families to connect and support one another, and to share experiences and information. **Family to Family of Rhode Island** is sponsored by Family Voices of Rhode Island, the Paul V. Sherlock Center on Disabilities at Rhode Island College, and the Rhode Island Parent Information Network (RIPIN)

1-800-464-3399, X 139.....www.ric.edu/sherlockcenter

**The Rhode Island Parent Information Network**, RIPIN) 1210 Pontiac Avenue, Cranston, RI 02920, provides information, support, and training to empower parents, families, individuals, and family-serving professionals to become effective advocates for themselves and the people in their care.

270-0101.....1-800-464-3399.....www.ripin.org

## ADVOCACY

The **George Wiley Center**, 32 East Avenue, Pawtucket, RI 02860, is a statewide group actively committed to local community organizing to create social and economic justice through changes in public policy. Specifically, they work on issues such as hunger, utility shut-offs, and jobs placement. They are concerned with issues related to children, families, seniors, and adults with disabilities.

728-5555.....[www.georgewileycenter.org](http://www.georgewileycenter.org)

The **Gray Panthers**, 32 East Avenue, Pawtucket, RI 02860, work for social and economic justice and peace for all people. The organization seeks to create a humane society that puts the needs of people over profits, responsibility over power, and democracy over institutions.

274-

6900.....[www.graypanthers.org](http://www.graypanthers.org)

**PAL**, 96 Rolfe Street, Cranston, RI 02910, is a statewide, not-for-profit organization that was built on the need to support and empower families and people with disabilities as they advocate for themselves.

1-800-745-555 (Voice/TTYI).....[www.pal-ri.org](http://www.pal-ri.org)

**Parents, Families and Friends of Lesbians and Gay (PFLAG)** is a support organization that helps parents of gays and lesbians to understand and accept their children. The Greater Providence Chapter meets monthly.

751-7571.....[www.pflagprovidence.org](http://www.pflagprovidence.org)

The **Senior Agenda Coalition of Rhode Island**, 70 Bath Street, Providence, RI 02908, is a diverse group of activists and organizations that educate the community to improve the quality of life for older Rhode Islanders. The **Senior Agenda Coalition** focuses on issues, legislation, and policies of public and private institutions that affect Rhode Island seniors.

952-6527.....[www.senioragendari.org](http://www.senioragendari.org)

# ADVOCACY

**Services and Advocacy for Gay, Lesbian, Bisexual and Transgendered Elders (SAGE/RI)**, 235 Promenade Street, Suite 500, Providence, RI 02908, promotes, empowers, and contributes to the quality of life for its constituents through service, advocacy, and education.

528-3259.....[www.sageusa.org](http://www.sageusa.org)

# ALZHEIMER'S DISEASE

More than 25,000 Rhode Island residents are living with Alzheimer's disease or a related dementia. Alzheimer's robs the individual of memory, basic functions, and ultimately life. Alzheimer's disease also takes a toll on family caregivers as they deal with the consequences of dementia, in terms of lost or less productive work time, damage to their physical and emotional health, a threat to their financial security, and constant stress. The Long Term Care Coordinating Council has developed a State Plan for Alzheimer's disease and related disorders. The plan is available at [www.ltgov.ri.gov](http://www.ltgov.ri.gov).

The **Alzheimer's Association, Rhode Island Chapter**, 245 Waterman Avenue, Providence, RI 02906, is a non-profit organization whose mission is to coordinate resources for caregivers, educate health professionals and the general public, and advocate for improved public policy.

421-0008.....[www.alz.org/ri](http://www.alz.org/ri)

24 Hour/7 Day Helpline.....1-800-272-3900

# CAREGIVER SUPPORT

The **National Family Caregiver Support Program (NFCSP)** works in partnership with community based-agencies serving seniors to develop and provide basic services to support families who are taking care of seniors.  
202-619-0724.....www.aoa.gov

**Parent Support Network of Rhode Island**, 1395 Atwood Avenue, Johnston RI 02919, works with families to promote social and emotional well-being for children and families.  
467-6855.....www.psnri.org

**Respite** is planned or emergency care that provides temporary relief to family caregivers of age 60 and older. The **CareBreaks Program** assists caregivers taking care of family members. Some volunteers may be available. If needed, **CareBreaks** may also help to pay part of the cost for **respite** provided by approved agencies. For information, contact the Diocese of Providence, One Cathedral Square, Providence, RI 02903.  
421-7833.....www.dioceseofprovidence.org

The **Rhode Island TimeBank Initiative** works with partners across the state to build support networks of individuals, children, youth, families, and communities across the state. For every hour that a person assists an individual or group, he/she earns a Time Dollar. They can then use that Time Dollar to receive an hour of a neighbor's time or engage in a group activity offered by a neighbor. For more information, contact the Rhode Island Parent Support Network at 467-6855, or go to [www.psnri.org](http://www.psnri.org).



## **CASE MANAGEMENT**

**Case Management** programs provide assessment and care planning to assist Rhode Islanders, 60 and older, who meet certain requirements, to remain at home for as long as possible.

**Child and Family Services of Newport County** 31 John Clarke Road,  
Middletown, RI 02842  
848-4185.....[www.childandfamilyri.com](http://www.childandfamilyri.com)  
Jamestown, Little Compton, Middletown, Newport, Portsmouth,  
Providence, Tiverton

**East Bay Community Action Program**  
100 Bullocks Point Avenue,  
East Providence 02915  
437-1000.....[www.ebcap.org](http://www.ebcap.org)  
Barrington, Bristol, Central Falls, East Providence, Pawtucket, Warren

**Tri-Town Community Action Program, Inc.**  
1126 Hartford Avenue, Johnston, RI 02919  
349-5760.....[www.tri-town.org](http://www.tri-town.org)  
Burrillville, Charlestown, Cranston, Cumberland, Exeter, Foster, Glocester,  
Johnston, Hopkinton, Lincoln, Narragansett, New Shoreham (Block Island),  
North Kingstown, North Providence, North Smithfield, Richmond, Scituate,  
Smithfield, South Kingstown, Westerly, West Greenwich, Woonsocket

**Westbay Community Action**  
224 Buttonwoods Avenue, Warwick, RI 02886  
732-4660.....[www.westbaycap.org](http://www.westbaycap.org)  
Coventry, East Greenwich, Warwick, West Warwick

# CHRONIC DISEASE MANAGEMENT

**Chronic diseases** such as diabetes, heart problems, respiratory illness, arthritis, or long term emotional health issues have a negative impact on the quality of life for seniors and adults with disabilities. These organizations help persons affected by these conditions get the education and support they need to manage their disease and live a better life.

The **Alzheimer’s Association, Rhode Island Chapter**, 245 Waterman Avenue, Providence, RI 02906, is a non-profit organization whose mission is to coordinate resources for caregivers, educate health professionals and the general public, and advocate for improved public policy.

24/7 Helpline: 1-800-272-3900.....[www.alz.org](http://www.alz.org)

The **American Cancer Society, Rhode Island Chapter**, 931 Jefferson Blvd., Suite 3004, Warwick, RI 02886, is a nationwide, community-based voluntary health organization dedicated to eliminating cancer as a major health problem.

1-800-227-2345.....[www.cancer.org](http://www.cancer.org)

The **American Diabetes Association, Rhode Island Chapter**, 146 Clifford Street, Providence, RI 02903, seeks to prevent and cure diabetes and to improve the lives of all people affected by diabetes.

351-0498.....[www.diabetes.org](http://www.diabetes.org)

The **American Heart Association, Rhode Island Chapter**, One State Street, Suite 200, Providence, RI 02908, is a non-profit organization that concentrates its efforts on cardiac care to try to reduce disability and deaths caused by cardiovascular disease and stroke.

330-1700.....[www.heart.org](http://www.heart.org)

## CHRONIC DISEASE MANAGEMENT

The **American Parkinson’s Disease Association, Rhode Island Chapter**, 455 Tollgate Road, Warwick, RI 02886, serves the patients and caregivers of Rhode Island and South Eastern Massachusetts through the information and referral center at Kent Hospital, and a number of support groups across the state.

736-1046.....[www.riapda.org](http://www.riapda.org)

The **Arthritis Foundation of Rhode Island**, 2348 Post Road, Suite 104, Warwick, RI 02886, seeks to improve the lives of 66 million Americans through prevention, treatment, control, and cure of arthritis and related diseases.

739-3773.....[www.arthritis.org](http://www.arthritis.org)

The **Chronic Disease Self-Management Program-Living Well Rhode Island** teaches people how to manage their chronic disease conditions, and chronic pain, chronic pain self-management and to live a better life. In Rhode Island, call the Department of Health Information Line.

222-5960.....[www.health.ri.gov](http://www.health.ri.gov)

**Down Syndrome Society of Rhode Island**, 99 Bald Hill Road, Cranston, RI 02920, is dedicated to promoting the rights, dignity, and potential of all individuals with Down Syndrome through advocacy, education, public awareness, and support.

463-5751.....[www.dssri.org](http://www.dssri.org)

The **Mental Health Association of Rhode Island**, 185 Dexter Street, Pawtucket, RI 02860, provides information and referral for mental health services and support groups.

726-  
2285.....[www.mhari.org](http://www.mhari.org)

## CHRONIC DISEASE MANAGEMENT

The **Muscular Dystrophy Association, Rhode Island Chapter**, 931 Jefferson Blvd., Suite 1005, Warwick, RI 02886, provides financial assistance for wheelchairs, leg braces, and communication devices. It also runs an equipment loan program and provides transportation to and from its clinic.

732-1910.....www.mda.org

**National Organization for Rare Disorders, Inc.** works toward the prevention, treatment, and cure of rare diseases. It provides links to resources, information and programs, including medication assistance programs.

1-800-999-6673.....www.rarediseases.org

The **Rhode Island Council of Community Mental Health Organizations**, 40 Sharpe Drive, Suite 3, Cranston, RI 02920, represents community mental health sites that assist individuals seeking information and referral about treatment.

228-7990.....www.riccmho.org

The **Rhode Island Department of Behavioral Healthcare, Developmental Disabilities and Hospitals (BHDDH)** fights against the stigmatization of people with developmental disabilities, mental illness, substance use disorders, and addictions. For information on developmental disabilities, call 462-3234. For information on mental health services, call 462-3291. For information about substance abuse, call:

462-4680.....www.bhddh.ri.gov

1-866-252-3784 (24-hour, confidential drug and alcohol abuse line)

## COMMUNITY ACTION PROGRAMS

**Community Action Programs (CAPs)** are social service agencies working to alleviate the problems of poverty through a positive approach. Programs include consumer education, counseling, health and wellness programs,, home weatherization, heating assistance, and other services. Contact these agencies:

*Aquidneck Island/Newport:* **East Bay CAP:**  
19 Broadway, Newport, RI 02840  
Newport, Portsmouth, Tiverton, Middletown, Jamestown, Little Compton  
847-7821.....[www.webcap.org](http://www.webcap.org)

*Blackstone Valley:* **Blackstone Valley CAP:**  
32 Goff Avenue, Pawtucket, RI 02860  
Central Falls, Cumberland, Lincoln, Pawtucket  
723-4520.....[www.bvcap.org](http://www.bvcap.org)

*Cranston:* **Comprehensive CAP:**  
311 Doric Avenue, Cranston, RI 02910  
Cranston, Foster, Scituate, Coventry  
467-9610.....[www.ccap.org](http://www.ccap.org)

*East Bay:* **East Bay CAP:**  
100 Bullocks Point Avenue, East Providence, RI 02915  
Barrington, Bristol, East Providence, Warren  
437-1000.....[www.ebcap.org](http://www.ebcap.org)

*Greater Providence:* **Community Action Partnership of Providence:**  
518 Hartford Avenue, Providence, RI 02909  
Providence  
273-2000.....[www.cappri.org](http://www.cappri.org)

## COMMUNITY ACTION PROGRAMS

*Greater Woonsocket:* **Woonsocket Family**

**Resources Community Action:**

245 Main Street, Woonsocket, RI 02895

Woonsocket

766-0900.....[www.famresri.org](http://www.famresri.org)

*Kent County:* **Westbay Community Action:**

224 Buttonwoods Avenue, Warwick, RI 02886

Warwick, West Warwick, East Greenwich

732-4660.....[www.westbaycap.org](http://www.westbaycap.org)

*Northwest:* **Tri-Town Community Action, Inc.:**

1126 Hartford Avenue, Johnston, RI 02919

Burrillville, Glocester, Johnston, North Providence, North Smithfield,  
Smithfield

351-2750.....[www.tri-town.org](http://www.tri-town.org)

*South County:* **South County Community Action, Inc.:** 1935 Kingstown  
Road, Wakefield, RI 02879

Charlestown, Exeter, Hopkinton, Narragansett, New Shoreham (Block  
Island), North Kingstown, Richmond, South Kingstown, West Greenwich,  
Westerly

789-3016.....[www.sccainc.org](http://www.sccainc.org)

## CONSUMER PROTECTION PROGRAMS

**Scams, frauds, and schemes** cost seniors, disabled consumers, and the federal government millions of dollars each year. The organizations listed below can help consumers avoid being victimized, preserve valuable assets and resources, and provide ways to report scams and questionable business practices. If you feel that you have been victimized by a fraud, scam or scheme, contact your local police department and the agencies listed in this section.

