2012
POCKET MANUAL

The Rhode Island Guide to Services for Seniors and Adults with Disabilities

Rhode Island Department of Human Services
Division of Elderly Affairs
Hazard Building-2nd. Floor
74 West Road
Cranston, RI 02920

Lincoln D. Chafee, Governor
Catherine Terry Taylor, Director

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The **Rhode Island Department of Human Services, Division of Elderly Affairs (DEA)** is responsible for the development of community-based services and programs that encourage independence and preserve the dignity of seniors and adults with disabilities. DEA is also designated as the state's single planning and service area agency on aging under the provisions of the Older Americans Act.

Main Telephone Number:	462-3000
Hearing Impaired (TTY):	462-0740
Administration:	462-0501
Elder Protective Services:	462-0555
Health Insurance Counseling:	462-4444
Home & Community Care:	462-0570
Media & Communications:	462-0509
Pharmaceutical Assistance:	462-3000
Website:	www.dea.ri.gov

THE POINT:

Rhode Island's Aging & Disability Resource Center (ADRC):	462-4444
Hearing Impaired (TTY):	462-4445
Website:	www.ThePointRI.org

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AGING AND DISABILITY RESOURCE CENTER (ADRC)/THE POINT/ REGIONAL POINTS

THE POINT is Rhode Island's Aging and Disability Resource Center (ADRC). THE POINT is a one-stop center for "options counseling," and information and referral for programs and services that support seniors, adults with disabilities, families and caregivers. THE POINT staff has the ability to communicate with persons for whom English is not their primary language. Call 462-4444. The TTY number is 462-4445. The web site is www.ThePointRI.org. The Rhode Island Department of Human Services, Division of Elderly Affairs funds THE POINT and the regional POINTS through grants from the Centers for Medicare and Medicaid Services (CMS).

THE POINT at United Way/2-1-1
50 Valley Street, Providence, RI 02909
211 or 462-4444

Child and Family Services of Newport County
31 John Clarke Road, Middletown, RI 02842
845-2270

East Bay Community Action
100 Bullocks Point Avenue, East Providence, RI 02915
437-1000

Johnston Senior Center
1291 Hartford Avenue, Johnston, RI 02919
944-3343

Leon Mathieu Senior Center
420 Main Street, Pawtucket, RI 02860
728-7582

St. Martin dePorres Center
160 Cranston Street, Providence, RI 02907
274-6783

Senior Services, Inc.
84 Social Street, Woonsocket, RI 02895
766-3734

AGING AND DISABILITY RESOURCE CENTER (ADRC)/THE POINT/ REGIONAL POINTS

South County Community Action
1935 Kingstown Road, Wakefield, RI 02879
789-3016

West Warwick Senior Center
145 Washington Street, West Warwick, RI 02893
822-4450

Other sources for information and referral include:

The **Eldercare Locator** is a nationwide service to help families and friends find information about community services for older people anywhere in the United States and its territories. Information is available in 150 languages.
800-677-1116……www.eldercare.gov

Family to Family Resource Center of Rhode Island Parent Information Network (RIPIN) provides information, support, and training to empower parents, families, individuals, and family-serving professionals to become effective advocates for themselves and the people in their care.
175 Main Street, Pawtucket, RI 02860
727-4144……..www.ripin.org

AGING NETWORK AGENCIES/ INFORMATION & REFERRAL

Options for Working Families provides information and referral for eldercare and care for individuals with disabilities.
1441 Park Ave, Suite B, Cranston, RI 02920
946-2300……. www.optionsforfamilies.org

The **George Wiley Center** is a statewide group actively committed to local community organizing to create social and economic justice through changes in public policy. Specifically, they work on issues such as hunger, utility shut-offs, and jobs. They are concerned with issues related to children, families, seniors and adults with disabilities.
32 East Avenue, Pawtucket, RI 02860
728-5555…….www.georgewileycenter.org

AGING NETWORK AGENCIES/ INFORMATION & REFERRAL

Rhode Island Department of Human Services
Ask Rhody
www.askrhody.org

United Way/2-1-1
50 Valley Street, Providence, RI 02909
211 www.uwri.org

ADDICTION RESOURCES

Many persons who suffer from an addiction need help in order to enter and sustain recovery. These agencies offer support for persons who have a desire to deal with their addiction.

Alcoholics Anonymous
800-439-8860……...www.rhodeisland-aa.org

Gamblers Anonymous
213-386-8789…… www.gamblersanonymous.org

Narcotics Anonymous
818-773-9999…….www.na.org

Rhode Island Department of Behavioral Health Care, Developmental Disabilities and Hospitals (BHDDH)
14 Harrington Road, Cranston, RI 02920
462-4680……..www.dhddh.ri.gov

Rhode Island Problem Gambling Hotline
877-9-GAMBLE (877-942-6253)

Rhode Island Department of Health Smokers Quit Line
800-784-8669……...www.health.state.ri.us

ADULT DAY SERVICE CENTERS

Licensed adult day care centers provide frail and functionally challenged adults, including those with Alzheimer's disease and other dementia, with care and supervision in a safe environment. Services include therapeutic, recreation and health services, and respite for caregivers.

Bristol: **Cornerstone Adult Services**
172 Franklin Street, Bristol, RI 02809
254-9629……...www.cornerstone-ri.com

Coventry: **Cornerstone Adult Services**
60 Wood Street, Coventry, RI 02816
822-6212……...www.cornerstone-ri.com

Cranston: **Cranston Adult Day Services**
1070 Cranston Street, Cranston, RI 02920
780-6243……..www.cranstonri.com

Cranston: **Hope Alzheimer's Center**
25 Brayton Avenue, Cranston, RI 02920
946-9220……..www.hopealzheimerscenter.org

Cranston: **Victoria Court Adult Day Services**
55 Oaklawn Avenue, Cranston, RI 02920
946-5522…….www.eldercareri.com

Jamestown: **Alite Care**
49 North Main Road, Jamestown, RI 02835
423-1071…… www.alitecareri.com

Lincoln: **Generations Adult Day Health Center**
267 Jenckes Hill Road, Lincoln, RI 02917
725-6400…….www.eldercareri.com

Little Compton: **Nancy Brayton Osborne Adult Day Center**
115 East Main Road, Little Compton, RI 02837
635-2358…….www.vnasm.org

ADULT DAY SERVICE CENTERS

Middletown: **Forest Farm Adult Day Services**
193 Forest Avenue, Middletown, RI 02842
849-8326……..……www.forestfamrhealthcare.com

North Providence: **Fruit Hill Adult Day Care Center for the Elderly**
399 Fruit Hill Avenue, North Providence, RI 02911
353-5805……www.fmmusa.org

Pawtucket: **New Horizons Adult Day Health Center**
426 Main Street, Pawtucket, RI 02860
727-0950……www.blackstonehealth.org

Providence: **Elmwood Adult Day Care**
209 Elmwood Avenue, Providence, RI 02907
421-6300……www.eldercareri.com

Providence: **To Life Center Adult Day Services**
100 Niantic Avenue, Providence, RI 02907
351-2440……..www.jsari.org

Providence: **Program of All Inclusive Care for the Elderly (PACE)**
225 Chapman Street, Providence, RI 02905
490-6566 ……www.pace-ri.org

Smithfield: **Dora C. Howard Centre, Ltd.**
715 Putnam Pike, Smithfield, RI 02828
949-3890……..www.dorachoward.org

South Kingstown: **South Kingstown Adult Day Services**
283 Post Road, South Kingstown, RI 02879
783-8736……..www.southkingstownri.com

Warren: **The Willows Adult Day Care**
47 Barker Avenue, Warren, RI 02885
245-2323…… www.rhodeislandnursing.net

ADULT DAY SERVICE CENTERS

Warwick: **Celebrations Adult Day Services at Tamarisk**
3 Shalom Drive, Warwick, RI 02886
732-0037……www.tamariskri.org

Warwick: **Cornerstone Alzheimer's Care Center**
140 Warwick Neck Avenue,
Warwick, RI 02889
738-8295……...www.cornerstone-ri.com

Warwick: **Cornerstone Apponaug Center**
3270 Post Road, Warwick, RI 02886
739-2847……www.cornerstone-ri.com

Westerly: **Adult Day Center of Westerly**
65 Wells Street, Westerly, RI 02891
596-1336……www.adultdaycenterofwesterly.com

Woonsocket: **Alternative Adult Care**
84 Social Street, Woonsocket, RI 02895
766-0516……..www.senoirservicesri.org

Woonsocket: **The Homestead Group Adult Day Center**
80 Fabien Street, Woonsocket, RI 02895
765-3700……www.sevenhills.org

ADVOCACY

These advocacy organizations promote independence and dignity for seniors and adults with disabilities.

AARP-Rhode Island, 10 Orms Street, Providence, 02908 is a non-profit, non-partisan organization for those 50 and older. AARP lobbies the federal and state government for programs and services that enhance the quality of life for seniors.
248-2671 or 866-542-8170……www.aarp.org/ri

The **Rhode Island Governor's Advisory Commission on Aging** advises the Governor and the Director of the Division of Elderly Affairs regarding issues and problems confronting elders and adults with disabilities.
364-0690

The **Alliance for Better Long Term Care**, 422 Post Road, Warwick 02888 advocates, mediates, and helps to solve problems for residents of nursing homes, assisted living facilities and those receiving home care or hospice services. The state ombudsman is also responsible for investigating complaints of inadequate care and abuse suffered by elders who are using long-term care services. All reports of abuse and neglect are confidential.
785-3340……...www.alliancefbltc.com

The **George Wiley Center**, 32 East Avenue, Pawtucket 02860 is a statewide group actively committed to local community organizing to create social and economic justice through changes in public policy.
728-555……www.georgewileycenter.org

The **Gray Panthers** work for social and economic justice and peace for all people. The organization seeks to create a humane society that puts the needs of people over profits, responsibility over power, and democracy over institutions.
274-6900……www.graypanthersri@yahoo.com

PAL, 96 Rolfe Street, Cranston, RI 02910 is a statewide, not-for-profit organization that was built on the need to support and empower families and people with disabilities as they advocate for themselves.
785-2100, or 800-745-555 (TDD Relay RI)
www.pal-ri.org

Parents, Families and Friends of Lesbians and Gays is a support organization that helps parents of gays and lesbians to understand and accept their children.
219-0265……..www.Pflagscri.org

ADVOCACY

The **Rhode Island Forum on Aging** was developed to bring together a consortium of leaders of the senior, educational, and advocacy communities. **The Forum** establishes priorities for advocacy on the issues of aging.
www.rRiForumonAging.gmail.com.

The **Silver Haired Legislature** is a non-partisan, non-profit organization composed of seniors representing legislative districts in Rhode Island. Meetings are held to debate issues, develop resolutions, and recommend legislation to state and national officials.
351-5424…….www.shl.org

CASE MANAGEMENT AGENCIES

Case management programs assist older Rhode Islanders to remain at home for as long as possible. To qualify, Rhode Island residents must be 60 or older, homebound, frail, or disabled and unable to remain at home without supportive care. Case management agencies perform an assessment and develop a care plan which includes options for community- based services. Call these agencies:

Aquidneck Island/Newport County:
Child and Family Services
31 John Clarke Road, Middletown, RI 02842
848-4185

East Bay:
East Bay Community Action
100 Bullocks Point Avenue, East Providence, RI 02915
437-1000

Kent County:
Westbay Community Action
224 Buttonwoods Ave, Warwick, RI 02886
732-4660

Providence/North/Northwest:
Tri-Town Community Action, Inc.
1126 Hartford Avenue, Johnston, RI 02919
349-5760

South County:
Tri-Town Community Action, Inc.
1935 Kingstown Rd., Wakefield , RI 02879
789-3016

CHRONIC DISEASE MANAGEMENT

Chronic diseases such as diabetes, heart problems, respiratory illness, arthritis or long term emotional health issues have a negative impact on the quality of life for seniors and adults with disabilities. These organizations help persons affected by these conditions get the education and support they need to manage their disease and live a better life.

The **Alzheimer's Association, Rhode Island Chapter**, 245 Waterman Avenue, Providence, RI 02906, is a non-profit organization whose mission is to coordinate resources for caregivers, educate health professionals and the general public, and advocate for improved public policy.
421-0008…….www.alz-ri.org

The American Cancer Society, 931 Jefferson Blvd., Suite 3004, Warwick, RI 02886, is a nationwide, community-based voluntary health organization dedicated to eliminating cancer as a major health problem.
722-8480……..www.cancer.org

The American Diabetes Association, 222 Richmond, Street, Providence, RI 02903, seeks to prevent and cure diabetes and to improve the lives of all people affected by diabetes.
800-342-2383……..…www.diabetes.org

The **American Heart Association**, 222 Richmond Street, Suite 108, Providence, RI 02903, is a non-profit organization that concentrates its efforts on cardiac care in an effort to reduce disability and deaths caused by cardiovascular disease and stroke. For information, call
330-1700…….www.heart.org

The **Arthritis Foundation, Northern & Southern NE Chapter**, 2348 Post Road, Suite 104, Warwick, RI 02886, seeks to improve the lives of 66 million Americans through prevention, treatment, control and cure of arthritis and related diseases.
739-3773……. www.arthritis.org

The **Chronic Disease Self-Management Program-Living Well Rhode Island** teaches people how to manage their chronic disease conditions and live a better life. In Rhode Island, call the Department of Health Information Line at 222-5960, or go to www.health.state.ri.us

Down Syndrome Society of Rhode Island, 99 Bald Hill Road, Cranston, RI 02920, is dedicated to promoting the rights, dignity, and potential of all individuals with Down Syndrome through advocacy, education, public awareness. and
463-5751…….www.dssri.org

CHRONIC DISEASE MANAGEMENT

The **Mental Health Association of Rhode Island**, 500 Prospect Street, Pawtucket, RI 02860, provides information and referral for mental health services 726-2285

The **Muscular Dystrophy Association** 931 Jefferson Blvd., Suite 1005, Warwick, RI 02886, provides financial assistance for wheelchairs, leg braces, and communication devices. It also runs an equipment loan program and transportation to and from its clinic.
732-1910……..www.mda.org

National Organization for Rare Disorders, Inc. works toward the prevention, treatment, and cure of rare diseases. It provides links to resources, information, and programs, including medication assistance programs.
800-999-6673……...www.rarediseases.org

The **Rhode Island Chapter of the American Parkinson's Disease Association**, 455 Tollgate Road, Warwick, RI 02886, serves the patients and caregivers of Rhode Island and South Eastern Massachusetts through the Information and Referral Center at Kent Hospital, and a number of support groups across the state.
823-5700…….www.riapda.org

The **Rhode Island Chapter of the National Multiple Sclerosis Society,** 205 Hallene Road, Unit 209, Warwick, RI 02886 provides various programs and services, support groups and more for families affected by this debilitating disease.
738-8383……..www.nationalmesociety.org

The **Rhode Island Council of Community Mental Health Organizations**, 40 Sharpe Drive, Suite 3, Cranston, RI 02920, represents community mental health sites that assist individuals seeking information and referral about treatment.
228-7990…….. www.riccmho.org

The **Rhode Island Department of Behavioral Healthcare, Developmental Disabilities and Hospitals (BHDDH)** fights against the stigmatization of people with developmental disabilities, mental illness, and substance use disorders and addictions. For information on developmental disabilities, call 462-3234. For information on mental health services, call 462-3291. For information about substance abuse, call 462-4680, or log on to www.bhddh.ri.gov. There is also a 24-hour confidential drug and alcohol abuse help line.
866-252-3784

COMMUNITY ACTION PROGRAMS

Community Action Programs (CAPs) are social service agencies working to alleviate the problems of poverty through a positive approach. Programs include consumer education, counseling, health, weatherization, heating assistance and other services. Contact these agencies:

Aquidneck Island/Newport:
East Bay CAP
31 John Clarke Road, Middletown, RI 02842
847-7821

Blackstone Valley: **Blackstone Valley CAP**
32 Goff Avenue, Pawtucket, RI 02860
723-4520

Cranston: **Comprehensive CAP**
301 Doric Avenue, Cranston, RI 02910.
467-9610

East Bay: **East Bay CAP**
100 Bullocks Point Avenue, East Providence, RI 02915
437-1000

Greater Providence: **Providence Community Action**
518 Hartford Avenue, Providence, RI 02909
273-2000

Greater Woonsocket: **Woonsocket: Family Resources Community Action**
245 Main Street, Woonsocket 02895
766-0900

Kent County:
Westbay Community Action
224 Buttonwoods Avenue, Warwick, RI 02886
732-4660

COMMUNITY ACTION PROGRAMS

Northwest: **Tri-Town Community Action, Inc.**
1126 Hartford Avenue, Johnston, RI 02919
351-2750

South County: **South County Community Action, Inc.**
1935 Kingstown Road, Wakefield, RI 02879
789-3016

CONSUMER PROTECTION PROGRAMS

Scams, frauds, and schemes cost seniors, disabled consumers, and the federal government millions of dollars each year. These organization listed below can help consumers avoid being victimized, preserve valuable assets and resources, and provide ways to report scams and questionable business practices. If you feel that you have been victimized by a fraud, scam or scheme, contact your local police department in addition to the agency contacts listed in this section.

The **Better Business Bureau** tracks information on many businesses throughout the United States and Canada. **BBB** may also help resolve consumer complaints against businesses.
800-422-2881……...www.bbb.org

The **National Do Not Call Registry** allows individuals to limit the number of telemarketing calls they receive.
888-382-1222……www.donotcall.gov

The **Rhode Island Contractors' Registration Board**, 1 Capitol Hill, Providence, RI 02908, mediates disputes between homeowners and contractors.
222-1268…….www.crb.state.ri.us

The **Rhode Island Attorney General's Consumer Protection Unit**, 150 South Main Street, Providence, RI 02903, provides assistance to consumers with complaints against businesses.
274-4400……...www.riag.ri.gov

Rhode Island Senior Medicare Patrol (SMP) helps persons to recognize and report Medicare and Medicaid fraud, waste, and abuse, and also to get the most out of their health care.
462-0931……...www.dea.ri.gov

Rhode Island Housing, 44 Washington Street, Providence, RI 02903, works to ensure that all people who live and work in Rhode Island can afford a safe, healthy home. They provide low-interest loans, grants, education, advocacy and consumer counseling to help customers buy and retain their homes. They are also a resource for information on reverse mortgages. Call 457-1119 or 800-427-5560, or go to www.rihousing.org. **RIH** also works with seniors to prevent them from becoming victims of predatory loan practices.
800-436-3180……..wwwdontborrowtrouble.org

To report mail fraud, contact the **U.S. Postal Service**:
276-6930……www.ups.com/postalinspectors

DENTAL SERVICES

Bayside Family Healthcare, 308 Callahan Road, North Kingstown, RI 02852 offers dental services in their area…….....295-9706

Community College of Rhode Island Dental Hygiene Clinic, Flannigan Campus, Lincoln, RI offers dental cleanings from September through May of each school year. Nominal fees apply……333-7250

The **Donated Dental** program offers free or reduced-cost dental services to income-eligible seniors……..866-572-9390

Tri-Town Community Action, 1126 Hartford Avenue, Johnston, RI 02919, offers affordable dental services to residents of Johnston, North Providence, Smithfield and North Smithfield……351-2750

Wellcare Primary Medical and Dental Care of Pascoag 36 Bridge Way, Pascoag, RI 02859, provides general dentistry services to eligible residents in northwest Rhode Island……568-7661

The **Wilcox Family Health Center** in Warwick offers services on a sliding fee scale……732-9090

Wood River Health Services, 823 Main Street, Hope Valley, RI 02832 offers limited dental services……...…539-2461

Thundermist Health Centers have dental clinics at these locations:

Blackstone Valley:
Thundermist Health Center
450 Clinton Street, Woonsocket, RI 02895……767-4100

Kent County:
Thundermist Health Center
1219 Main Street, West Warwick, RI 02893……..615-2804

South County:
Thundermist Health Center
1 River Street, Wakefield, RI 02879……783-0523

DISABILITY RESOURCES

There are a number of organizations in Rhode Island that can help seniors and adults with disabilities enhance their quality of life.