The **Don't Borrow Trouble** program works with seniors to prevent them from becoming victims of predatory loan practices.

1-800-436-3180.....[www.dontborrowtrouble.org](http://www.dontborrowtrouble.org)

The **National Do Not Call Registry** allows individuals to limit the number of telemarketing calls they receive.

1-888-382-1222.....[www.donotcall.gov](http://www.donotcall.gov)

The **Rhode Island Contractors' Registration & Licensing Board**, One Capitol Hill, Providence, RI 02908, mediates disputes between homeowners and contractors.

222-

1268.....[www.crb.ri.gov](http://www.crb.ri.gov)

The **Rhode Island Attorney General's Consumer Protection Unit**, 150 South Main Street, Providence, RI 02903, provides assistance to consumers with complaints against businesses.

274-4400.....[www.riag.ri.gov](http://www.riag.ri.gov)

**Rhode Island Senior Medicare Patrol (SMP)** helps persons to recognize and report Medicare and Medicaid fraud, waste, and abuse, and also to get the most out of their health care.

462-0931.....462-0740 (TTY).....[www.dea.ri.gov](http://www.dea.ri.gov)

The **U.S. Postal Service** accepts reports and investigates claims of mail fraud.

276-6930.....[www.usps.com](http://www.usps.com)

## DENTAL SERVICES

Dental services for limited-income persons may be available under the following programs:

**Bayside Family Healthcare, Inc.-WellOne**, 308 Callahan Road, North Kingstown, RI 02852 offers dental services for seniors in their communities. 295-9706.....[www.welloneri.org](http://www.welloneri.org)

**Community College of Rhode Island Dental Hygiene Clinic**, Flanagan Campus, Lincoln, RI 02865 offers dental cleanings from September through May of each school year. Nominal fees apply. 333-7250.....[www.ccri.edu/dental](http://www.ccri.edu/dental)

The **Donated Dental** program offers free or reduced-cost dental services to income-eligible seniors. Call 1-866-572-9390.

*Blackstone Valley:* **Thundermist Health Center:** 191 Social Street, Woonsocket, RI 02895  
767-4161.....[www.thundermisthealth.org](http://www.thundermisthealth.org)

*Kent County:* **Thundermist Health Center:** 1219 Main Street, West Warwick, RI 02893  
615-2800.....[www.thundermisthealth.org](http://www.thundermisthealth.org)

*South County:* **Thundermist Health Center:** One River Street, Wakefield, RI 02879  
783-5646.....[www.thundermisthealth.org](http://www.thundermisthealth.org)

**Tri-Town Community Action Program**, 1126 Hartford Avenue, Johnston, RI 02919, offers affordable dental services to residents of Johnston, North Providence, Smithfield, and North Smithfield. 519-1940.....[www.tri-town.org](http://www.tri-town.org)



## DENTAL SERVICES

**Wellcare Primary Medical and Dental Care of Pascoag-WellOne**, 142 Danielson Pike, Unit 8, Foster, RI 02825, provides general dentistry services to eligible residents of Burrillville, Foster, Glocester, North Smithfield and Smithfield. Fees are based on a sliding scale.

647-3702.....[www.welloneri.org](http://www.welloneri.org)

The **Everett C. Wilcox Family Health Center**, 226 Buttonwoods Avenue, Warwick RI 02886, offers services based on a sliding fee scale.

467-9610, X 112.....[www.comcap.org](http://www.comcap.org)

**Wood River Health Services**, 823 Main Street, Hope Valley, RI 02832, offers limited dental services.

539-2461.....[www.woodriverhealthservices.org](http://www.woodriverhealthservices.org)

## DISABILITY RESOURCES

There are a number of organizations in Rhode Island that can help seniors and adults with disabilities enhance their quality of life.

The **Rhode Island Adaptive Telephone Equipment Loan Program (ATEL)**, Office of Rehabilitative Services, 40 Fountain Street, Providence, RI 02903, provides demonstrations, training, and long-term loan and device re-utilization services of specialized telephone equipment to qualified individuals who are deaf, hard of hearing, have a speech impairment, who suffer from neuromuscular damage, or any disease that hinders them from using a standard telephone.

462-7857.....222-1679 (TTY).....www.atel.ri.gov

The **Assistive Technology Access Partnership (ATAP)**, Office of Rehabilitative Services, 40 Fountain Street, Providence, RI 02903, is a group of agencies that work together to reduce or eliminate barriers to access and funding for assistive technology devices and services for individuals with disabilities of all ages.

421-7005.....www.atap.ri.gov

Persons who have incurred a significant disability before age 22 should call the **Division of Developmental Disabilities** at the **Rhode Island Department of Behavioral Healthcare, Developmental Disabilities and Hospitals (BHDDH)** about options for various services.

462-3201.....www.bhddh.ri.gov

The **EyeCare America Seniors Program** serves persons who are 65 and older who do not have an ophthalmologist. They can receive no-cost medical eye care services.

1-800-222-3937.....www.eyecareamerica.org

The **Rhode Island Commission on the Deaf and Hard of Hearing**, One Capitol Hill, Providence, RI 02908, administers sign language interpreter services, information and referral.

256-5511 (V/VP).....www.cdhh.ri.gov

## DISABILITY RESOURCES

The **Governor's Commission on Disabilities**, 41 Cherry Dale Court, Cranston, RI 02920, ensures that people with disabilities are afforded opportunities to exercise all rights and responsibilities provided to citizens of the state and that each person with a disability is able to reach his/her maximum degree of independence, development, productivity, and self-sufficiency.

462-0100.....711 (TTY/Relay RI).....[www.disabilities.ri.gov](http://www.disabilities.ri.gov)

**IN-SIGHT**, 43 Jefferson Blvd., Warwick, RI 02888, helps blind and visually impaired persons develop skills in communication, mobility, orientation, self-care, and homemaking.

941-3322.....[www.in-sight.org](http://www.in-sight.org)

**Living in Fulfilling Environments, Inc.**, 490 Metacom Avenue, Bristol, RI 02809, provides a wide range of community-based experiences and supports to individuals with developmental disabilities.

254-2910.....[www.lifeincri.org](http://www.lifeincri.org)

**Ocean State Center for Independent Living (OSCIL)**, 1944 Warwick Ave., Warwick, RI 02889, is a non-residential, consumer-driven, community-based, cross-disability, nonprofit organization providing a range of independent living services. These services include individual and community advocacy, information and referral, housing assistance, basic independent living skills training, peer support, community outreach, disability awareness, and assistance in the attainment of assistive devices and home modifications, necessary for increased independence.

738-1013.....1-866-857-1161.....[www.oscil.org](http://www.oscil.org)

The **Office of Rehabilitation Services**, 40 Fountain St., Providence, RI 02903, administers Disability Determination Services for the Social Security Administration. The agency determines the medical eligibility of individuals with disabilities applying for cash benefits.

861-6671.....[www.ors.ri.gov](http://www.ors.ri.gov)

## DISABILITY RESOURCES

**Opportunities Unlimited For People With Differing Abilities, Inc.**, One Worthington Road, Cranston, RI 02920, provides support services for adults with disabilities. Services include case management, assistance with personal care, money management, and day services.

942-9044.....[www.oppunlimited.com](http://www.oppunlimited.com)

**People Actively Reaching Independence (PARI)**, 500 Prospect St., Pawtucket, RI 02860, can provide information about services, housing, ramps and other home modifications, or transportation for adults with disabilities. **PARI** also runs a Personal Care Assistant Program.

725-1966 (V/TTY).....[www.pari-ilc.org](http://www.pari-ilc.org)

**Relay Rhode Island/711** can connect hearing-impaired Rhode Islanders with various government agencies and also assists them in completing the call.

1-800-745-5555 (English-TTY).....1-866-355-9214 (Spanish-TTY)

The **Rhode Island Brain Injury Resource Center**, 935 Park Avenue, Cranston, RI 02910, works to improve access to educational materials and resources for survivors of brain injuries, family members, and professionals in the field.

461-6599.....[www.biaofri.org](http://www.biaofri.org)

**Saving Sight**, 1362 West Shore Road, Warwick, RI 02889, conducts glaucoma screening programs and public information campaigns to detect and fight causes of blindness.

738-1150.....[www.savingsightri.org](http://www.savingsightri.org)

Rhode Island **State Services for the Blind and Visually Impaired**, 40 Fountain Street, Providence, RI 02903, provides vocational rehabilitation, counseling, medical evaluation, home teaching, and other services.

462-7917(Voice).....421-7016 (TTY).....[www.ors.ri.gov](http://www.ors.ri.gov)

## **DISABILITY RESOURCES**

**Talking Books Plus**, One Capitol Hill, Providence, RI 02908, serves persons who have a visual impairment or physical disability that hinders them from using a traditional library. They can borrow books and magazines in large print, braille, or talking books on cassette or disc, free of charge. Machines and materials are shipped free directly through the U.S. mail.

574-9300.....[www.olis.ri.gov/tbp](http://www.olis.ri.gov/tbp)

**TechACCESS of Rhode Island**, 100 Jefferson Boulevard, Suite 1, Warwick, RI 02888, works towards assuring that persons of all ages and disabilities will have access to technologies and technology services to encourage and support their full participation in all aspects of life.

463-0202.....[www.techaccess-ri.org](http://www.techaccess-ri.org)

These centers diagnose and treat hearing, speech, language, and swallowing problems:

### **Memorial Hospital of Pawtucket**

111 Brewster Street, Pawtucket, RI 02860

729-2022.....723-2050 (TTY).....[www.mhri.org](http://www.mhri.org)

### **Rhode Island Hospital**

593 Eddy Street, Providence, RI 02903

444-5485.....[www.rhodeislandhospital.org](http://www.rhodeislandhospital.org)

### **University of Rhode Island Speech and Hearing Centers:**

[www.uri.edu](http://www.uri.edu)

*Kingston:* 25 Independence Way,

Kingston, RI 02881

874-5969, or 874-4292

*Pawtucket:* 500 Prospect Street,

Pawtucket, RI 02860

721-0734

## EDUCATIONAL PROGRAMS

Rhode Island residents 60 and older may take courses at state colleges, on a space-available basis, without paying tuition. Contact your local college or university for eligibility and fees, if applicable. Contact your local school department, civic organization, or church, for information on other types of learning opportunities.

**Brown Community Learning in Retirement (BCLIR)** is an independent, non-profit, peer-run organization that provides mature adults with varied opportunities for lifelong learning.

863-3452.....[www.bclir-org](http://www.bclir-org)

The **Elderhostel /Road Scholar** program is the world's largest travel and education organization for persons 55 and older. The organization's focus is on educational and lifelong learning adventures. Financial assistance is available to eligible seniors.

1-800-454-5768.....[www.road scholar.org](http://www.road scholar.org)

The **Learning Connection**, 201 Wayland Avenue, #6, Providence, RI 02906, offers adult education classes on a wide variety of topics.

274-

9330.....[www.learningconnect.com](http://www.learningconnect.com)

The **Osher Lifelong Learning Institute (OLLI)** at the University of Rhode Island is a learning community for active adults, starting at age 50, who wish to explore a wide variety of subjects and programs without worry of exams, grades, or academic requirements.

874-4194 or 874-4197.....[www.uri.edu/OLLI](http://www.uri.edu/OLLI)

## **ABUSE/SELF-NEGLECT**

The **Rhode Island Department of Human Services, Division of Elderly Affairs (DEA) Protective Services Unit**, 74 West Road, Cranston, RI 02920, is responsible for investigating complaints of abuse of Rhode Islanders 60 and older by a family member, caregiver, or person with duty of care. Abuse may be physical, emotional, sexual, financial exploitation, or abandonment.

Self-neglect occurs when a person is no longer able to care for himself/herself. Reports of self-neglect are also made to the **DEA Protective Services Unit**. The senior's needs are assessed and necessary services can be provided.

Rhode Island law requires any person who has reasonable cause to believe that a senior has been abused, or is neglecting his or her basic needs, to report it to **DEA**. Failure to report abuse of a person 60 or older can result in a fine of up to \$1,000.