The Rhode Island Adaptive Telephone Equipment Loan Program provides demonstrations, training, and long-term loan and device reutilization services of specialized telephone equipment to qualified individuals who are deaf, hard of hearing, have a speech impairment, or who suffer from neuromuscular damage, or disease that hinders them from using a standard telephone.
421-7005, ext. 357……...www.atel.ri.gov

The Assistive Technology Access Partnership (ATAP) is a group of agencies that work together to reduce or eliminate barriers to access and funding for assistive technology device and services for individuals with disabilities.
421-7005, ext. 421…….www.atap.ri.gov

Persons who have incurred a significant disability before age 22 should call the **Division of Developmental Disabilities** at the **Rhode Island Department of Behavioral Healthcare, Developmental Disabilities and Hospitals (BHDDH)** about options for various services.
462-3201…….....www.bhddh.gov

The **Rhode Island Commission on the Deaf and Hard of Hearing,** 1 Capitol Hill, Providence, RI 02908, administers sign language interpreter service and information and referral.
256-1204 (V/VP)…….www.cdhh.ri.gov

The **EyeCare America Seniors Program** serves persons who are 65 and older who do not have an ophthalmologist. They can receive no-cost medical eye care services.
800-222-3937……. www.eyecareamerica.org

The Governor's Commission on Disabilities ensures that people with disabilities are afforded opportunities to exercise all rights and responsibilities afforded to citizens of the state and that each person with a disability is able to reach his/her maximum degree of independence, development, productivity, and self-sufficiency.
462-0100……...www.disabilities.ri.gov

IN-SIGHT, 43 Jefferson Blvd., Warwick, RI 02888, helps blind and visually impaired persons develop skills in communication, mobility, orientation, self-care and homemaking. Call
941-3322…….www.in-sight-ri.org

DISABILITY RESOURCES

Living in Fulfilling Environments, Inc. provides a wide range of community-based experiences and supports to individuals with developmental disabilities. 254-2910…….www.lifeincri.org

Ocean State Center for Independent Living, 1944 Warwick Ave., Warwick, RI 02889, is a non-residential, consumer-driven, community-based, cross-disability, nonprofit organization providing a range of independent living services. These services include individual and community advocacy, information and referral, housing assistance, basic independent living skills training, peer support, community outreach, disability awareness, and assistance in the attainment of assistive devices and home modifications as related to goals for increased independence.
738-1013 or 866-857-1161…….. www.oscil.org

The **Office of Rehabilitative Services,** 40 Fountain St., Providence, RI 02903, administers the Disability Determination Services for the Social Security Administration to determine the medical eligibility of individuals with disabilities applying for cash benefits.
222-3182…….www.ors.ri.gov

Opportunities Unlimited For People With Differing Abilities, Inc. provides support services for adults with disabilities. Services include case management, assistance with personal care, money management, and day services.
942-9044……www.oui.org

People Actively Reaching Independence (PARI), 500 Prospect St., Pawtucket, RI 02860, can provide information about services, housing, ramps and other home modifications, or transportation for adults with disabilities. **PARI** also runs a Personal Care Assistant Program.
725-1966……..www.pari-ilc.org

Relay Rhode Island/711 can connect hearing-impaired Rhode Islanders with various government agencies and also assists them in completing the call.
800-745-5555 (English-TTY) or 866-355-9214 (Spanish-TTY).

The **Rhode Island Brain Injury Resource Center**, 935 Park Avenue, Cranston, RI 02910, improves access to educational materials and resources for survivors of brain injury, family members, and professionals in the field.
461-6599……...www.biaofri.org

DISABILITY RESOURCES

Saving Sight conducts glaucoma screening programs and public information campaigns to detect and fight causes of blindness.
738-1150……www.savingsightri.org

State Services for the Blind and Visually Impaired, 40 Fountain Street, Providence, RI 02908, provides vocational rehabilitation, counseling, medical evaluation, home teaching and other services. Call
421-7005 (Voice) or 421-7016 (TTY)……www.ors.state.ri.us

Talking Books Plus serves persons who have a visual impairment or physical disability that hinders them from using a traditional library. They can borrow books and magazines in large print, braille, or talking books on cassette or disc, free of charge. Machines and materials are shipped free through the U.S. mail.
574-9310……www.olis.ri.gov/tbp

These centers diagnose and treat hearing, speech, language, and swallowing problems:

Memorial Hospital of Pawtucket
111 Brewster Street, Pawtucket, RI 02860……..729-2022 or 723-2050 (TTY)

Rhode Island Hospital
593 Eddy Street, Providence, RI 02903……444-5485

University of Rhode Island Hearing and Speech Centers:

Kingston:
25 Independence Way, Kingston, RI 02881
874-5969 or 874-4292

Pawtucket:
500 Prospect Street, Pawtucket, RI 02860
721-0734

EDUCATIONAL OPPORTUNITIES

Rhode Island residents 60 and older may take courses at state colleges, on a space-available basis, without paying tuition. Students must have a household income less than three times the Federal Poverty Limit. Other fees and charges may apply. Contact your area college or university. Local private colleges and universities may have adult education programs. Contact the school's office of continuing education for more information. Some churches, libraries, and other organizations sponsor lifetime learning groups. Contact your local school department, civic organization or church for information.

The **Elderhostel /Road Scholar** program is the world's largest travel and education organization for persons 55 and older. The organization's focus is on educational and lifelong learning adventures. Financial assistance is available to eligible seniors.
877-426-8056…….www.roadscholar.org

The **Osher Lifelong Learning Institute** at the University of Rhode Island is a learning community for active adults, starting at age 50, who wish to explore a wide variety of subjects and programs without worry of exams, grades, or academic requirements.
874-4194 or 874-4197…….www.uri.edu/OLLI

ELDER RIGHTS/ELDER PROTECTIVE SERVICES

The **Rhode Island Department of Human Services, Division of Elderly Affairs (DEA) Protective Services Unit**, 74 West Road, Cranston, RI 02920, is responsible for investigating complaints of abuse of Rhode Islanders 60 and older by a family member, caregiver or person with duty of care. Abuse may be physical, emotional, sexual, financial exploitation, or abandonment.

Self-neglect occurs when a person is no longer able to care for himself/herself. Reports of self-neglect are also made to the **DEA Protective Services Unit**. The senior's needs are assessed and necessary services can be provided.

Rhode Island law requires any person who has reasonable cause to believe that a senior has been abused, or is neglecting his or her basic needs, to report it to **DEA**. Failure to report abuse of a person 60 or older can result in a fine of up to $1,000.

Abuse and self-neglect reports can be filed 24 hours a day, any day of the week and on nights, weekends and holidays, by calling 401-462-0555. Reports may be made anonymously.

DEA also sponsors the **After-Hours Emergency Response Program for Elders in Crisis**. This service is available from 4:00 p.m. to 8:30 a.m., Monday through Friday and on weekends and holidays. To report an elder who is in physical or emotional danger.
401-462-0555

The **Commission for the Safety and Care of the Elderly** works with fire and police advocates in each community to address domestic violence, safety and other issues.
462-0550……...www.dea.ri.gov

The **DEA Protective Services Unit** works with case management agencies to develop a care plan that prevents additional abuse and addresses the elder's needs.

Under Rhode Island law (R.I.G.L 42-66-10), **DEA** records pertaining to a person reported to be abused, neglected, exploited or abandoned are confidential and are not deemed public records.

ELDER RIGHTS/ELDER PROTECTIVE SERVICES

The **Rhode Island Department of the Attorney General/Elder Abuse Prosecution Unit**, 150 South Main Street, Providence, RI 02903, investigates and prosecutes crimes committed against persons age 60 and older.
401-274-4400, ext. 2383…….www.riag.state.ri.us

The **Rhode Island Coalition Against Domestic Violence**, 422 Post Road, Suite 102, Warwick, RI 02888 works to eliminate domestic violence in Rhode Island. 24-hour hotline: 800-494-8100……..www.ricadv.org

DEA sponsors the **Volunteer Guardianship Program.** Volunteers are trained to serve as guardians for eligible frail elders who have cognitive impairments.
739-2844

EMERGENCY PREPAREDNESS

One of the keys to surviving a disaster, either man-made or natural, is preparation. The **Rhode Island Emergency Management Agency**, 645 New London Avenue, Cranston, RI 02920, has information and resources to help you prepare for disaster situations.
946-9996……www.riema.ri.gov

The **Rhode Island Emergency Management Agency** and the **Rhode Island Department of Health** urge anyone with a chronic disability, health condition, limited mobility or special health care need to enroll in the **Rhode Island Special Needs Emergency Registry**. The registry was developed to make sure that there is a system to identify Rhode Islanders who require special assistance during emergencies.
To register, call 222-4783, or Rhode Island Relay/711……www.health.ri.gov

EMERGENCY RESPONSE SYSTEMS

Emergency Response Systems (ERS) provide a valuable time-saving link between people who are alone or frightened of being alone and a communications center. An **ERS** gives homebound or "at risk" persons peace of mind in knowing that help is only a touch of a button away, 24 hours a day, seven day a week. These organizations offer **ERS** services:

Alert 1 Medical ERS: 866-581-4540
A1 Alert, Visiting Nurses of Newport/Bristol Counties: 682-2100, X.754
Comfort Keepers: 682-2100, X.754
Community Care Nurses: 295-8862
Homefront Healthcare: 751-3152
Hope Nursing Home Care: .467-8588
Jewish Family Service: 331-1244
LifeStation: 877-478-3390
Life Alert: 800-247-0000
Lifetime Medical Alert ERS: 800-247-0000
Meals on Wheels of RI: 351-6700
Medical Alarm Company: 800-906-0872
New England ERS: 800-888-0338
Newport Hospital: 846-6400
Philips Lifeline: 800-380-3111
RI Medical Guardian ERS: 800-668-9200
VNS of Bristol/Newport County: 682-2100
VNS of Greater Rhode Island: 800-696-7991
VNS of Narragansett: 782-0500

FINANCIAL COUNSELING/ DEBT MANAGEMENT

Housing Network of Rhode Island, 44 Nashua Street, Providence, RI 02904, works with various non-profit organizations to prevent elder consumers from becoming victims of predatory loan practices. Counseling is available for consumers who are looking for a loan, refinancing, have fallen behind on mortgage payments, or are facing foreclosure.
800-436-3180……...www.dontborrowtroubleri.org

Money Management International (formerly known as Consumer Credit Counseling of South East New England), is a full service, non-profit service that provides financial counseling, financial education, debt management programs, and housing counseling. Services are provided either in person or over the Internet. All information is confidential. **Money Management International** helps clients resolve financial difficulties and achieve long term financial well-being and lifelong financial management skills.
866-889-9347…….....www.MoneyManagement.org

FOOD ASSISTANCE/FOOD SERVICES
(Formerly the Food Stamp Program)

The **Supplemental Nutrition Assistance Program (SNAP)** can provide cash assistance to help individuals and families who are struggling to purchase food.

Income Eligibility For Seniors & Adults with Disabilities:
One person: $1,816 per month
Two persons: $2,452 per month

Resources: $3,000 per household.

Several resources are also available to older Rhode Islanders who are in need of emergency food assistance.

Comprehensive Community Action Program, 311 Doric Avenue, Cranston, RI 02910, provides food assistance in the areas of Cranston, Coventry, Scituate and Foster……..…467-9610

The **Poverello Center**, 688 Hartford Avenue, Providence, RI 02909 provides food to persons in need…….455-3740

The **Rhode Island Community Food Bank**, 200 Niantic Avenue, Providence, RI 02905, helps people stretch their food budgets.
942-6325……...www.rifoodbank.org

Other emergency food resources include **The Rhode Island Coalition for the Homeless**, 160 Broad Street, Providence, RI 09203. Call 721-5685, or **Crossroads Rhode Island**, at the same address
521-2255

In addition to these agencies, many local churches have food pantries or emergency assistance food programs.

The **Food Access Project** allows persons 60 and older, disabled, and homeless SNAP participants to use their EBT cards to purchase meals at participating restaurants.
866-306-0270…….www.eatbettertoday.com

FOOD ASSISTANCE/FOOD SERVICES

The **Ocean State Senior Congregate Dining Program** provides nutritionally balanced, hot lunches served five days a week at more than 65 meal sites for persons who are 60 or older or disabled. In the case of a married couple, one person must be 60 or older. Seniors may make a suggested donation of $3.00 per meal, but no one is refused a meal if he/she is unable to contribute. Transportation to the nearest meal site is available. At least 24 hours notice is required for reservations.

To locate your local meal site, call:
Blackstone Health, Inc. …….728-9290
East Bay Community Action…….437-1000
Meals on Wheels of RI…….351-6700
Senior Services, Inc.……...…766-3734
Westbay Community Action……..732-4660

Meals on Wheels of Rhode Island, 70 Bath Street, Providence, RI 02908, provides a home delivered meal to frail, homebound seniors five days per week. To qualify, seniors must be 60 years or older, live alone and have no one to help them, and be unable to shop, cook or drive. Persons with a disability who are under 60 may be eligible in certain circumstances. Donations for the meal are accepted.
351-6700…….www.rimeals.org

GERIATRIC ASSESSMENT CLINICS

Geriatric Health Assessment Units conduct comprehensive assessments of a person's medical status. Seniors who have shown recent changes in their physical, psychological, or social functioning are candidates for assessment. A team of professionals identifies health and medical problems and plans a course of treatment. These organizations offer geriatric assessments:

East Providence: **RI Mood and Memory Research Institute**
1018 Waterman Avenue, East Providence, RI 02914
435-8950

North Providence: **Roger Williams Geriatric Assessment Program**
2 Atlantic Boulevard, North Providence, RI 02911.
231-0450

Pawtucket: **Memorial Hospital Neurology Department**, 111 Brewster Street, Pawtucket, 729-2483

Pawtucket: **University Medicine Foundation for Gerontology**
407 East Avenue, Pawtucket, RI 02860
728-7270

Providence: **Alzheimer's Disease & Memory Disorder Center at Rhode Island Hospital,** 593 Eddy Street, Providence, RI 02903
444-6440

Providence: **Butler Hospital Memory and Aging Program**
345 Blackstone Boulevard, Providence, RI 02906.
455-6403

Providence: **Rhode Island Hospital and the Miriam Hospital Geriatric Neuropsychological Services**
593 Eddy Street, Providence, RI 02903.
444-4500

HEALTH CENTERS

Community health centers provide many health services for low-income persons, including seniors. Payment is on a sliding scale.

Block Island: **Block Island Health Services**
Block Island, RI 02807
466-2125

Burrillville:
Well One Primary Care Medical and Dental Care of Pascoag
36 Bridge Way, Pascoag, RI 02859
568-7661

Central Falls:
Blackstone Valley Health Center....
9 Chestnut Street, Central Falls, RI 02863
724-7110

Charlestown:
Narragansett Indian Health Center
4533 South County Trail, Charlestown, RI 02813
364-1265

Coventry: **Coventry Family Health Center**
191 MacArthur Blvd., Coventry, RI 02916
828-5335

Cranston: **Cranston Family Health**
1090 Cranston Street, Cranston, RI 02920
943-1981

East Providence:
East Bay Family Health Center
100 Bullocks Point Avenue, East Providence, RI 02915
437-1008

Johnston:
Tri-Town Health Center
1126 Hartford Avenue, Johnston, RI 02919
351-2750

HEALTH CENTERS

Newport:
East Bay Health Center
19 Broadway, Newport, RI 02840
848-2160

North Kingstown:
Bayside Family Healthcare
308 Callahan Road, No. Kingstown, RI 02852
295-9706

Pawtucket:
Blackstone Valley Health Center
42 Park Place, Pawtucket, RI 02860
722-0081

Providence:
Allen Berry Health Center
202 Prairie Avenue, Providence, RI 02905
444-0570

Capitol Hill Health Center
40 Candace Street, Providence, RI 02908
444-0550

Central Health Center
239 Cranston Street, Providence, RI 02907
444-0580

Chad Brown Health Center
285A Chad Brown Street, Providence, RI 02908
274-6339

Chafee Health Center
One Warren Way, Providence, RI 02905
444-0530

Crossroads Rhode Island
160 Broad Street, Providence, RI 02903
521-2255

HEALTH CENTERS

Olneyville Health Center
100 Curtis Street, Providence, RI 02909
444-0540

RI Free Clinic
655 Broad Street, Providence, RI 02907
274-6347

St. Joseph's Hospital:
21 Peace Street, Providence, RI 02907
Walk-in Clinic.: 456-4321
Medical Clinic: .456-4325

Richmond:
Wood River Health Services
823 Main Street, Hope Valley, RI 02832
539-2461

South Kingstown:
Thundermist Health Center
1 River Street, Wakefield, RI 02879
783-0523

Tiverton:
New Visions for Newport County
1048 Stafford Road, Tiverton, RI 02878
625-5197

Warwick:
Wilcox Family Health Center
226 Buttonwoods Avenue, Warwick, RI 02886
732-9090

West Warwick:
Thundermist Health Center
1219 Main Street, West Warwick, RI 02893
615-2800

Woonsocket:
Thundermist Health Center
450 Clinton Street, Woonsocket, RI 02895
769-1234

HEALTH INSURANCE COUNSELING

The **Rhode Island State Health Insurance Program (SHIP)** is part of a national partnership to help consumers make informed health care choices. **SHIP** volunteers provide one-to-one counseling to seniors, adults with disabilities, families and caregivers. The program is designed to help seniors and adults with disabilities understand health care cost and coverage and deal with issues regarding health care. Volunteer **SHIP** counselors can discuss Medicare, Medicare drug plans (Part D, supplemental insurance, Medicare Advantage plans, and other health insurance options). For more information, call THE POINT at 462-4444. TTY users can call 462-4445, or go to www.ThePointRI.org.

The **Medicare** telephone number and web site contain information that can help you understand your **Medicare** benefits.
800-MEDICARE (633-4227). TTY users can call 877-486-2048.
www.medicare.gov

Rhode Island Senior Medicare Patrol (SMP) helps persons to recognize and report Medicare and Medicaid fraud, waste, and abuse and also to get the most out of their health care. For information, call 462-4444. TTY users should call 462-4445, or go to www.ThePointRI.org.