Abuse and self-neglect reports can be filed 24 hours a day, seven days a week, and on nights, weekends, and holidays, by calling 462-0555. Reports can be filed anonymously.

The **DEA Protective Services Unit** works with case management agencies to develop a care plan that prevents additional abuse and addresses the elder's needs.

Under Rhode Island law (R.I.G.L 42-66-10), **DEA** records pertaining to a person reported to be abused, neglected, exploited, or abandoned, are confidential and are not deemed public records.

The **Commission for the Safety and Care of the Elderly** works with fire and police advocates in each community to address domestic violence, safety, and other issues. A current listing of fire and police advocates can be found on the DEA web site under the "Commission for the Safety and Care of the Elderly" link.

462-0550.....[www.dea.ri.gov](http://www.dea.ri.gov)

## **ABUSE/SELF-NEGLECT**

The **Rhode Island Department of the Attorney General/Elder Abuse Prosecution Unit**, 150 South Main Street, Providence, RI 02903, investigates and prosecutes crimes committed against persons 60 and older.

274-4400, ext. 2383.....[www.riag.state.ri.us](http://www.riag.state.ri.us)

The **Rhode Island Coalition Against Domestic Violence**, 422 Post Road, Suite 102, Warwick, RI 02888, works to eliminate domestic violence in Rhode Island.

24/7 Helpline:1-800-494-8100.....[www.ricadv.org](http://www.ricadv.org)

**DEA** sponsors the **Volunteer Guardianship Program**, 140 Warwick Neck Avenue, Warwick, RI 02889. Volunteers are trained to serve as health care guardians for eligible frail elders suffering from dementia.

739-2844, X 36.....[www.stelizabethcommunity.org](http://www.stelizabethcommunity.org)



## EMERGENCY PREPAREDNESS

One of the keys to surviving a disaster, either man-made or natural, is preparation. The **Rhode Island Emergency Management Agency**, 645 New London Avenue, Cranston, RI 02920, has information and resources to help seniors and adults with disabilities prepare for natural or man-made disaster situations.

946-9996.....[www.riema.ri.gov](http://www.riema.ri.gov)

The **Rhode Island Emergency Management Agency** and the **Rhode Island Department of Health** urge anyone with a chronic disability, health condition, limited mobility, or special health care need(s) to enroll in the **Rhode Island Special Needs Emergency Registry**. The registry was developed to make sure that there is a system to identify Rhode Islanders who require special assistance during emergencies.

*Rhode Island Department of Health:*

222-4783.....711 (Relay RI).....[www.health.ri.gov](http://www.health.ri.gov)

*Rhode Island Emergency Management Agency:*

946-9996.....[www.riema.ri.gov](http://www.riema.ri.gov)

## FINANCIAL COUNSELING/ DEBT MANAGEMENT

The **Rhode Island General Treasurer's Office**, State House, Room 102, Providence, RI 02903, sponsors the **Empower Rhode Island** program to highlight the importance of making your money work through personal financial empowerment. The intent of **Empower Rhode Island** is to enable persons to make informed and disciplined choices, and to understand the risk of taking on too much debt. Services include an online financial literacy tool, learning about working with financial institutions, and educating consumers about safe, affordable choices.

222-2397.....[www.treasury.ri.gov](http://www.treasury.ri.gov)

**Money Management International**, 501 Centreville Road, 2nd. Floor, Warwick, RI 02886, is a non-profit organization that provides full service financial counseling, financial education, debt management programs, and housing counseling. Services are provided either in person or over the Internet. All information is confidential. **Money Management International** helps clients resolve financial difficulties and achieve long- term financial well-being and lifelong financial management skills.

1-866-302-0586.....[www.moneymanagement.org](http://www.moneymanagement.org)

## FOOD ASSISTANCE

The statewide Senior Nutrition Programs are now known as the **Cafés**. Each **Café** will offer at least two of the three meal choices daily. The “spa option,” for the health conscious, features lighter fare such as a main course salad. The “pub option” offers a sandwich for those who want a traditional, wholesome lunch. And the “hearty option” provides a full, hot lunch for those who prefer their main meal at midday. The **Cafés** welcome all diners 60 and over (in the case of a married couple, only one spouse must be over 60). There is a suggested donation of \$3 per meal. No one is turned away if they cannot make a donation. SNAP beneficiaries may use their Electronic Benefits Cards (EBTs) at **Cafés**. Reservations are required 24 hours in advance. To locate a **Café** location near you, call:

*Blackstone Cafés: Blackstone Health, Inc.*

728-9290.....[www.pawtucketri.com](http://www.pawtucketri.com)

*Capital Cities Cafés:*

*Meals on Wheels of Rhode Island, Inc.*

351-6700.....[www.rimeals.org](http://www.rimeals.org)

*East Bay Cafés:*

*East Bay Community Action Program*

437-1000.....[www.ebcap.org](http://www.ebcap.org)

*Narragansett Indian Tribe Café*

213-6880, X 13.....[pnoka@nitribe.org](mailto:pnoka@nitribe.org)

*Northern Rhode Island Cafés: Senior Services, Inc.*

766-3734.....[www.seniorservicesri.org](http://www.seniorservicesri.org)

*Westbay Cafés: Westbay Community Action Program*

732-4660.....[www.westbaycap.org](http://www.westbaycap.org)

**Meals on Wheels of Rhode Island**, 70 Bath Street, Providence, RI 02908, provides home delivered meals to frail, homebound seniors and qualified disabled persons, five days per week. To qualify, seniors must be 60 years or older, live alone, have no one to help them, and be unable to shop, cook, or drive. Donations are accepted, but are not mandatory.

351-6700.....[www.rimeals.org](http://www.rimeals.org)

## FOOD ASSISTANCE

Additional resources are also available to older Rhode Islanders who are in need of emergency food assistance.

**Comprehensive Community Action Program**, 311 Doric Avenue, Cranston, RI 02910, provides emergency food assistance to residents of Cranston, Coventry, Scituate, and Foster.  
467-9610.....www.comcap.org

The **Rhode Island Coalition for the Homeless**, 1070 Main Street, Suite 202, Pawtucket, RI 02860, provides emergency food assistance.  
721-5685.....www.rhomeless.org

The **Rhode Island Community Food Bank**, 200 Niantic Avenue, Providence, RI 02905, helps people stretch their food budgets.  
942-6325.....www.rifoodbank.org

The **Supplemental Nutrition Assistance Program (SNAP)**, formerly known as the Food Stamp Program, can provide assistance to help individuals and families who are struggling to purchase food.

### *Income Eligibility for Seniors & Adults with Disabilities:*

One person.....\$1,772 per month  
Two persons.....\$2,392 per month  
Seniors and adults with disabilities with incomes above those amounts may still be eligible, but these individuals will have a \$3,250 resource limit.

Several deductions are subtracted from a person's gross income to determine the benefit. They may include deductions for household and telephone expenses, an earned income deduction for individuals who are working, deductions for medical expenses, and excess shelter costs. Adults who are eligible for **SNAP** receive their benefits using an Electronic Benefits Transfer (EBT) card. The EBT card is accepted at grocery and retail food stores across the state for the purchase of food items. Applicants may request a home or telephone interview. For more information, contact your local Department of Human Services office, or call the University of Rhode Island **SNAP** Outreach Project.

1-866-306-0270.....www.eatbettertoday.com

## **FOOD ASSISTANCE**

The **University of Rhode Island Feinstein Center for a Hunger Free America** helps low-income individuals and families access food assistance benefits. The goal of this outreach program is to increase participation in SNAP. Benefits help families and individuals supplement their food budgets so that they can buy higher-quality and more nutritious food using their EBT cards. SNAP allows persons who are 60 and older, disabled or homeless to use their EBT cards to purchase meals at participating restaurants. EBT cards can also be used at Farmers' Markets across the state.

1-866-306-0270.....[www.eatbettertoday.com](http://www.eatbettertoday.com)

## GERIATRIC HEALTH ASSESSMENT CENTERS

**Geriatric Health Assessment Units** conduct comprehensive assessments of a person's medical status. Seniors who have shown recent changes in their physical, psychological, or social functioning are candidates for assessment. A team of professionals identifies health and medical problems, and plans a course of treatment. These organizations offer geriatric assessments:

East Providence: **RI Mood and Memory Research Institute**, 1018 Waterman Avenue, East Providence, RI 02914  
435-8950.....[www.rimm.com](http://www.rimm.com)

North Providence: **Roger Williams Geriatric Assessment Program**, Two Atlantic Boulevard, North Providence, RI 02911  
231-0450.....[www.rwmc.org](http://www.rwmc.org)

Pawtucket: **Memorial Hospital Neurology Department**, 111 Brewster Street, Pawtucket, RI 02860  
729-2304.....[www.mhri.org](http://www.mhri.org)

Pawtucket: **University Medicine Foundation Gerontology Center**, 407 East Avenue, Suite 110 Pawtucket, RI 02860  
728-7270.....[www.mhri.org](http://www.mhri.org)

Providence: **Alzheimer's Disease & Memory Disorders Center**, Rhode Island Hospital, Ambulatory Patient Center, 593 Eddy Street, 7th Floor, Providence, RI 02903  
444-6440.....[www.rhodeislandhospital.org](http://www.rhodeislandhospital.org)

Providence: **Butler Hospital Memory and Aging Program**, 345 Blackstone Boulevard, Providence, RI 02906  
455-6403.....[www.butler.org](http://www.butler.org)

# **GERIATRIC HEALTH ASSESSMENT CENTERS**

Providence: **Rhode Island Hospital/Miriam Hospital Geriatric Neuropsychological Program**

Coro Building, 167 Point Street, Providence, RI 02903

444-4500.....[www.rihospital.org](http://www.rihospital.org)

# HEALTH CENTERS

**Community health centers** provide many health services for low-income persons, including seniors. Payment is based on a sliding scale.

Block Island: **Block Island Health Services**  
6 Payne Road, Block Island, RI 02807  
466-2974.....[www.bihealthservices.com](http://www.bihealthservices.com)

Burrillville:  
**WellOne Primary Care Medical and Dental Care**  
36 Bridge Way, Pascoag, RI 02859  
567-0800.....[www.welloneri.org](http://www.welloneri.org)

Central Falls:  
**Blackstone Valley Community Health Center**  
9 Chestnut Street, Central Falls, RI 02863  
722-0081.....[www.blackstonechc.org](http://www.blackstonechc.org)

Charlestown:  
**Narragansett Indian Health Center**  
4533 South County Trail, Charlestown, RI 02813  
364-1265.....[www.narragansett-tribe.org](http://www.narragansett-tribe.org)

Coventry: **Coventry Family Health Center**  
191 MacArthur Boulevard, Coventry, RI 02816  
828-5335.....[www.comcap.org](http://www.comcap.org)

Cranston: **Cranston Family Health Center**  
1090 Cranston Street, Cranston, RI 02920  
943-1981.....[www.cranstonri.com](http://www.cranstonri.com)

East Providence:  
**East Bay Family Health Center**  
100 Bullocks Point Avenue, East Providence, RI 02915  
437-1008.....[www.ebcap.org](http://www.ebcap.org)



## HEALTH CENTERS

Johnston: **Tri-Town Health Center**

1126 Hartford Avenue, Johnston, RI 02919

351-2750.....[www.tri-town.org](http://www.tri-town.org)

Newport: **East Bay Health Center**

19 Broadway, Newport, RI 02840

848-2160.....[www.ebcap.org](http://www.ebcap.org)

North Kingstown: **Bayside Family Healthcare, Inc.-WellOne**, 308  
Callahan Road, North Kingstown, RI 02852

295-9706.....[www.welloneri.org](http://www.welloneri.org)

Pawtucket:

**Blackstone Valley Community Health Center**

42 Park Place, Pawtucket, RI 02860

722-0081.....[www.blackstonechc.org](http://www.blackstonechc.org)

**Blackstone Valley Health Care**

39 East Avenue, Pawtucket, RI 02860

722-0081.....[www.blackstonechc.org](http://www.blackstonechc.org)

Providence:

**Allen Berry Health Center**

355 Prairie Avenue, Providence, RI 02905

444-0570.....[www.providencechs.org](http://www.providencechs.org)

**Capitol Hill Health Center**

40 Candace Street, Providence, RI 02908

444-0550.....[www.providencechs.org](http://www.providencechs.org)

**Central Health Center**

239 Cranston Street, Providence, RI 02907

444-0580.....[www.providencechs.org](http://www.providencechs.org)

# HEALTH CENTERS

Providence:

**Chad Brown Health Center**

285A Chad Brown Street, Providence, RI 02908  
274-6339.....www.providencechs.org

**Chafee Health Center**

One Warren Way, Providence, RI 02905  
444-0530.....www.providencechs.org

**Clinica Esperanza**

60 Valley Street-Unit 5-The Plant, Providence, RI 02909  
649-9683.....wwwishcc.org

**Crossroads Rhode Island**

160 Broad Street, Providence, RI 02903  
521-2255.....www.crossroadsri.org

**Met School Health Clinic**

355 Public Street, Providence, RI 02906  
752-2693.....www.providencechs.org

**North Main Street Clinic**

530 North Main Street, Providence, RI 02904  
415-9500.....www.providencechs.org

**Olneyville Health Center**

100 Curtis Street, Providence, RI 02909  
444-0540.....www.providencechs.org

**RI Free Clinic**

655 Broad Street, Providence, RI 02907  
274-6347.....www.rifreeclinic.org

## HEALTH CENTERS

Providence:

**St. Joseph's Hospital:**

21 Peace Street, Providence, RI 02907

456-3000.....[www.stjosephri.com](http://www.stjosephri.com)

Richmond: **Wood River Health Services**

823 Main Street, Hope Valley, RI 02832

539-2461.....[www.woodriverhealthservices.org](http://www.woodriverhealthservices.org)

South Kingstown:

**Thundermist Health Center**

One River Street, Wakefield, RI 02879

783-0523.....[www.thundermisthealth.org](http://www.thundermisthealth.org)

Warwick: **Everett C. Wilcox**

**Family Health Center**

226 Buttonwoods Avenue, Warwick, RI 02886

467-9610 X 112.....[www.comcap.org](http://www.comcap.org)

West Warwick: **Thundermist Health Center**

1219 Main Street, West Warwick, RI 02893

615-2800.....[www.thundermisthealth.org](http://www.thundermisthealth.org)

Woonsocket: **Thundermist Health Center**

450 Clinton Street, Woonsocket, RI 02895

767-4100.....[www.thundermisthealth.org](http://www.thundermisthealth.org)

# HEATING ASSISTANCE

The **Low-Income Home Energy Assistance Program (LIHEAP)** provides assistance to income-eligible consumers in meeting the costs of heating their homes. The amount of assistance provided is based on household size and income level. Current annual income guidelines are:

1-person household.....	\$27,392
2-person household.....	\$35,820
3-person household.....	\$44,248
4-person household.....	\$52,676

Apply for heating assistance at these local agencies:

## **Blackstone Valley Community Action Program**

32 Goff Avenue, Pawtucket, RI 02860  
Central Falls, Cumberland, Lincoln, North Smithfield, Pawtucket,  
Woonsocket  
723-0227.....[www.bvcap.org](http://www.bvcap.org)

## **Comprehensive Community Action Programs**

311 Doric Avenue, Cranston, RI 02910  
Cranston, Foster, Scituate  
467-7013.....[www.comcap.org](http://www.comcap.org)

## **East Bay Community Action Program**

100 Bullocks Point Avenue, East Providence, RI 02915  
Barrington, Bristol, East Providence, Jamestown, Little Compton,  
Middletown, Newport, Portsmouth, Tiverton, Warren  
437-5102.....[www.ebcap.org](http://www.ebcap.org)

## **Providence Heating Assistance:**

518 Hartford Avenue, Providence, RI 02909  
Providence  
273-0882.....[www.cappri.org](http://www.cappri.org)

# HEATING ASSISTANCE

## **South County Community Action Program**

1935 Kingstown Road, South Kingstown, RI 02879  
Charlestown, Exeter, Hopkinton, Narragansett, New Shoreham, North  
Kingstown, Richmond, South Kingstown, West Greenwich, Westerly  
789-3016.....[www.sccainc.org](http://www.sccainc.org)

## **Tri-Town Community Action Program**

33 Maple Street, North Providence, RI 02911  
Burrillville, Glocester, Johnston, North Providence, Smithfield  
519-1913.....[www.tri-town.org](http://www.tri-town.org)

## **West Bay Community Action Program**

208 Buttonwoods Avenue, Warwick, RI 02886  
Coventry, East Greenwich, Warwick, West Warwick  
732-4660.....[www.westbaycap.org](http://www.westbaycap.org)

Information about heating assistance is also available from these agencies/organizations:

## **Citizens Energy Corporation**

1-877-JOE-4-OIL (1-877-563-4645).....[www.citizensenergy.com](http://www.citizensenergy.com)

## **Diocese of Providence: Keep the Heat On**

184 Broad Street, Providence, RI 02907  
421-7833, Ext. 207.....[www.heatri.com](http://www.heatri.com)

## **RI Office of Energy Resources**

One Capitol Hill, Providence, RI 02908  
574-9100.....[www.energy.ri.gov](http://www.energy.ri.gov)

## **Salvation Army**

201 Pitman Street, Providence, RI 02906  
(Assistance is available for those who do not qualify for LIHEAP).  
421-5270.....[www.salvationarmy-ri.org](http://www.salvationarmy-ri.org)

## HOME AND COMMUNITY CARE PROGRAMS

**Home and Community Care Programs** provide eligible seniors with innovative options to help them remain in the community and avoid premature institutionalization. Based on eligibility, **Home and Community Care Medicaid Waiver Programs** may provide home health aide services, adult day services, Meals on Wheels, Senior Companion services, personal emergency alert systems, minor home modifications, assistive devices, or assisted living services. For **Home and Community Care Medicaid Waiver Programs**, a person must be a Rhode Island resident 65 or older, be eligible for Medical Assistance (Medicaid), unable to leave home without considerable assistance, and need help with the tasks of daily living.

Rhode Island Division of Elderly Affairs:

462-0570.....462-0740 (TTY).....[www.dea.ri.gov](http://www.dea.ri.gov)

THE POINT:

462-4444.....462-445 (TTY)

For persons who meet the guidelines for the **Rhode Island Home and Community Care Co-Pay Program**, services are provided at a reduced rate. Co-payment amounts are determined by the client's income level. Annual income guidelines are \$14,588 for a single person and \$19,963 for a couple at Level One and \$23,340 for a single person, and \$31,460 for a couple at Level Two. DEA works with a network of regional case management agencies to develop care plans to help seniors remain in the least restrictive and safest environment. To be eligible for the **Co-Pay Program**, a person must be a Rhode Island resident age 65 or older, be ineligible for Medicaid, unable to leave home without considerable assistance, and need help with the tasks of daily living.

Rhode Island Division of Elderly Affairs:

462-0570.....462-0740 (TTY).....[www.ri.gov](http://www.ri.gov)

THE POINT:

462-4444.....462-4445(TTY)

## HOME AND COMMUNITY CARE PROGRAMS

Persons who had a significant disability before age 22 should call the **Department of Behavioral Healthcare Developmental Disabilities and Hospitals (BHDDH)** about options for home and community care.

462-3421.....[www.bhddh.ri.gov](http://www.bhddh.ri.gov)

The **Program for the All-Inclusive Care of the Elderly (PACE)**, 225 Chapman Street, Providence, RI 02905, provides individuals with alternatives to nursing home care. To be eligible for **PACE**, a person must be 55 or older and qualify for nursing home care. To enroll in **PACE**, the client must agree to get their care from a network of doctors and providers who participate in the program. **PACE** coordinates all care to meet the daily needs of the client with a team of caregivers that includes social workers, nurses, and other professional staff. **PACE** is also a licensed adult day service program.

490-6566.....[www.pace-ri.org](http://www.pace-ri.org)

Persons who qualify for **Medicaid Long-Term Care** may be able to hire their own caregiver who can help them with bathing, dressing, and other home activities through the **Personal Choice Waiver Program**.

Contact:

**People Actively Reaching Independence (PARI)**, 500 Prospect Street, Pawtucket, RI 02860

725-1966 (V/TTY).....[www.pari-ilc.org](http://www.pari-ilc.org)

**Ocean State Center for Independent Living (OSCIL)**,

1944 Warwick Avenue, Warwick, RI 02889

738-1013.....1-866-857-1161.....[www.oscil.org](http://www.oscil.org)

## HOME AND COMMUNITY CARE PROGRAMS

Persons eligible for Medicaid and who are in a nursing home, but would like to live at home or in the community, may be able to participate in the **Rhode to Home** Nursing Home Transition Program through the Rhode Island Department of Human Services. The program provides support and services to help make this transition possible.

462-6393.....[www.dhs.ri.gov](http://www.dhs.ri.gov)

**Visiting Nurse Agencies** provide home health care, which may include nursing care, physical therapy, hospice care, speech therapy, and other services. For a listing of these agencies, call THE POINT.

462-4444.....462-4445 (TTY)



## HOME AND HOSPICE CARE

**Hospice care** focuses on the social, spiritual, and emotional needs of terminally ill patients and their loved ones. A hospice team usually includes a medical director, nurses, clergy, and other health care professionals. Medicare covers hospice services as long as the providing agency is a certified Medicare provider. Medical Assistance and most private insurance plans also cover hospice services. Contact these agencies:

**Gentiva Health Care**, 2374 Post Road, Suite 206, Warwick, RI 02886, provides hospice services through an interdisciplinary group, including physicians, nurses, social workers, counselors, and dietary counselors.  
738-1492.....www.gentiva.com

**Home & Hospice Care of Rhode Island**, 1085 North Main Street, Providence, RI 02904, can provide hospice care in the home and in other facilities.  
415-4200.....1-800-338-6555.....wwwhhcri.net

**Nursing Placement, Inc.**, 334 East Avenue, Pawtucket, RI 02860, provides hospice services to culturally diverse populations. In addition to English, the team has members who speak Portuguese, Cape Verdean Creole, Spanish, and Russian.  
728-6500.....www.nursingplacement.com

The **Philip Hulitar Inpatient Center**, 1085 North Main Street, Providence, RI 02904, offers compassionate and individualized care and support to persons who are reaching the end of life.  
351-5570.....wwwhhcri.org

Most **Visiting Nurse Agencies (VNAs)** provide hospice services. For a listing of **VNAs**, call THE POINT.  
462-4444.....462-4445 (TTY)

## HOUSING PROGRAMS

**Assisted living** provides rooms or apartments, meals, 24-hour staffing, assistance with personal care and dispensing medication, housekeeping, laundry, activities, and other services that allow adults to stay in the community. The cost varies considerably. There are more than 60 licensed assisted living facilities in the state. To get a copy of the assisted living sites in Rhode Island, call THE POINT.

462-4444.....462-4445 (TTY)

The **Rhode Island Coalition for the Homeless**, 1070 Main Street, Pawtucket, RI 02860, publishes the "Street Sheet," a listing of emergency shelters, food pantries, and other helpful resources.

721-5685.....www.rihomeless.org

Some **Community Action Programs (CAPS)** provide housing assistance and may have funding assistance for home repair services. Please refer to the list of **Community Action Programs** in this publication.

**Crossroads Rhode Island**, 160 Broad Street, RI 02903, provides information and referral for the homeless and those in transition.

521-2255.....www.crossroadsri.org

Many cities and towns have public housing authorities that provide affordable apartments and Section 8 vouchers. Some cities and towns may also have grants or loans available for home repairs. Contact your local city or town hall.

**Home Equity Conversion Mortgages (HECM)**, often referred to as **Reverse Mortgages**, allow seniors to borrow against the equity in their homes. The loan is repaid when the house is sold or when the owner/borrower ceases to live in it. Interest rates and loan limits vary from lending institution to lending institution. Under **HECM**, borrowers must be 62 or older and meet annual income limits. For more information, contact your local bank, credit union, or other financial institution.

## HOUSING PROGRAMS

**Housing Network of Rhode Island**, 44 Nashua Street, Providence, RI 02904, is a state association of non-profit community development corporations. Members of the **Housing Network of Rhode Island** have developed thousands of affordable housing options in Rhode Island and promote public awareness regarding the state's housing and economic needs.

1-877-428-8844.....711 (Relay RI).....www.socialserve.com

**HomeLocatorRI.net** is a free website that lists homes for rent or sale in Rhode Island.

1-877-428-8844.....www.homelocatorri.net

**Rhode Island Housing**, 44 Washington Street, Providence, RI 02903, oversees the management of 20,000 apartments for low-income seniors, families, and persons with disabilities. Approximately 15,000 of these apartments are Section 8. Under this category, tenants pay 30 percent of their income for rent. The remaining 5,000 apartments have a variety of subsidies that keep the rents affordable for low-income households. Generally, residents of Section 8 apartments must earn no more than 50 percent of the Housing and Urban Development (HUD) median family income for their community and household size. Applicants can apply for housing in any community in which they would like to live. Most communities have a waiting list for these affordable housing units.