For information on **TRICARE for Life,** the Department of Defense health insurance plan, call 866-773-0404, or go to www.tricare.mil/mybenefit. The TTY number is 866-773-0405. For information on the **TRICARE for Life** pharmacy program, call 877-363-1030. The TTY number is 877-540-6261.

HEATING ASSISTANCE

The **Low-Income Home Energy Assistance Program (LIHEAP)** provides assistance to income-eligible consumers in meeting the costs of heating their homes. The amount of assistance provided is based on household size and income level. Current annual income guidelines are:
1-person household: $27,353
2-person household: $35,769

Apply for heating assistance at these local agencies:

Blackstone Valley:
Blackstone Valley CAP
32 Goff Avenue, Pawtucket, RI 02860
723-0227

Cranston: **Comprehensive CAP**
311 Doric Avenue, Cranston, RI 02910
467-9610

East Bay: **East Bay CAP**
100 Bullocks Point Avenue, East Providence, RI 02915
437-5102

Northwest RI: **Tri-Town CAP**
1126 Hartford Avenue, Johnston, RI 02919
349-5760

Providence: **ProCAP:**
518 Hartford Avenue, Providence, RI 02909
60 and older: 273-2000
Under 60: 273-0882

South County:
South County CAP
1935 Kingstown Road, Kingstown, RI 02879
789-3016

Warwick/Kent County:
Westbay CAP
208 Buttonwoods Avenue, Warwick, RI 02886
732-4660

HEATING ASSISTANCE

Information about heating assistance is also available from these agencies/organizations:

Citizens Energy: 617-338-6300

Diocese of Providence
Keep the Heat On
One Cathedral Square, Providence RI 02907
421-7833, Ext. 107

RI Office of Energy Resources
One Capitol Hill, Providence, RI 02908
574-9100

Salvation Army
386 Broad Street, Providence, RI 02907
831-1119
(For those who do not qualify for LIHEAP)

HOME AND COMMUNITY CARE /CORE PROGRAM

Home and Community Care Programs provide eligible seniors with innovative options to help them remain in the community and avoid premature institutionalization. Based on eligibility, **Home and Community Care Core** programs may provide home health aide services, adult day services, Meals on Wheels, Senior Companion, personal emergency alert systems, minor home modifications, or minor assistive devices. If appropriate, placement in an assisted living facility may be made. For most **Home and Community Care Core** programs, a person must be 65 or older, be a Rhode Island resident, and be basically homebound (unable to leave home without considerable assistance). For some persons on Medical Assistance, support services and assistive devices may be provided at no charge.
462-0570……...www.dea.ri.gov

HOME AND COMMUNITY CARE/CO-PAY PROGRAM

For persons who meet the guidelines for the **Rhode Island Home and Community Care Co-Pay Program,** services are provided at a reduced rate. Annual income guidelines are $13,612 for a single person and $18,387 for a couple at Level One and $21,780 for a single person and $29,420 for a couple at Level Two. Co-payment amounts are determined by the client's income level. The Rhode Island Department of Human Services, Division of Elderly Affairs, works with a network of regional case management agencies and other senior organizations to develop care plans to help seniors remain in the least restrictive environment.
462-0570……...www.dea.ri.gov

HOME AND COMMUNITY CARE PROGRAMS/LONG TERM CARE

Persons who had a significant disability before age 22 should call the **Department of Behavioral Healthcare Developmental Disabilities and Hospitals** about options for home and community care.
462-3421……..www.bhddh.ri.gov

Jewish Family Service of Rhode Island, 995 North Main Street, Providence, RI 02904, provides trained and licensed certified nursing assistants to assist seniors, those who are ill, or persons who may be temporarily disabled.
331-1244……www.jfsri.org

The **Program for the All-Inclusive Care of the Elderly (PACE)**, 225 Chapman Street, Providence, RI 02905, provides individuals with alternatives to nursing home care. To be eligible for **PACE**, a person must be 55 or older and qualify for nursing home care. To enroll in **PACE,** the client must agree to get their care from a network of doctors and providers in the program. **PACE** coordinates all care to meet the daily needs of the client with a team of caregivers that includes social workers, nurses, and other professional staff. **PACE** is also a licensed adult day service program.
490-6566……www.pace-ri.org

Persons who qualify for **Medicaid Long Term Care** may be able to hire their own caregiver who can help them with bathing, dressing and other home activities through the **Personal Choice Waiver Program**. Contact: PARI Independent Living Center at 725-1966 (Voice/TTY) or Tri-Town Community Action at 351-2750.

Persons eligible for Medicaid and who are in a nursing home but would like to live at home or in the community may be able to participate in the **Nursing Home Transition Program** through the Rhode Island Department of Human Services. The program provides support and services to help make this transition possible.
462-6393

Visiting Nurse Agencies provide home health care, which may include nursing care, physical therapy, hospice care, speech therapy, and other services. For a listing of these agencies, call THE POINT at 462-4444, or log on to www.ThePointRI.org. The TTY number is 462-4445.

HOSPICE CARE

Hospice care focuses on the social, spiritual, and emotional needs of terminally ill patients and their loved ones. A hospice team usually includes a medical director, nurses, clergy, and other health care professionals. Medicare covers hospice services as long as the providing agency is a certified Medicare provider. Medical Assistance and most private insurance plans also cover hospice services. Contact these agencies:

Home & Hospice Care of Rhode Island, 1085 North Main Street, Providence, RI 02904, can provide hospice care in the home, and through other facilities. The **Philip Hulitar Inpatient Center** is located at the same address in Providence. 351-5570 or 877-322-1678…….www.hhcri.org

Hospice of Nursing Placement, Inc., 339 Angell Street, Providence, RI 02906, provides hospice services to culturally diverse populations. In addition to English, the team has members who speak Portuguese, Cape Verdean Creole, Spanish, and Russian.
728-6500……www.hospiceofnursingplacement

Odyssey HealthCare of Rhode Island, 2374 Post Road, Suite 106, Warwick, RI 02886, provides hospice services through an interdisciplinary group, including physicians, nurses, social workers, counselors, and dietary counselors. Call 738-1492 or 877-637-9432.

Most **Visiting Nurse Agencies (VNAs)** provide hospice services. For a listing of **VNAs**, call THE POINT at 462-4444. TTY users call 462-4445.

HOUSING RESOURCES

Assisted living provides rooms or apartments, meals, 24-hour staffing, assistance with personal care and medication, housekeeping, laundry, activities and other services that allow adults to stay in the community. The cost varies considerably. There are more than 60 licensed **assisted living** facilities in the state. To get a copy of the assisted living sites in Rhode Island, call THE POINT at 462-4444, or go to www.The PointRI.org. The TTY telephone number is 462-4445.

The **Rhode Island Coalition for the Homeless**, 1070 Main Street, Pawtucket, RI 02860, publishes the Street Sheet, a listing of emergency shelters, food pantries and other helpline resources.
721-5685……..www.rihomeless.org

Some **Community Action Programs (CAPS)** provide housing assistance and may have funding assistance for home repair services. Please refer to the list of **CAPs** in this publication.

Crossroads Rhode Island, 160 Broad Street, RI 02903, provides information and referral for the homeless and those in transition. Call 521-2255.

Many cities and towns have public housing authorities that provide affordable apartments and Section 8 vouchers. Some cities and towns may also have grants or loans available for home repairs. Contact your local city or town hall.

Rhode Island Housing, 44 Washington Street, Providence, RI 02903, oversees the management of 20,000 apartments for low-income seniors, families, and persons with disabilities. Approximately 15,000 of these apartments are Section 8. Under this category, tenants pay 30 percent of their income for rent. The remaining 5,000 apartments have a variety of subsidies that keep the rents affordable for low-income households. Generally, residents of Section 8 apartments must earn no more than 50 percent of the Housing and Urban Development (HUD) median family income for their community and household size. Applicants can apply for housing in any community in which they would like to live. Most communities have a waiting list for these affordable housing units. For more information, call **Rhode Island Housing** at 457-1234 (Voice), 450-1394 (TTY) or 800-427-5560.You can also log on to their website at www.rihousing.org.

Rhode Island Housing also works with various non-profit organizations to prevent elder consumers from becoming victims of predatory loan practices. Counseling is available for consumers who are looking for a loan, refinancing, have fallen behind on mortgage payments, or are facing foreclosure.
800-436-3180……...www.dontborrowtroubleri.org

HOUSING RESOURCES

The Rhode Island Housing Help Center is dedicated to providing professional support and education to help more Rhode Islanders avoid losing their homes and to make safe, informed decisions for their futures. Call 457-1130.

Rhode Island Housing Home Locator RI.net is a free website that lists homes for rent or sale in Rhode Island.
877-428-8844……..www.HomeLocatorRI.net

Operation Stand Down Rhode Island, 1010 Hartford Avenue, Johnston, RI 02919, serves homeless and disabled veterans.
383-4730,……..www.osdri.com

Rhode Island's **Home Ownership Division, the Home Equity Conversion Mortgage (HECM)** program allows seniors to borrow against the equity in their homes. The loan is repaid when the house is sold or when the owner/borrower ceases to live in it. This type of program is sometimes referred to as a reverse mortgage program. **HECM** loans are offered at a variable interest rate. Under **HECM**, borrowers must be 62 or older and meet annual income limits. They must live in new or existing one-to-four family homes or FHA-approved condominiums. For additional information on **HECM**,
457-1234 or 457-1119…….. www.rihousing.org

The **Rhode Island Housing's Home Improvement & Lead Abatement Programs** can assist qualified residents in obtaining low-interest home repair and improvement loans.
457-1119 (Home improvement) 450-1360 (Lead abatement)

The **U.S.D.A. Rural Development**, 60 Quaker Lane, Suite 44, Warwick, RI 02886, also provides grants and loans for home repair and improvement to qualified homeowners. Call 800-352-8015.