457-1234 (Voice).....1-800-427-5560

450-1394 (TTY).....www.rihousing.org

The **Rhode Island Housing Help Center**, 44 Washington Street, Providence, RI 02903, offers seniors a safe place to receive help with their mortgages, and avoid foreclosure. Seniors who have received a notice of a tax sale for their home may contact the **Rhode Island Housing Help Center** for information at 457-1130, or the **Rhode Island Bar Association** at 521-5040 for legal assistance. Seniors can also contact the local tax assessor to inquire about a payment plan, or other arrangements to remove their property from tax sale.

457-1130.....www.rihousing.org

# HOUSING PROGRAMS

**Operation Stand Down Rhode Island** serves homeless and disabled veterans.

1010 Hartford Avenue, Unit #1  
Johnston, RI 02919  
383-4730

790 Providence Street  
West Warwick, RI 02893  
320-1022  
1-800-861-VETS (8387).....[www.osdri.com](http://www.osdri.com)

The **Rhode Island Housing's Home Improvement & Lead Abatement Programs** can assist qualified residents in obtaining low-interest home repair and improvement loans. 457-1119 (Home Improvement)  
450-1360 (Lead Abatement).....[www.rihousing.org](http://www.rihousing.org)

The **U.S.D.A. Rural Development**, 60 Quaker Lane, Suite 44, Warwick, RI 02886, provides grants and loans for home repairs and improvements to qualified homeowners.  
826-0842, ext. 1870.....[www.rurdev.usda.gov](http://www.rurdev.usda.gov)

## LEGAL SERVICES

**Advance health care directives** are written instructions indicating what type of medical intervention you choose during a time when you may become incapacitated. The durable power of attorney for health care permits you to appoint an agent, or agents, to make health care decisions on your behalf, if you are unable to communicate your wishes. A living will directs your physicians, in advance, to withhold or withdraw life-sustaining procedures, if those are your wishes. You can get advance health care directive forms from the Rhode Island Department of Health.

222-5960.....[www.health.ri.gov](http://www.health.ri.gov)

The **Rhode Island Bar Association's Legal Information and Referral Service for the Elderly**, 115 Cedar Street, Providence, RI 02903, helps anyone 60 and older obtain legal services and advice. Seniors may receive a free initial consultation of up to 30 minutes. Collect calls are accepted. Seniors who have received a notice of a tax sale of their home may contact the **Rhode Island Bar Association** for assistance.

521-5040.....[www.ribar.com](http://www.ribar.com)

The **Rhode Island Center for Law and Public Policy**, 3288 Post Road, Warwick, RI 02886, provides access to legal services for low-income individuals and small businesses. Services are available to persons whose income does not exceed 300 percent of the Federal Poverty Level (FPL).

921-5988.....[www.riclapp.org](http://www.riclapp.org)

The **Rhode Island Disability Law Center**, 275 Westminster Street, Suite 401, Providence, RI 02903, provides free legal assistance to persons with disabilities. Services include individual representation to protect rights or to secure benefits, services, and administrative and legislative advocacy.

1-800-733-5322.....831-5335 (TTY).....[www.ridlc.org](http://www.ridlc.org)

## LEGAL SERVICES

**Rhode Island Legal Services Senior Citizens Program** helps low income persons 60 and older with legal advice and assistance. This program assists seniors with problems related to housing and public assistance programs, including Social Security and Social Security Disability Income (SSDI) programs.

Providence: 56 Pine Street, Providence, RI 02903

274-2652.....1-800-662-4034

Newport: 50 Washington Square, Newport, RI 02840

846-2264.....[www.rils.org](http://www.rils.org)

## **LONG TERM CARE OMBUDSMAN**

The **Alliance for Better Long Term Care**, 422 Post Road, Warwick, RI 02888, advocates, mediates, and helps to solve problems for residents of nursing homes, assisted living facilities, and those receiving home care or hospice services. The state ombudsman is also responsible for investigating complaints of inadequate care and abuse suffered by elders and adults with disabilities who are using long-term care services. All reports of abuse and neglect are kept confidential.

785-3340.....[www.alliancebltc.com](http://www.alliancebltc.com)

## MEDICAL ASSISTANCE (MEDICAID)

Community **Medical Assistance Fee-For-Service** is “traditional” **Medical Assistance (Medicaid)**. Health or medical benefits are obtained directly from a provider that accepts **Medical Assistance**. Individuals over age 65 may be eligible for **Medicaid** if they are a Rhode Island resident, have a work history of less than 10 years that disqualifies them for Medicare, and who meet specified guidelines. A person may still qualify for **Medicaid** if they have unpaid medical expenses. The “flex test” may reduce their income to fall within **Medicaid** guidelines.

*Medically Needy:* Income.....\$858/month

*Categorically Needy:* Income.....\$973/month

*Resources for both categories:*

\$4,000 (S).....\$6,000 (M)

Adults with disabilities may be eligible for **Medicaid** if they are 18 years or older, a Rhode Island resident, and receive Supplemental Security Income (SSI). Refer to the SSI income and resource information on in this guide.

Regional Medicaid offices:

### **Newport Regional Center**

272 Valley Road, Suite 1, Middletown, RI 02842

851-2100

Jamestown, Little Compton, Middletown, Newport, Portsmouth, Tiverton

### **Pawtucket Dept. of Human Services**

249 Roosevelt Avenue, Pawtucket, RI 02860

721-6600.....1-800-984-8989

Barrington, Bristol, Central Falls, East Providence, Pawtucket, Warren



# **MEDICAL ASSISTANCE (MEDICAID)**

Regional Medicaid offices:

## **Providence Regional Family Center**

206 Elmwood Avenue, Providence, RI 02907

415-8200

Cranston, Johnston, Providence, Scituate

## **South County Regional Family Center**

4808 Tower Hill Road, Suite G1, South Kingstown, RI 02879

782-4300.....1-800-862-0222

Charlestown, Coventry, East Greenwich, Hopkinton, Narragansett, New Shoreham,

North Kingstown, Richmond, South Kingstown, West Greenwich, Westerly

## **Warwick Department of Human Services**

195 Buttonwoods Avenue, Warwick, RI 02886

736-1400

Warwick, West Warwick

## **Woonsocket Dept. of Human Services**

450 Clinton Street, Woonsocket, RI 02895

235-6200

Burrillville, Cumberland, Foster, Glocester, Lincoln, North Providence, North Smithfield, Smithfield, Woonsocket

You can also log on to the Department of Human Services web site at [www.dhs.ri.gov](http://www.dhs.ri.gov).

## **MEDICAL ASSISTANCE (MEDICAID)**

**Medicaid Long Term Care (LTC)** services are available for individuals over age 65 and for adults with disabilities. Services include nursing home care or home and community-based supports, such as homemaker/CNA services, special medical equipment, Meals on Wheels, personal emergency response systems, case management, Senior Companions, assisted living, respite, or minor home modifications. Individuals must require a certain level of care to qualify. Only individuals who qualify for the highest level of care are eligible for nursing facility care. In the next year, there will be changes to Medicaid as a result of the implementation of the Integrated Care Initiative for persons enrolled in both Medicare and Medicaid. Senior Health Insurance Program (SHIP) counselors will be able to assist beneficiaries in making the most appropriate choice for their long-term health care needs.

Long Term Care Medicaid Offices:

### **Cranston Long Term Care**

35 Howard Avenue, Building #55, Cranston, RI 02920  
462-5182

Charlestown, Coventry, Cranston, Exeter, Foster, Hopkinton, Johnston, Narragansett, New Shoreham, North Kingstown, Richmond, Scituate, South Kingstown, Warwick, West Greenwich, West Warwick, Westerly

### **East Providence Long Term Care**

206 Elmwood Avenue, Providence, RI 02907  
415-8459

Barrington, Central Falls, East Providence, Pawtucket, Warren

### **Newport Regional Family Center**

272 Valley Road, Middletown, RI 02842

851-2100.....1-800-675-9397

Bristol, Jamestown, Little Compton, Middletown, Newport, Portsmouth, Tiverton

## **MEDICAL ASSISTANCE (MEDICAID)**

Long Term Care Medicaid Offices:

### **Providence Regional Family Center**

206 Elmwood Avenue, Providence, RI 02907  
415-8524 (Home & Community Based Services)  
415-8455 (Nursing Homes)  
Providence, North Providence

### **Woonsocket Long Term Care**

450 Clinton Street, Woonsocket, RI 02895  
235-6241  
Burrillville, Cumberland, Glocester, Lincoln, North Smithfield, Smithfield,  
Woonsocket

### **RI Veterans Memorial Cemetary**

301 South County Trail, Exeter, RI 02822  
268-3088

### **RI Veterans Home**

480 Metacom Avenue, Bristol, RI 02809  
253-8000, X 695

You can also log on to the Department of Human Services web site at [www.dhs.ri.gov](http://www.dhs.ri.gov).

With the **Personal Choice Program**, individuals over age 65 who qualify for the high or highest level of care may be able to receive self-directed home and community-based services using a “cash and counseling” model. For additional information, contact: `

### **PARI Independent Living Center**

500 Prospect Street, Pawtucket, RI 02860  
725-1966, X 14 (Voice/TTY).....[www.pari-ilc.org](http://www.pari-ilc.org)

## **MEDICAL ASSISTANCE (MEDICAID)**

### **Tri-Town Community Action Program**

1126 Hartford Avenue, Johnston, RI 02919

351-2750.....[www.tri-town.org](http://www.tri-town.org)

Under **Shared Living**, a person can live with their caregiver and receive personal care, homemaker services, and other benefits. For additional information:

### **Caregiver Homes**

235 Promenade Street, Suite 147

Providence, RI 02908

290-8429.....[www.caregiverhomes.com](http://www.caregiverhomes.com)

### **Seven Hills Rhode Island**

30 Cumberland Street, Woonsocket, RI 02895

229-9760.....[www.sevenhills.org](http://www.sevenhills.org)

The **Integrated Care Initiative** provides managed long-term care services to individuals who have both Medicare and Medicaid. The goal is to coordinate and improve the delivery of community-based long-term care services. Individuals enrolled in both Medicare and Medicaid can choose to receive services from Rhody Health Options or Connect Care Choice Community Partners. Some persons may be eligible to enroll on the Program of All-Inclusive Care for the Elderly (PACE).

1-855-444-3604.....[www.eohhs.ri.gov](http://www.eohhs.ri.gov)

# MEDICARE

**Medicare** is the nation’s health insurance program for people 65 and older, and younger people who are disabled for 24 months, or who have end stage renal disease. **Medicare** consists of four parts—Part A (Hospital Insurance), Part B (Medical Insurance), Part C (Medicare Advantage Insurance Plans), and Medicare Part D (Medicare Prescription Drug Plans). Persons over age 65 are automatically entitled to Medicare Part A if they or their spouse are eligible for Social Security or Railroad Retirement.

Part A covers a portion of inpatient hospital, skilled nursing facility, home health, and hospice care. Part B is optional insurance that supplements Part A coverage. Part B covers a portion of medical and physician services, outpatient hospital, home health, durable medical equipment, laboratory and x-ray, ambulance, and other services. Apply for **Medicare** at Social Security, or online three months before turning age 65.

1-800-MEDICARE.....(1-800-633-4227)

1-877-486-2048 (TTY).....www.medicare.gov

**Healthcentric Advisors**, 235 Promenade Street, Suite 500, Providence, RI 02908, is the Medicare Quality Improvement Organization for Rhode Island. The organization investigates quality of care for Medicare beneficiaries.

528-3200.....www.healthcentricadvisors.org

# MEDICARE PREMIUM PAYMENT PROGRAMS

**Medicare Premium Payment (MPP)** programs help Medicare beneficiaries pay some or all of the cost of their Medicare Part A and Medicare Part B premiums, deductibles, and co-insurances.

For the **Qualified Medicare Beneficiary (QMB)** program, the Department of Human Services (DHS) Medicaid Division will pay both the Medicare Part A, if applicable, and Medicare Part B premiums, deductibles, and co-insurance for persons over 65, and adults with disabilities, if their income does not exceed:

Single: \$973/month.....Married: \$1,311/month

For the **Specified Low-Income Medicare Beneficiary** program (**SLMB**), Medicaid will pay the Medicare Part B premium if the beneficiary's income does not exceed:

Single: \$1,167/month.....Married: \$1,573/month

For the **Qualified Individual (QI1)** program, Medicaid will pay the Medicare Part B premium, subject to availability of state funds, if the beneficiary's income does not exceed:

Single: \$1,313/month.....Married: \$1,770/month

The resource limits for all **MPP** programs are:

Single: \$7,160.....Married: \$10,750

For more information about MPP programs, contact the Rhode Island Department of Human Services.

462-5300.....[www.dhs.ri.gov](http://www.dhs.ri.gov)

## MEDICATION ASSISTANCE PROGRAMS

**Medicare Prescription Drug Plans (Medicare Part D)** help Medicare beneficiaries pay for prescription drugs. Coverage is available for both generic and brand name medications. Premiums, deductibles, and co-payments may apply.

Assistance in paying for Medicare Part D plan premiums and other expenses (Low-Income Subsidy-LIS, or “Extra Help”) may be available for beneficiaries who have limited income and resources. For more information, contact Social Security at:

1-800-772-1213 (Voice).....1-800-325-0778 (TTY).....[www.ssa.gov](http://www.ssa.gov)  
Medicare beneficiaries can get one-to-one, unbiased and confidential counseling for Medicare Part D by contacting any of the regional Senior Health Insurance Program (SHIP) partner agencies listed in this guide.

**NeedyMeds** is an information clearinghouse that helps those who are unable to afford their medications or health care costs to access patient assistance programs.

1-978-281-6666.....[www.needymeds.org](http://www.needymeds.org)

Many pharmaceutical manufacturers make some of their drugs available, free of charge, to patients who have difficulty paying for them.

**Pharmaceutical Research and Manufacturers of America.**

877-743-6779.....[www.RxforRI.org](http://www.RxforRI.org)

**Partnership for Prescription Assistance:**

1-888-4PPA-NOW.....[www.pparx.org](http://www.pparx.org)

## MEDICATION ASSISTANCE PROGRAMS

The **Rhode Island Pharmaceutical Assistance to the Elderly (RIPAE)** program pays some of the cost of **RIPAE**-approved prescription medications during the deductible phase and offers partial reimbursement for **RIPAE**-approved medications to enrollees who enter the “donut hole” of their Medicare Part D plans, or if a medication is not covered by a Part D plan and is on the RIPAE formulary. Rhode Island residents 65 and older who meet certain income limits and provide proof of Medicare Part D coverage, and adults age 55 to 64 receiving Social Security Disability (SSDI) payments, may be eligible.

### **RIPAE** Income Limits:

60% Subsidy: \$22,057 (S).....	\$27,573 (M)
30% Subsidy: \$27,688(S).....	\$34,622 (M)
15% Subsidy: \$48,547 (S).....	\$55,379 (M)

Income guidelines are adjusted in July, based on the annual Social Security Cost of Living Adjustment (COLA).

462-0530.....462-0740 (TTY).....[www.dea.ri.gov](http://www.dea.ri.gov)



## MENTAL/BEHAVIORAL HEALTH PROGRAMS

Some **community health centers** provide low-cost or free mental health services for low-income persons, including seniors. Payment is based on a sliding scale. A list of the community mental health agencies can be found in this guide.

**Medical Detoxification Programs** are staffed by professionals who have special skills in helping substance abusers and their families deal with the physical and emotional problems caused by addiction and substance abuse. Treatment is always confidential. The following sites offer medical detoxification:

The **Butler Hospital Alcohol & Drug Inpatient Treatment Center**, 345 Blackstone Boulevard, Providence, RI 02906  
455-6214.....www.butler.org

**Roger Williams Medical Center Behavioral Health:**  
825 Chalkstone Avenue, Providence, RI 02908  
456-2000.....www.rwmc.org

**SSTAR of Rhode Island Detoxification Services:**  
1959 Tower Hill Road, North Kingstown, RI 02852  
294-6160.....www.sstar.org

The **National Alliance on Mental Illness (NAMI) Rhode Island**, 154 Waterman Street, Suite 5B, Providence, RI 02906, educates the public about mental illness, and offers resources to provide support to all whose lives are touched by mental illness.  
331-3060.....1-800-749-3197  
www.namirhodeisland.org

The **Mental Health Association of Rhode Island**, 185 Dexter Street, Pawtucket, RI 02860, provides information and referral for mental health services and support groups.  
726-2285.....www.mhari.org

## MENTAL/BEHAVIORAL HEALTH PROGRAMS

### The **National Suicide Prevention Lifeline**

1-800-273-TALK (8255).....www.suicidepreventionlifeline.org

### The **National Suicide Prevention Lifeline** (Specifically for U.S. Veterans)

800-273-TALK (8255), X 1.....www.suicidepreventionlifeline.org

### The **Samaritans of Rhode Island** help people who are at risk of suicide.

272-4044.....1-800-365-4044.....www.samaritansri.org

These hospitals have geriatric psychiatric units and mental health services, specifically for seniors:

The **Butler Hospital Senior Treatment Unit**: 345 Blackstone Boulevard, Providence, RI 02906

455-6356.....www.butler.org

**Our Lady of Fatima Hospital Geriatric Psychiatric Unit**: 200 High Service Avenue, North Providence, RI 02904.

456-3060.....www.fatimahospital.com

### **Roger Williams Medical Center Geriatric**

**Psychiatric Unit**: 825 Chalkstone Avenue, Providence, RI 02908

456-2363.....www.rwmc.org

The **Rhode Island Council of Community Mental Health Organizations**, 40 Sharpe Drive, Unit 3, Cranston, RI 02920, assists individuals seeking information and referral about treatment. Member organizations offer a wide variety of mental health and substance abuse treatments, including emergency services.

228-7990.....www.riccmho.org

## MENTAL/BEHAVIORAL HEALTH PROGRAMS

The **Rhode Island Department of Behavioral Healthcare, Developmental Disabilities and Hospitals** is committed to ensuring access to quality services and supports for Rhode Islanders with developmental disabilities, mental health and substance abuse issues, and chronic long- term medical and psychiatric conditions; and to erase the stigma attached to these disabilities.

Developmental Disabilities.....462-3234  
Mental Health.....462-3291  
Substance Abuse.....462-4680

### *Eleanor Slater Hospital*

111 Howard Avenue, Cranston, RI 02920  
462-3085

### *Zambarano Hospital*

2090 Wallum Lake, Burrillville, RI 02859  
567-5400  
[www.bhddh.ri.gov](http://www.bhddh.ri.gov)

The **Rhode Island Office of the Mental Health Advocate**, 57 Howard Avenue, Cranston, RI 02920, is an independent state agency that provides free legal, investigative, and advocacy services to individuals to prevent inappropriate admissions to psychiatric facilities, and to protect the rights of persons in mental health and inpatient substance abuse treatment.

462-2003.....1-800-346-2282.....462-6018 (TTY)  
[www.bdddh.ri.gov](http://www.bdddh.ri.gov)

## **PENSION ASSISTANCE PROGRAMS**

For many seniors, pensions are a significant part of their retirement income. Pensions, Social Security benefits, savings, and investments all contribute to financial security in the post-employment world. With the shifting of pensions from defined benefits to 401 (k), 403 (b), and other plans, company mergers, business bankruptcies, and the introduction of hybrid pension plans, it can be difficult to determine if you are entitled to a benefit, what that benefit actually is, and how to apply for benefits. The **New England Pension Assistance Project (NEPAP)**, affiliated with the Gerontology Institute at the University of Massachusetts in Boston, offers free pension counseling services to Rhode Islanders to help them find lost pensions, correct pension errors, and answer questions about pension laws. The service can include tracing pension benefits from companies that have been merged or have gone bankrupt, researching and filing for spousal or survival benefits, and answering pension eligibility questions. 1-888-425-6067.....[www.pensionhelp.org](http://www.pensionhelp.org)

## **PHYSICIAN REFERRAL**

The **Rhode Island Medical Society**, 235 Promenade Street, Suite 500, Providence, RI 02908, provides information to persons looking for a physician.

331-3207.....[www.rimed.org](http://www.rimed.org)

The **Rhode Island Family Health Care Guide** provides information on healthcare issues, such as child immunizations, nutrition and wellness, health insurance, women's health, and also information on the state's network of hospitals.

[www.rifamilyguide.com](http://www.rifamilyguide.com)

Several of the state's hospitals also have physician referral services. Contact the hospital of your choice to inquire about these services.

## **PUBLIC INFORMATION**

The **Rhode Island Division of Elderly Affairs** sponsors these public information and awareness programs and publications:

The **Rhode Island Guide to Medicare Supplement and Medicare Advantage Plans** provides an overall view of health insurance options that help pay for expenses that Medicare does not cover.

The **Medicaid and Nursing Home Care** guide is a summary of the state program that helps to pay for expenses in a long-term-care facility.

**Rhode Island Senior Beat** is a weekly newspaper column that focuses on topics and issues of interest to seniors and adults with disabilities, families, and caregivers.

The **Taking Charge** column, published Mondays in the *Thrive* section of the *Providence Journal*, answers questions from readers about senior issues.

The **Senior Journal**, produced by volunteers and sponsored by the Division of Elderly Affairs, is a cable television program that explores the issues of growing older and the challenges faced by adults with disabilities. The **Senior Journal** is aired on Sundays at 5:00 p.m., Mondays at 7:00 p.m., and Tuesdays at 11:30 a.m. over statewide interconnect cable channel 13 and Verizon channel 32.

For additional information about DEA public information programs, call 462-0509, or go to [www.dea.ri.gov](http://www.dea.ri.gov)

## RESPITE CARE PROGRAMS

**Respite** is planned or emergency care that provides temporary relief to family caregivers of person 60 or older. The **CareBreaks Program** assists caregivers taking care of family members age 60 and older. Some volunteers may be available. If needed, **CareBreaks** may also help to pay part of the cost for **respite** provided by approved agencies. For information, contact the Diocese of Providence, One Cathedral Square, Providence, RI 02903.

421-7833.....www.dioceseofprovidence.org

The **Rhode Island TimeBank Initiative** works with partners across the state to build support networks of individuals, children, youth, families, and communities across the state. For every hour that a person assists an individual or group, he/she earns a Time Dollar. They can then use that Time Dollar to receive an hour of a neighbor's time or engage in a group activity offered by a neighbor. For more information, contact:

The **Rhode Island Parent Support Network**, 1395 Atwood Avenue, Suite114, Johnston, RI 02919

467-6855.....www.psnri.org

## SENIOR CENTERS

**Senior centers** offer volunteer opportunities, recreation, group activities, counseling, information and referral, continuing education, and other support services for seniors. Most provide hot lunches, outreach, transportation, and health services.

<b>Barrington Senior Center</b> 281 County Road 02806.....	247-1926
<b>Bristol: Benjamin Church Center</b> 1020 Hope Street 02809.....	253-8458
<b>Charlestown Senior Center</b> 100 Park Lane 02813.....	364-9955
<b>Coventry Senior Center</b> 50 Wood Street 02816.....	822-9175
<b>Cranston Senior Center</b> 1070 Cranston Street 02920.....	780-6000
<b>Cumberland Senior Center</b> 1464 Diamond Hill Road 02864.....	334-2555
<b>East Greenwich Senior Services</b> 121 Pierce Street 02818.....	886-8669
<b>East Providence Senior Center</b> 610 Waterman Avenue 02914.....	435-7800
<b>Foster Senior Services</b> 181 Howard Hill Road 02825.....	392-9200
<b>Glocester Senior Center</b> 1210 Putnam Pike 02814.....	567-4557
<b>Hopkinton Senior Center</b> Main Street, Crandall House Ashaway 02804.....	377-7795
<b>Jamestown Senior Center</b> 6 West Street 02835.....	423-2658
<b>Johnston Senior Center</b> 1291 Hartford Avenue 02919.....	944-3343
<b>Lincoln Senior Center</b> 150 Jenckes Hill Road 02865.....	753-7000



# SENIOR CENTERS

## **Middletown Senior Center**

650 Green End Avenue 02842.....849-8823

## **Narragansett Senior Center**

53 Mumford Road 02882.....782-0675

## **Newport:**

### **Edward King House**

35 King Street 02840.....846-7426

### **Park Holm Senior Center**

One Eisenhower Road 02840.....846-3887

### **Martin Luther King Center**

20 Dr. Marcus Wheatland  
Boulevard 02840.....846-4828

## **North Kingstown Senior Center**

44 Beach Street 02852.....268-1590

## **North Providence:**

### **Salvatore Mancini Center**

2 Atlantic Boulevard 02911.....231-0742

## **Pawtucket:**

### **Leon Mathieu Senior Center**

420 Main Street 02860.....728-7582

## **Portsmouth Senior Center**

110 Bristol Ferry Road 02871.....683-4106

## **Providence:**

### **Capital City Senior Programs:**

#### **Lillian Feinstein Center**

1085 Chalkstone Ave 02908.....455-3888

#### **DaVinci Center for Community Progress**

470 Charles Street 02904.....272-7474

#### **Federal Hill Community Center**

9 Courtland Street 02909.....421-4722

#### **Fox Point Senior Center**

90 Ives Street 02906.....751-2217

#### **Hamilton House**

276 Angell Street 02906.....831-1800

## SENIOR CENTERS

### Providence:

#### **Hartford Park Senior Center**

355 Hartford Avenue 02909.....521-1180

#### **Jewish Community Center**

401 Elmgrove Avenue 02906.....861-8800

#### **Nickerson House Senior Center**

133 Delaine Street 02909.....351-2241

#### **Silver Lake Center**

529 Plainfield Street 02909.....944-8300 (V/TTY)

**Note:** Deaf/hearing-impaired seniors meet Tuesdays

from 9:00 a.m. to 3:00 p.m.