LEGAL SERVICES

The **Department of Human Services, Division of Elderly Affairs**, 74 West Road, Cranston, RI 02920, legal counselor provides general information on topics that affect seniors such as advance directives, wills and fraud, as well as other elder rights, protections and issues and is available to speak to senior organizations about these issues.
462-0341

The **Rhode Island Bar Association's Legal Information and Referral Service for the Elderly**, 115 Cedar Street, Providence, RI 02903, helps anyone 60 and older obtain legal services and advice. Seniors may receive a free initial consultation of up to 30 minutes. Call
521-5040. Collect calls are accepted……...www.ribar.com

Rhode Island Legal Services Senior Citizens Program, 56 Pine Street, Providence, RI 02903, helps low income persons 60 and older with legal advice and assistance. This program assists seniors with problems related to housing, Social Security, Medical Assistance, Medicare and the Supplemental Nutrition Assistance Program (SNAP). Call 274-2652, or 272-5335 (TTY), or 1-800-662-5034.

Advance health care directives are written instructions indicating what type of medical intervention you choose. The durable power of attorney for health care permits you to appoint an agent, or more than one agent, to make health care decisions on your behalf, if you are unable to communicate your wishes. A living will directs your physicians, in advance, to withhold or withdraw life-sustaining procedures, if those are your wishes. You can get advance health care forms by calling 462-3000 or 462-0740 (TTY). You can also get forms from THE POINT by calling 462-4444. TTY users can call 462-4445.

The **COMFORT ONE** bracelet program enables emergency medical service personnel to honor a terminal patient's request to avoid resuscitation in his/her last minutes of life.
222-2401

The **Rhode Island Disability Law Center**, 275 Westminster Street, Suite 401, Providence, RI 02903, provides free legal assistance to persons with disabilities. Services include individual representation to protect rights or to secure benefits and services, and administrative and legislative advocacy.
831-3150…831-5335 (TTY)…… www.ridlc.org

MEDICAL ASSISTANCE (MEDICAID)/ COMMUNITY

Medical Assistance Fee-For-Service is "traditional" **Medical Assistance (Medicaid).** Health or medical benefits are obtained directly from a provider that accepts Medical Assistance. Individuals over age 65 may be eligible for Medicaid if they are a Rhode Island resident, have a work history of less than 10 years that disqualifies them for Medicare, have income at or below 100% of the Federal Poverty Level (FPL) and have resources of less than $4,000 for an individual or $6,000 for a couple. If an individual's income is at or above 100% of the FPL, they may still qualify for Medicaid if they have medical expenses. The "flex test" may reduce their income to fall within Medicaid guidelines.

Adults with disabilities may be eligible for Medicaid if they are 18 years or older, a Rhode Island resident, receive Supplemental Security Income (SSI), or have income less than 100% of the Federal Poverty Level (FPL) and have resources of less than $4,000 for an individual or $6,000 for a married couple. Apply for Medicaid by calling 415-8200 in Greater Providence, 782-4300 or 800-862-0222 in South County; 851-2100 or 800-675-9397 in Newport/Aquidneck Island, 736-1400 or 800-984-8989 for Pawtucket/East Bay, 736-1400 in Warwick and Kent County, and 235-6200 in Woonsocket and northern Rhode Island.

MEDICAL ASSISTANCE (MEDICAID)/ LONG TERM CARE

Medicaid Long Term Care (LTC) services are available for individuals over age 65 and for adults with disabilities. Services include nursing home care or home and community- based supports such as homemaker/CNA services, special medical equipment, Meals on Wheels, personal emergency response systems, case management, Senior Companions, assisted living, respite, or minor home modifications. Individuals must require a certain level of care to qualify. Only individuals who qualify for the highest level of care are eligible for nursing facility care. For more information in the Greater Providence area, call 415-8524 (Home Care) or 415-8455 (Nursing Home), East Providence and East Bay at 415-8459, Cranston at 462-5182, Newport and Aquidneck Island at 851-2100, Woonsocket and northern Rhode Island at 235-6241.

MEDICAL ASSISTANCE (MEDICAID)/ LONG TERM CARE

With the **Personal Choice Program**, individuals over age 65 who qualify for the high or highest level of care may be able to receive self-directed home and community-based services using a “cash and counseling” model. Contact the PARI Independent Living Center, 500 Prospect Street, Pawtucket, RI 02860 at 725-1966, X14 (Voice/TTY), or call Tri-Town Community Action Program, 1126 Hartford Avenue, Johnston, RI 02919, at 349-5760, X4.

Under **Shared Living**, a person can live with their caregiver and receive personal care, homemaker services and other benefits. For more information, please contact Caregiver Homes of Rhode Island at 290-8429, or Seven Hills Rhode Island at 765-3700, X 293.

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MEDICARE

Medicare is the nation's health insurance program for people 65 and older, and younger people who are disabled for 24 months, or who have end stage renal disease. **Medicare** consists of four parts–Part A (Hospital Insurance), Part B (Medical Insurance), Part C (Medicare Advantage Insurance Plans) and Medicare Part D (Medicare Prescription Drug Plans). Persons over age 65 are automatically entitled to Medicare Part A if they or their spouse are eligible for Social Security or Railroad Retirement.

Part A covers inpatient hospital, skilled nursing facility, home health and hospice care. Part B is optional insurance that supplements Part A coverage. Part B covers medical and physician services, outpatient hospital, home health, durable medical equipment, laboratory and x-ray, ambulance and other services. Apply for **Medicare** at Social Security or online three months before turning age 65-800-MEDICARE (1-800-633-4227)….877-486-2048 (TTY)…...www.medicare.gov

Quality Partners of Rhode Island, 235 Promenade Street, Suite 500, Providence, RI 02908, investigates complaints of improper quality of care for Medicare beneficiaries. Call 1-800-662-5028 or 528-3200.

MEDICARE PREMIUM PAYMENT PROGRAMS/(MPPs)

Medicare Premium Payment (MPP) programs help adults over age 65 and adults with disabilities pay some or all of the cost of their Medicare Part A and Medicare Part B premiums, deductibles and co-payments.

For the **Qualified Medicare Beneficiary (QMB)** program, the Department of Human Services (DHS) Medicaid division will pay both Part A, if applicable, and Part B premiums, deductibles and co-insurance for persons over 65 and adults with disabilities if their annual income is less than 100 percent of the Federal Poverty Level (FPL).

For the **Specified Low-Income Medicare Beneficiary (SLMB)** program, income for a single person must fall between 100 and 120 percent of the FPL. Medical Assistance will pay the Part B premium.

For the **Qualified Individual (QI1)** program, income must fall between 120 and 135 percent of FPL. Payment for Part B, within the QI-1 program, is limited by the availability of state funds.

The resource limits for all **MPP** programs are $6,600 for an individual and $9,910 for a married couple. For more information, call the Department of Human Services at 462-5300.

MEDICARE/SENIOR MEDICARE PATROL PROGRAM (SMP)

The **Rhode Island Senior Medicare Patrol (SMP)** program helps beneficiaries recognize and report Medicare and Medicaid fraud, waste, and abuse.

Medicare and Medicaid fraud, waste and abuse consists of such actions as incorrectly reporting a diagnosis, procedure, treatment or medication to get a higher payment, billing for individual mental health services when group counseling was provided, billing for brand name prescriptions when generic medications were dispensed, using another person's Medicare or Medicaid card to get services, or double-billing Medicare, Medicaid and a private insurance carrier for the same service. For information, call THE POINT at 462-4444. The TTY number is 462-4445, or log on to www.ThePointRI.org.

To report Medicaid fraud by a provider, call the Attorney General's Office of Consumer Protection, Criminal Division, 150 South Main Street, Providence, RI 02903
274-4400, X2269

To report Medicaid fraud, waste and abuse by beneficiaries, contact the Department of Human Services Fraud Unit at 462-2846.

MEDICATION ASSISTANCE/MEDICARE PART D

Medicare Prescription Drug (Medicare Part D) plans help Medicare beneficiaries pay for prescription drugs. Coverage is available for both generic and brand name medications. Premiums, deductibles and co-payments may apply.

Assistance in paying for Medicare Part D plan premiums and other expenses ("Extra Help", or Low-Income Subsidy-LIS) may be available for beneficiaries with limited incomes and resources. For information, contact Social Security at 800-772-1213 (Voice), 800-325-0778 (TTY), or go to www.ssa.gov. You can also call THE POINT at 462-4444, or go to www.ThePointRI.org. The TTY number is 462-4445.

Counseling for Medicare Part D plans can be scheduled with THE POINT, 50 Valley Street, Providence, RI 02909, by calling 462-4444. The TTY number is 462-4445. The web site is www.The Point.RI.org. Counseling is also available at any regional POINT or Senior Health Insurance Program (SHIP) agency.

MEDICATION ASSISTANCE/RHODE ISLAND PHARMACEUTICAL ASSISTANCE TO THE ELDERLY (RIPAE)

The **RIPAE** program pays some of the cost of **RIPAE**-approved prescription medications during the deductible phase and offers partial reimbursement for **RIPAE-** approved medications to enrollees who enter the "donut hole" of their Medicare Prescription Drug Plan (Medicare Part D). Rhode Island residents 65 and older who meet certain income limits and provide proof of Medicare Part D coverage, and adults age 55 to 64 receiving Social Security Disability (SSDI) payments, may be eligible.