#### **St. Martin dePorres Center**

160 Cranston Street 02907.....274-6783

#### **Washington Park Center**

42 Jillson Street 02905.....461-6650

#### **West End Community Center**

109 Bucklin Street 02907.....781-4242

### **Richmond Adult Center**

1168 Main Street 02898.....539-6144

### **Scituate Senior Center**

1315 Chopmist Hill Road 02857.....647-2662

### **Smithfield Senior Center**

One William J. Hawkins Trail 02828.....949-4590

### **South Kingstown:**

#### **The Center**

25 St. Dominic Road 02879.....789-0268

### **Tiverton Senior Center**

207 Canonicus Road 02878.....625-6790

### **Warren Senior Center**

20 Libby Lane 02885.....247-1930

# SENIOR CENTERS

## Warwick:

### **JONAH Community Center**

830 Oakland

Beach Avenue 02889.....739-1305

### **Pilgrim Senior Center**

27 Pilgrim Parkway 02888.....468-4090

## **West Warwick Senior Center**

145 Washington Street 02893.....822-4450

## **Westerly Senior Center**

39 State Street 02891.....596-2404

## **Woonsocket Senior Center**

84 Social Street 02895.....766-3734

**Senior Center Month** is observed each year in September. The celebration recognizes these community centers for their vital role in assisting and supporting seniors, adults with disabilities, families, and caregivers, by helping them access programs and services that preserve their independence and maintain their dignity. Call your local senior center to find out about **Senior Center Month** events.

## SENIOR COMPANION PROGRAM

The **Senior Companion Program (SCP)** trains volunteers to serve isolated older adults in their own homes, adult day centers, and other community sites. Volunteers must be 55 or older and must meet specified income limits. Volunteers receive a tax-free stipend and other benefits while serving clients an average of 20 hours weekly. **Senior Companions** visit with almost 500 elders weekly. Over the course of more than 30 years of service to Rhode Island's elders, volunteers have dedicated more than one million hours of friendship, compassion, and one-to-one human contact to those in need of a helping hand, socialization, and companionship.

462-0569.....462-0740(TTY).....[www.dea.ri.gov](http://www.dea.ri.gov)

## SENIOR/DISABILITY EMPLOYMENT PROGRAMS

**A New Leaf Florist Shop**, 135 Gano Street, Providence, RI 02906, is a nonprofit agency providing employment and job training to people with psychiatric disabilities.

351-4330.....[www.anewleafflorist.org](http://www.anewleafflorist.org)

**Goodwill Industries of Rhode Island**, 100 Houghton Street, Providence, RI 02904, is a comprehensive education and employment center serving the needs of persons with disabilities and other barriers to employment. Services include vocational evaluations, computer training, job development and placement, and job coaching services.

861-2080.....331-2830 (TTY).....[www.goodwillri.org](http://www.goodwillri.org)

The **Office of Rehabilitation Services-Vocational Rehabilitation**, 40 Fountain Street, Providence, RI 02903, helps individuals with disabilities to choose, prepare for, obtain, and maintain employment.

421-7016.....[www.ors.ri.gov](http://www.ors.ri.gov)

**Rhodes to Independence**, 14 Harrington Road, Building #52, Cranston, RI 02920, supports and assists persons with disabilities to secure and maintain employment.

462-6163.....[www.rhodestoIndependence.org](http://www.rhodestoIndependence.org)

**Service, Employment and Redevelopment (SER)**, 100 East Avenue, Pawtucket, RI 02860, focuses on the training and employment needs of the mature worker. **SER** is funded by the U.S. Department of Labor to operate the Senior Community Service Employment Program (SCSEP) in Rhode Island. SCSEP participants come from all walks of life, have diverse work experiences, and possess various levels of education. **SER** partners with local host agencies to provide participants with training opportunities to update their skills. **SER** works to place program participants into permanent, unsubsidized, and productive employment.

724-1820.....[www.ser-national.org](http://www.ser-national.org)

## SENIOR HEALTH INSURANCE PROGRAM (SHIP)

The **Rhode Island Senior Health Insurance Program (SHIP)** is part of a national partnership to help consumers make informed health care choices. **SHIP** volunteers provide one-to-one, unbiased counseling to seniors, adults with disabilities, families, and caregivers. The program is designed to help seniors and adults with disabilities understand health care cost and coverage. **SHIP** counselors can discuss Medicare, Medicare Part D, supplemental insurance, Medicare Advantage plans, and other health insurance options. **SHIP** counselors assist beneficiaries in making the most appropriate choice for their health care needs.

For a complete listing of SHIP agencies, please refer to **POINT Network** section in this guide.

462-0510.....462-0740 (TTY).....[www.dea.ri.gov](http://www.dea.ri.gov)

## **SENIOR MEDICARE PATROL PROGRAM (SMP)**

The **Rhode Island Senior Medicare Patrol (SMP)** program helps beneficiaries recognize and report Medicare and Medicaid fraud, waste, and abuse. Medicare and Medicaid fraud, waste, and abuse consists of such actions as incorrectly reporting a diagnosis, procedure, treatment, or medication to get a higher payment, billing for individual mental health services when group counseling was provided, billing for brand name prescriptions when generic medications were dispensed, using another person's Medicare or Medicaid card to get services, or double-billing Medicare, Medicaid, and a private insurance carrier for the same service. For a complete listing of SMP agencies, please refer to POINT Network section in this guide.

462-0931.....462-0740 (TTY).....[www.dea.ri.gov](http://www.dea.ri.gov)

## SOCIAL SECURITY

The **Social Security Administration** is the primary source of information for Social Security, Supplemental Security Income (SSI), and Medicare enrollment. The offices accept walk-ins for applying for **Social Security**, Supplemental Security Income (SSI), and provides Medicare information, and Medicare enrollment services. You can call ahead for an appointment, which will reduce your wait time in the office. Many **Social Security** services can now be accessed online at [www.ssa.gov](http://www.ssa.gov) by creating a personalized **My Social Security** account. With the **My Social Security** account, you can enroll in **Social Security** and Medicare, apply for Supplemental Security Income (SSI), Social Security Disability (SSDI) benefits, check your application status, apply for the Low-Income Subsidy (LIS-Extra Help) benefit for your Medicare Prescription Drug (Medicare Part D) plan, review your **Social Security** earnings record, estimate your benefit, or appeal a decision. **Social Security** benefits are paid by electronic transfer. You can designate a bank or credit union for direct deposit, or you can switch to a **Social Security**-designated pre-paid debit card.

1-800-772-1213.....1-800-325-0778 (TTY).....[www.ssa.gov](http://www.ssa.gov)

You can also contact these local Social Security offices:

**Newport:** 130 Bellevue Avenue, Newport, RI 02840  
1-866-253-5607

**Pawtucket:** 4 Pleasant Street, Pawtucket, RI 02860  
1-866-931-7079

**Providence:** 380 Westminster Street, Providence, RI 02903  
1-877-402-0808

**Warwick:** 30 Quaker Lane, Warwick, RI 02886  
1-866-964-2038

**Woonsocket:** 2168 Diamond Hill Road, Woonsocket, RI 02895  
1-877-229-3542



# SOCIAL SECURITY

Applications for **Social Security Disability Income (SSDI)** are taken at the Rhode Island Office of Rehabilitation Services, 40 Fountain Street, Providence, RI 02903. The agency administers the Disability Determination Services program for the Social Security Administration, and determines medical eligibility of individuals with disabilities applying for cash benefits.

421-7105.....421-7106 (TTY).....www.ors.ri.gov

**Supplemental Security Income (SSI)** provides cash payments to qualified persons 65 and older, blind, or adults with disabilities. **SSI** recipients are eligible for medical assistance, homemaker, and other services, such as hearing aids, discounts on telephone and electric bills, and the assistance of a social worker. Apply for **SSI** at your local **Social Security** office, as listed in this guide.

Current **SSI** income and resource limits:

*In own household:*

\$721/month (S).....\$1,082/month (M)

*In another person's household:*

\$481/month (S).....\$721/month (M)

*Assisted Living:*.....\$1,053/month

*Resources:*

\$2,000 (S).....\$3,000 (Couple)

*Face value/Life insurance:*

\$1,500/person

1-800-772-1313.....1-800-325-0778 (TTY).....www.ssa.gov

## TAX ASSISTANCE

Many Rhode Island cities and towns may offer property tax abatements to residents who meet certain requirements. Call your city or town hall.

For information regarding federal taxes, contact the **Internal Revenue Service**, 380 Westminster Street, Providence, RI 02903.

1-800-829-1040 (Voice/TTY).

Forms: 1-800-829-3676.....[www.irs.gov](http://www.irs.gov)

The **Rhode Island Property Tax Relief Program (Form RI1040H)** must be filed with the Division of Taxation between January 1 and April 15. State resident homeowners and renters, who live in a dwelling that is subject to property tax, may qualify for a rebate of up to \$300 if their annual household income does not exceed \$30,000.

For information regarding state taxes, contact the **Rhode Island Division of Taxation**, One Capitol Hill, Providence, RI 02908.

574-8829

Forms: 574-8970.....[www.tax.state.ri.us](http://www.tax.state.ri.us)

## TRANSPORTATION PROGRAMS

The **Rhode Island Public Transportation Authority (RIPTA)**, 265 Melrose Street, Providence, RI 02907, offers low-income persons with a disability, or age 65 and older, the opportunity to ride free of charge on a RIPTA bus with a RIPTA No Fare Bus Pass. All other persons age 65 and older, or persons with a disability, pay full fare from 7:00 to 9:00 a.m. and from 3:00 to 6:00 p.m. on weekdays, and pay half-price at all other times, with the presentation of a RIPTA Senior/Disabled Pass, or a Medicare ID card.

784-9500, X 604.....[www.ripta.com](http://www.ripta.com)

Under the Americans with Disabilities Act, Rhode Islanders of any age who have a disability may be eligible for the **Americans with Disabilities Act (ADA) Paratransit Services**. The program provides transportation service if disability(s) prevents the individual from using regular Rhode Island Public Transit Authority (RIPTA) bus service. Service is provided along existing RIPTA routes at a fare of \$4 per each one-way trip.

461-9670.....711 (Relay RI).....[www.ripta.com](http://www.ripta.com)

**Friends in Service to Humanity (FISH)** is a local organization that provides rides for dental, medical, and social service appointments for residents of Exeter and North Kingstown.

295-1121.....[www.northkingstown.org](http://www.northkingstown.org)

**Southern Rhode Island Volunteers**, 25 St. Dominic Road, Wakefield, RI 02879, provides transportation for medical, dental, and therapy appointments, among other services.

789-2362.....[www.southernrivol.org](http://www.southernrivol.org)

## TRANSPORTATION PROGRAMS

**LogistiCare** coordinates specialized transportation services for Rhode Islanders age 60 and older and adults with disabilities. Transportation is available for general medical appointments, special medical appointments (kidney dialysis, cancer treatment, wound care), adult day services, the senior Café meals program, and for INSIGHT clients and programs. There is a \$2 fee per ride. Medicaid recipients pay the \$2 fee per ride only for transportation to the Café programs. Transportation to the Cafés is provided between hours of 10:00 a.m. to 2:00 p.m. Reservations are required 48 hours in advance by calling **LogistiCare**, Monday through Friday, from 9:00 a.m. to 5:00 p.m.

1-855-330-9131.....1-866-288-3133 (TTY)

**LogistiCare** also coordinates non-emergency transportation for Medicaid recipients who have no other means of medical transportation, or who have no other resource such as family, friends, bus passes, etc., and transportation by any other means would endanger the individual's health and/or safety. Non-emergency transportation is covered when an individual has Medicaid and is receiving a Medicaid-covered service from an authorized provider. Reservations are required at least two (2) days in advance of the appointment.