Depending on income, the **RIPAE** program pays 60, 30, or 15 percent of the cost of prescription drugs used to treat Alzheimer's disease, arthritis, diabetes (including insulin and syringes for insulin injections), heart problems, depression, anti-infectives, Parkinson's Disease, high blood pressure, cancer, urinary incontinence, circulatory insufficiency, high cholesterol, asthma and chronic respiratory conditions, osteoporosis, glaucoma and prescription vitamins and mineral supplements for renal patients.

RIPAE also offers limited coverage for the cost of all eligible prescription drugs used to treat Multiple Sclerosis. Only FDA approved medications (except those used to treat cosmetic conditions) are covered under RIPAE and are eligible for reimbursement in the "donut hole" of Part D plans.

For more information, call the Department of Human Services, Division of Elderly Affairs, at 462-3000, or go to www.dea.ri.gov. The TTY number is 462-0740. **RIPAE** and **RIPAE** reimbursement program applications and instructions on how to apply are available at www.dea.ri.gov. You can also call THE POINT at 462-4444. The TTY number is 462-4445. The web site is www.The Point.RI.org.

MEDICATION ASSISTANCE/PHARMACEUTICAL MANUFACTURERS ASSISTANCE

Many pharmaceutical manufacturers make some of their drugs available free of charge to patients who have difficulty paying for them. Call the Pharmaceutical Research and Manufacturers of America. at 877-743-6779 or go to www.RxforRI.org., or contact the Partnership for Prescription Assistance at 888-4PPA-NOW, or go to www.pparx.org.

MENTAL/BEHAVIORAL HEALTH RESOURCES

The **Rhode Island Department of Behavioral Healthcare, Developmental Disabilities and Hospitals** is committed to ensuring access to quality services and supports for Rhode Islanders with developmental disabilities, mental health and substance abuse issues, and chronic long term medical and psychiatric conditions, and to erase the stigma attached to these disabilities. For mental health services, call 462-2339. To reach the Division of Developmental Disabilities, call 462-3234. For the Eleanor Slater Hospital in Cranston, dial 462-3085. For the Zambarano Unit, call 567-5400 The web site for the department is www.bhddh.ri.gov.

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Some **community health centers** provide low-cost or free mental health services for low-income persons, including seniors. See the list of community mental health centers.

The **Rhode Island Council of Community Mental Health Organizations**, 40 Sharpe Drive, Unit 3, Cranston, RI 02920, assist individuals seeking information and referral about treatment. For a list of **RICCMHO** member centers, call 273-0900 or visit their web site at www.riccmho.org. Member organizations offer a wide variety of mental health and substance abuse treatments, including emergency services.

Family Service of Rhode Island provides outpatient counseling and psychiatric services at offices in Providence, North Kingstown, and Westerly.
331-1350, X316…….www.familyserviceri.org

Jewish Family Services of Rhode Island, 959 North Main Street, Providence, RI 02904, offers a comprehensive counseling program for individuals, couples, families, children, and seniors and their families to address depression, anxiety, marriage, divorce, parenting, issues with adolescents, stress, grief, relationships, and work-related issues.
331-1244…..……www.jfsri.org

The **Mental Health Association of Rhode Island**, 500 Prospect Street, Suite 305, Pawtucket, RI 02860, provides information and referral for mental health services and support groups.
726-2285……www.mhari.org

The mission of the **National Alliance on Mental Illness (NAMI) Rhode Island**, 154 Waterman Street, Suite 5B, Providence, RI 02906, is to educate the public about mental illness, offer resources, and to provide support to all whose lives are touched by mental illness.
331-3060 or 800-749-3197……..www.namirhodeisland.org

MENTAL/BEHAVIORAL HEALTH RESOURCES

The **Samaritans of Rhode Island** is a suicide prevention program helps people who at risk of suicide.
272-4044 or 1-800-365-4044……..www.samaritansri.org

VNA of Care New England, 55 Health Lane, Warwick, RI 02886, sponsors bereavement support groups across the state.
737-6050……..www.vnacarenewengland.org

Other mental/behavioral health resources include:

Butler Hospital:
345 Blackstone Boulevard, Providence, RI 02906
455-6214……www.butler.org

Medical Detoxification Programs are staffed by professionals who have special skills in helping substance abusers and their families deal with the physical and emotional problems caused by addiction and substance abuse. Treatment is always confidential. The following sites offer medical detoxification:

Roger Williams Medical Center Behavioral Health:
825 Chalkstone Avenue, Providence, RI 02908
800-252-6466……www.rwmc.org

SSTAR of Rhode Island Detoxification Services:
1959 Tower Hill Road, No. Kingstown, RI 02853
Call 294-6160, or 800-747-6237……www.sstar.org

The **National Suicide Prevention Lifeline** can be reached at 800-273-TALK (8255). **The National Suicide Prevention Lifeline** also has a service specifically for U.S. Veterans. Call 800-273-TALK (8255), X 1.

MENTAL/BEHAVIORAL HEALTH RESOURCES

These hospitals have geriatric psychiatric units with mental health services specifically for seniors:

The **Butler Hospital Senior Treatment Unit**: 345 Blackstone Boulevard, Providence, RI, 02906.
455-6214,……www.butler.org

The **Office of the Mental Health Advocate**, 57 Howard Avenue, Cranston, RI 02920, is an independent state agency that provides free legal, investigative, and advocacy services to individuals regardless of age, to prevent inappropriate admissions to psychiatric facilities, and to protect the rights and enhance the dignity of persons in mental health treatment and inpatient substance abuse treatment. Call 462-2003 or 800-346-2282. The TTY number is 462-6018.

Our Lady of Fatima Hospital Geriatric Psychiatry: 200 High Service Avenue, North Providence, RI 02904.
456-3183……...www.fatimahospital.com

NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM

The **National Family Caregiver Support Program (NFCSP)** calls for states to work in partnership with community based agencies serving seniors to develop and provide basic services to support families who are taking care of seniors.

For information on the federal **NFCSP** initiative, go to the Administration on Aging web site at www.aoa.gov and follow the Families and Elders link to the National Family Caregiver Support Program.

The **Relatives as Parents Program (RAPP)** is designed to encourage and promote the creation or expansion of services for grandparents and other relatives who have taken on the responsibility of surrogate parents. For information, call the Diocese of Providence, 1 Cathedral Square, Providence, RI 02903.
421-7833……www.brookdalefoundation.org

PUBLIC INFORMATION

The Rhode Island Guide to Medicare to Supplement and Medicare Advantage Plans provides an overall view of health insurance options that help pay for expenses that Medicare does not cover.

Rhode Island Senior Beat is a weekly newspaper column that focuses on topics and issues of interest to seniors and adults with disabilities, families and caregivers such as Medicare and health insurance, or pharmacy assistance.

The **Medicaid and Nursing Home Care** guide is a summary of the state program that helps to pay for expense in a long-term-care facility.

The **Senior Journal** cable television program is aired on Sundays at 5:00 p.m., Mondays at 7:00 p.m., and Tuesdays at 11:30 a.m. over statewide interconnect cable channel 13 and Verizon channel 32. Programs are produced by senior volunteers with the support of Rhode Island PBS and Government Access Television. The Senior Journal explores the issues of growing older in Rhode Island from the perspectives of seniors.

For information:
462-0509……...www.dea.ri.gov

RESPITE CARE SERVICES

Respite is temporary care for seniors, designed to provide relief to caregivers. **Respite Care Services** offers the Subsidized Respite Program, which provides relief to primary caregivers who provide care to someone 60 years or older, or to someone who has a diagnosis of Alzheimer's disease or a related dementia at any age, and who is need of personal care assistance. For information, contact the Diocese of Providence, 1 Cathedral Square, Providence, RI 02903.
421-7833, X 211……www.dioceseofprovidence.org

The **Rhode Island TimeBank Initiative** is working with partners across the state to build support networks of individuals, children, youth, families, and communities across the state. For every hour that you assist an individual or group, you earn a Time Dollar. You can then take that Time Dollar to receive an hour of a neighbor's time or engage in a group activity offered by a neighbor. For more information, call the Rhode Island Parent Support Network, 1395 Atwood Avenue, Suite114, Johnston, RI 02919.
467-6855 ext. 312……..www.psnri.org

SENIOR CENTERS

Senior centers offer volunteer opportunities, recreation, group activities, counseling, information and referral, continuing education and other support services for seniors. Most provide hot lunches, outreach, transportation and health services.