1-855-330-9131.....1-866-288-3133 (TTY)

**NOTE:** Some cities and towns offer senior transportation for non-medical destinations, such as the grocery store, or other locations. Call your local senior center, or city or town hall.

## **TRI-CARE HEALTH INSURANCE**

**TRICARE** is the health care program for active, National Guard and reserve service men and women, and their families. **TRICARE** is a major part of the Military Health System that combines the resources of military hospitals and clinics with civilian health care networks, provides access to high-quality health care, and supports military operations. **TRICARE for Life** offers secondary coverage to Medicare for all **TRICARE** beneficiaries who have both Medicare Parts A and B. **TRICARE** offers several plan options and special programs for our service members and their families. **TRICARE** is managed by the Defense Health Agency (DHA) under leadership of the Assistant Secretary of Defense (Health Affairs).

health

### **TRICARE NORTH REGION BENEFICIARY SERVICES:**

Health Net Federal Services, Inc.

Monday to Friday from 8:00 a.m. to 7:00 p.m.

1-877-TRICARE.....(1-877-874-2273)

# VETERANS PROGRAMS

The **Rhode Island Division of Veterans Affairs**, 480 Metacom Avenue, Bristol, RI 02809, provides many services for Rhode Island veterans and their families. These services include:

- Benefits counseling.
- Referral to community support services.
- Services for homeless veterans.
- Burial services at the Rhode Island Veterans Cemetery in Exeter.

254-8494.....[www.dhs.ri.gov](http://www.dhs.ri.gov)

The **Middletown Community Based Outpatient Clinic**, One Corporate Place, Middletown, RI 02842, provides comprehensive primary healthcare to veterans residing in Newport, Bristol, and Washington counties.

847-6239.....[www.providence.va.gov](http://www.providence.va.gov)

**Operation Stand Down Rhode Island**, 1010 Hartford Avenue, Johnston, RI 02919, serves homeless and disabled veterans. Assistance includes social services, counseling, and emergency and permanent housing.

1-861-VETS (8387).....[www.osdri.com](http://www.osdri.com)

**Order of the Purple Heart Service Officer**, 380 Westminster Street, VARO-Room 205, Providence, RI 02903.

223-3731

The **Providence Regional Office of the Veterans Benefits Administration**, 380 Westminster Street, Providence, RI 02903, is responsible for the management of most non-medical benefits provided by the Veterans Benefits Administration, including compensation, pensions, vocational rehabilitation, and counseling. The office coordinates the local benefit activities associated with education, home loan guarantees, and veterans' life insurance.

1-800-827-1000.....[www2.va.gov](http://www2.va.gov)

## VETERANS PROGRAMS

The **Providence Veterans Administration Medical Center**, 830 Chalkstone Avenue, Providence, RI 02908, is dedicated to providing comprehensive outpatient and inpatient healthcare to veterans residing in Rhode Island and southeastern Massachusetts.

273-7100.....1-866-363-4486.....[www.providence.va.gov](http://www.providence.va.gov)

The **Rhode Island Veterans Home**, 480 Metacom Avenue, Bristol, RI 02809, provides quality nursing and residential care to Rhode Island war veterans in need. Social, medical, nursing, and rehabilitative services are also provided to veterans, their survivors, and/or dependents.

253-8000.....245-8495.....[www.dhs.ri.gov](http://www.dhs.ri.gov)

The local office of the **U.S. Department of Veterans Affairs**, 2038 Post Road, Warwick, RI 02889, offers information on wellness programs, health care services, hospitalization, substance abuse and addiction treatment, and other support programs. The Center also provides readjustment counseling and outreach services to all veterans who served in a combat zone. Bereavement counseling and counseling for harassment is available. Family members and/or significant others are eligible for support regarding military-related issues. There is no cost to the veteran or family for these services. The office also hosts the Center for Women Veterans, the Homeless Assistance Program, and other initiatives, to improve the quality of life for those who have served in the armed forces.

739-0167.....[www.va.gov](http://www.va.gov)

The **Veterans Resource and Recovery Center**, 830 Chalkstone Avenue, Providence, RI 02908, provides vocational and supportive services for veterans with barriers to employment and/or with a disability.

273-7100, X 3413.....[www.providence.va.gov](http://www.providence.va.gov)

# VOLUNTEER PROGRAMS

**Foster Grandparent Program of Rhode Island** volunteers serve special needs children statewide in residential and community settings, such as schools, day care centers, and hospitals.

**East Bay Foster Grandparent Program**, 610 Waterman Avenue,  
East Providence, RI 02915.  
435-7876.....[www.eastbayrsvp.org](http://www.eastbayrsvp.org)

**Foster Grandparent Program of Rhode Island**, 145 Washington Street,  
West Warwick, RI 02893.  
822-4450.....[www.westwarwickseniorcenter.org](http://www.westwarwickseniorcenter.org)

**Providence Foster Grandparent Program**, 9 Courtland Street,  
Providence, RI 02909.  
421-1095.....[www.federalhillhouse.org](http://www.federalhillhouse.org)

The **Neighborhood Friendly Visitor Program**, One Cathedral Square,  
Providence, RI 02903, provides companionship and friendly support to  
homebound elderly persons across the state. Volunteers visit to read,  
write letters, and to chat with people who are homebound and are in  
need of social contact. The program welcomes seniors who wish to  
volunteer their time for a few hours each week. Homebound seniors  
may also call to find out about connecting with a visitor.  
421-7833.....[www.dioceseofprovidence.org](http://www.dioceseofprovidence.org)

The **Retired Senior Volunteer Program (RSVP)** provides opportunities for  
persons 55 years and older to utilize their enthusiasm, skills, and  
experience in a volunteer capacity. For information, call these agencies:

**Blackstone Valley RSVP**: 32 Goff Avenue, Pawtucket, RI 02860  
723-4520, X 275.....[www.bvcap.org](http://www.bvcap.org)

**Capitol Region RSVP**: 9 Courtland Street, Providence, RI 02909  
421-1095.....[www.capitolregionrsvp.org](http://www.capitolregionrsvp.org)



# VOLUNTEER PROGRAMS

## Retired Senior Volunteer Program (RSVP) Programs:

**Cranston RSVP:** 1070 Cranston Street,  
Cranston, RI 02920  
780-6180.....[www.cranstonri.com](http://www.cranstonri.com)

**East Bay RSVP:** 610 Waterman Avenue, East Providence, RI 02915  
435-7876.....[www.eastbayrsvp.org](http://www.eastbayrsvp.org)

**Westbay RSVP:** 224 Buttonwoods Avenue, Warwick, RI 02886  
732-4660, X 1.....[www.westbaycap.org](http://www.westbaycap.org)

**RSVP of Northern Rhode Island:** 300 Cumberland Street, Suite 300,  
Woonsocket, RI 02895  
766-2300.....[www.rsvp-rsva.org](http://www.rsvp-rsva.org)

**SCORE Counselors to America's Small Businesses** 380 Westminster  
Street, Providence, RI 02903, is a non-profit organization of active and  
retired business executives that offers free, confidential advice for persons  
who are starting or operating a small business.  
528-4561.....[www.score.org](http://www.score.org)

**Serve Rhode Island**, 655 Broad Street, Providence, RI 02907, encourages  
volunteerism as a vital role in the citizenship and service that enhances the quality of  
life for individuals who need support to maintain their independence.  
331-2298.....[www.serverhodeisland.org](http://www.serverhodeisland.org)

The **Southern Rhode Island Volunteers**, 25 St. Dominic Road, Wakefield,  
RI 02879, provides transportation and other services to seniors who need  
community support.  
789-2362.....[www.southernrivol.org](http://www.southernrivol.org)

## **WEB SITES-QUICK REFERENCE**

**Medicare:** [www.medicare.gov](http://www.medicare.gov)

**RI Department of Behavioral Healthcare Developmental Disabilities and Hospitals**

[www.bhddh.ri.gov](http://www.bhddh.ri.gov)

**RI Department of Human Services:** [www.dhs.ri.gov](http://www.dhs.ri.gov)

**RI Division of Elderly Affairs:** [www.dea.ri.gov](http://www.dea.ri.gov)

**RI Department of Health:** [www.health.ri.gov](http://www.health.ri.gov)

**Rhode Island Housing:** [www.rhodeislandhousing.org](http://www.rhodeislandhousing.org)

**RI Public Transit Authority (RIPTA):** [www.ripta.com](http://www.ripta.com)

**Social Security:** [www.ssa.gov](http://www.ssa.gov)

**United Way/2-1-1 of Rhode Island:** [www.uwri.org](http://www.uwri.org)

**Veterans Administration:** [www.va.gov](http://www.va.gov)

**PROGRAM ASSISTANCE CHART**  
**2014 PROGRAM ASSISTANCE SUMMARY CHART**      **Single (S)**    **Married (M)**

<b>PROGRAM</b>	<b>BENEFIT</b>	<b>ELIGIBILITY</b>	<b>INCOME</b>	<b>RESOURCES</b>
Medical Assistance (Medicaid ) Waiver	Services in lieu of nursing home placement	Enrolled in Medicaid	\$2,163, or spend-down to Medicaid	\$2,000 (S) \$4,000 (M)
Heating Assistance	Helps to pay heating costs	Any age	\$27,392 (S) \$35,820 (M) Higher income limits for households with more than 2 persons	N/A
Home Equity Conversion Mortgage (Reverse Mortgage)	Tax-free income using home equity	62 or older, must own home	Income, interest, and loan limits may vary at each financial institution	N/A
Home & Community Care: Medicaid Waiver  Home & Community Care (Co-Pay)	In-home and/or adult day services. No fee for Medicaid enrollees. Co-Pay for persons not enrolled in Medicaid.	65 or older, must be homebound	Waiver: \$978/month (S) \$1,226/month (M) Co-Pay : Level 1: Level 2 \$14,588 (S) \$19,966 (S) \$23,340 (M) \$31,460 (M)	Waiver: \$2,000 (S) \$4,000 (M)  N/A for Co-Pay program
Medicaid: Medically Needy Categorically Needy	Helps pay hospital and medical costs, help with prescription drug payments	65 or older, or adult with a disability	Medically Needy: \$858/month Categorically Needy: \$973/month	\$4,000 (S) \$6,000 (M) for both programs
Medicare Premium Payment Programs	Helps to pay Medicare premiums, deductibles, and co-payments	Enrolled in Medicare for all programs	QMB: \$973/month (S) \$1,311/month (M) SLMB: \$1,167/month (S) \$1,573/month (M) QI-1: \$1313/month (S) \$1,770/month (M)	\$7,160 (S) \$10,750 (M) for all programs
RIPAE	Helps pay Part D deductible, or possible reimbursement in donut hole of Part D plans	65 or older, or adult age 55 to 64, receiving Social Security Disability Income (SSDI)	Subsidies and reimbursement based on income. See page 80.	N/A
RI Property Tax Relief Claim	Rebate of up to \$300 per year	Rhode Island state homeowners and renters	\$30,000 per household	N/A
Respite Care	Relief for caregivers	Caring for person 60 or older/ dementia client at any age	Cost sharing	N/A
SNAP (Food Stamps)	EBT card to buy food	60 or older, or an adult with a disability	\$1,772 (1 person) \$2,392 ( 2 persons)	\$3,250
Subsidized Housing	Helps pay rent	62 or older, or an adult with a disability	30 to 60% of income, based on Housing/Urban Development limits	Some assets may be included to determine eligibility/rent
Supplemental Security Income (SSI)	Cash assistance	65 or older, or an adult with a disability	\$721/month (S)- In own household \$1,082/month (M)-In own household \$481/month (S)-Another person's household \$721/month (M)- Another person's household \$1,053/month (Assisted living)	\$2,000 (S) \$3,000 (M) for all programs

## ***2014 POCKET MANUAL: THE RHODE ISLAND GUIDE TO SERVICES FOR SENIORS AND ADULTS WITH DISABILITIES***

The ***2014 Pocket Manual-The Rhode Island Guide to Services for Seniors and Adults with Disabilities***, is published by the Rhode Island Department of Human Services, Division of Elderly Affairs (DEA), with funding in whole, or in part, from the Administration for Community Living, Administration on Aging. DEA is solely responsible for its content. The information published in this guide is accurate as of April 1, 2014. Verify income and resource limits, if applicable, with the appropriate agency.

Corrections can be made in writing to:

Larry Grimaldi, Chief Program Development  
RI Department of Human Services  
Division of Elderly Affairs  
74 West Road, Hazard Building-2nd Floor,  
Cranston, RI 02920

Corrections can also be submitted by FAX to 462-0545, or by e-mail to [larry.grimaldi@dea.ri.gov](mailto:larry.grimaldi@dea.ri.gov).

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