Barrington Senior Center
281 County Road, Barrington, RI 02806
247-1926
Bristol: Benjamin Church Center
1020 Hope Street, Bristol, RI 02809
253-8458
Charlestown Senior Center
100 Park Lane, Charlestown, RI 02813
364-9955
Coventry Senior Center
50 Wood Street, Coventry, RI 02816
822-9175
Cranston Senior Center
1070 Cranston Street, Cranston, RI 02920
780-6000
Cumberland Senior Center
1464 Diamond Hill Road, Cumberland, RI 02864
334-2555
East Greenwich Senior Services
125 Main Street, East Greenwich, RI 02818
886-8669
East Providence Senior Center
610 Waterman Avenue, East Providence, RI 02914
435-7800
Foster Senior Services
181 Howard Hill Road, Foster, RI 02825
392-9200
Glocester Senior Center
1210 Putnam Pike, Glocester, RI 02814
567-4557
Hopkinton Senior Center
Crandall House, Hopkinton, RI 02804
377-7795
Jamestown Senior Center.....423-2658
6 West Street, Jamestown, RI 02835
423-2658

SENIOR CENTERS

Johnston Senior Center
1291 Hartford Avenue, Johnston, RI 02919
944-3343
Lincoln Senior Center
150 Jenckes Hill Road, Lincoln, RI
753-7000
Middletown Senior Center
650 Green End Avenue, Middletown, RI 02852
849-8823
Narragansett Senior Center
53 Mumford Road, Narragansett, RI 02882
782-0675
Newport:
- **Edward King House**
  35 King Street, Newport, RI 02840
  846-7426
- **Park Holm Senior Center**
  1 Eisenhower Road, Newport, RI 02840
  846-3887
- **Martin Luther King Center**
  20 Dr. Marcus Wheatland Boulevard, Newport, RI 02840
  846-4828

North Kingstown Senior Center
44 Beach Street, North Kingstown, RI 02852
294-9821
North Providence:
- **Salvatore Mancini Center**
  2 Atlantic Boulevard, North Providence, RI 02904
  231-0742

Pawtucket:
- **Leon Mathieu Senior Center**
  420 Main Street, Pawtucket, RI 02860
  728-7582

Portsmouth Senior Center
110 Bristol Ferry Road, Portsmouth, RI 02871
683-4106
Providence:
- **Capital City Sr. Programs**
  1085 Chalkstone Avenue, Providence, RI 02908
  455-3888

SENIOR CENTERS

Providence:

DaVinci Community Center
470 Charles Street, Providence, RI 02904
272-7474

Federal Hill Community Center
9 Courtland Street, Providence, RI 02903
421-4722

Fox Point Senior Center
90 Ives Street, Providence, RI 02906
751-2217

Hamilton House
276 Angell Street, Providence, RI 02906
831-1800

Hartford Park Senior Center
355 Hartford Avenue, Providence, RI 02909
521-1180

Jewish Community Center
401 Elmgrove Avenue, Providence, RI 02906
861-8800

Nickerson House Senior Center
133 Delaine Street, Providence, RI 02909
351-2241

Silver Lake Center
529 Plainfield Street, Providence, RI 02909
944-8300 (Voice/TTY)
Note: Deaf/hearing-impaired seniors meet
` Tuesdays from 9:00 a.m. to 3:00 p.m.

St. Martin dePorres Center
160 Cranston Street, Providence, RI 02907
274-6783

Washington Park Center
42 Jillson Street, Providence, RI 02905
461-6650

West End Community Center
109 Bucklin Street , Providence, RI 02907
781-4242

Westminster Senior Center
133 Mathewson Street, Providence, RI 02903
274-6900

SENIOR CENTERS

Richmond Adult Center
1168 Main Street, Richmond, RI 02898
539-6144
Scituate Senior Center
1315 Chopmist Hill Road, Scituate, RI 02857
647-2662
Smithfield Senior Center
1 William J. Hawkins Trail, Smithfield, RI 02828
949-4950
South Kingstown:
The Center
25 St. Dominic Road, Wakefield, RI 02879
789-0268
Tiverton Senior Center
207 Canonicus Road, Tiverton, RI 02878
625-6790
Warren Senior Center
20 Libby Lane, Warren, RI 02885
247-1930
Warwick:
JONAH Community Center
830 Oakland Beach Avenue, Warwick, RI 02889
739-1305
Pilgrim Senior Center
27 Pilgrim Parkway, Warwick, RI 02888
468-4090
West Warwick Senior Center
145 Washington Street, West Warwick, RI 02893
822-4450
Westerly Senior Center
39 State Street, Westerly, RI 02891
596-2404
Woonsocket Senior Center
84 Social Street, Woonsocket, RI 02895
766-3734

Senior Center Month is celebrated each year in September to recognize these community centers for programs and services that support seniors, families, and caregivers, Call your local senior center to find out about Senior Center Month events.

SENIOR COMPANION PROGRAM

Rhode Island's **Senior Companion Program (SCP)** is funded by the Corporation for National Service and is administered by the Division of Elderly Affairs. Volunteers must be 55 or older and must meet specified income limits. Volunteers receive a tax-free stipend and other benefits while serving clients 20 hours weekly.

SCP volunteers serve isolated older adults in their own homes, adult day centers, and other community sites.

In an average week, **Senior Companions** visit with almost 500 elders. Over the course of more than 30 years of service to Rhode Island's seniors, volunteers have dedicated countless hours of friendship, compassion and one-to-one human contact to those in need of a helping hand, socialization and companionship.

For information on the **Senior Companion Program,** call 462-0569.

SENIOR EMPLOYMENT/ EMPLOYMENT FOR ADULTS WITH DISABILITIES

A New Leaf Florist Shop, 135 Gano Street, Providence, RI 02906, is a nonprofit agency providing employment and job training to people with psychiatric disabilities.
351-4330……www.anewleafflorist.org

Goodwill Industries of Rhode Island, 100 Houghton Street, Providence, RI 02904, is a comprehensive education and employment center serving the needs of persons with disabilities and other barriers to employment. Services include vocational evaluations, computer training, job development and placement, and job coaching services.
861-2080….. 331-2830 (TTY)……www.goodwill.org

The **Office of Rehabilitative Services-Vocational Rehabilitation**, 40 Fountain Street, Providence, RI 02903, helps individuals with disabilities to choose, prepare for, obtain, and maintain employment.
421-7016……www.ors.ri.gov

Rhodes to Independence can provide information about the Sherlock Plan and Social Security Work Incentive, which provide health insurance for people with disabilities, who are working.
462-6022……..www.rhodestoind.startlogic.com

Service, Employment and Redevelopment (SER), 101 Main Street, Pawtucket, RI 02860, focuses on the training and employment needs of the mature worker. SER National is funded by the U.S. Department of Labor to operate the Senior Community Service Employment Program (SCSEP) in Rhode Island. SCSEP participants come from all walks of life, have diverse work experiences and possess various levels of education. SER partners with local host agencies to provide participants with training opportunities to update their skills. SER's objective is to place program participants into permanent, unsubsidized, productive employment. For information, call 724-1820.

SOCIAL SECURITY

The **Social Security Administration** is the primary source of information for Social Security, Supplemental Security Income (SSI), and Medicare enrollment. The Personal Earnings and Benefit Estimate Statement provides workers with a year by year record of their earnings and an estimate of their Social Security benefits. For more information, visit www.ssa.gov or call 800-772-1213 or 800-325-0778 (TTY). Local **Social Security** offices are open Monday through Friday, from 9:00 a.m. to 3:30 p.m. The offices accept walk-ins for applying for Social Security, Supplemental Security Income (SSI), and Medicare enrollment. You can call ahead for an appointment, which will reduce your wait time in the office. You can also find forms to complete on-line at www.ssa.gov.

Newport
130 Bellevue Avenue, Newport, RI 02840
866-253-5607

Pawtucket
4 Pleasant Street, Pawtucket, RI 02860
866-931-7079

Providence
380 Westminster Street, Providence, RI 02903
877-402-0808

Warwick
30 Quaker Lane, Warwick, RI 02886
866-964-2038

Woonsocket
2168 Diamond Hill Road, Woonsocket, RI 02895
877-229-3542

SOCIAL SECURITY DISABILITY/SUPPLEMENTAL SECURITY INCOME (SSI)

Applications for **Social Security Disability Income (SSDI)** are taken in the local field offices. The Rhode Island Office of Rehabilitative Services administers the Disability Determination Services for the Social Security Administration, and determines the medical eligibility of individuals with disabilities applying for cash benefits. The office is located at 40 Fountain Street in Providence.
222-3182……421-7106, (TTY)……..www.ors.ri.gov

Supplemental Security Income (SSI) provides cash payments to qualified persons 65 and older, blind, or adults with disabilities. SSI recipients are eligible for many medical assistance, homemaker, and other services such as hearing aids, discounts on telephone and electric bills, and the assistance of a social worker. Apply for **SSI** at your local Social Security office. Current monthly income and resource limits are:

In own household:
Single: $738 Couple: $1,011

In another person's household:
Single: $517 Couple: $796

In an assisted living facility: $1,030

Resources:
Single: $2,000 Couple: $3,000

Face Value of Life Insurance:
$1,500/person

TAX INFORMATION

Many Rhode Island cities and towns offer some form of **property tax relief** to their older citizens who meet age, income and residency requirements. Inquire at your city or town hall.

The **AARP Tax Aide** program provides information and assistance with completing tax returns during the tax season.
866-542-8170……. www.aarp.org/ri

For information regarding federal taxes, contact the **Internal Revenue Service**, 380 Westminster Street, Providence, RI 02903.
800-829-1040 (Voice/TTY)
800-829-3676 (Forms)……..www.irs.gov

Information and assistance with state income taxes is available from the **Rhode Island Division of Taxation**, 1 Capitol Hill, Providence, RI 02908.
574-8829
574-8970 (Forms)……..www.tax.state.ri.us

The **Rhode Island Property Tax Relief Program (Form RI1040H)** must be filed between January 1 and April 15. Rhode Island resident homeowners and renters with household incomes not exceeding $30,000 may receive up to a $300 rebate from the Rhode Island Division of Taxation.

TRANSPORTATION

Under the Americans with Disabilities Act, Rhode Islanders of any age who have a disability may be eligible for the **Americans with Disabilities Act (ADA) Paratransit Services**. The program provides curb-to-curb transportation service if the disability prevents an individual from using regular RIPTA bus service. Service is provided along existing RIPTA bus routes at a cost of twice the standard bus rate. Register either over the phone or by submitting an application to the office.
784-9500…….www.ripta.com

Some **cities and towns** offer senior transportation for non-medical destinations, such as the grocery store. Call your local senior center to inquire about non-medical transportation. See the senior center section of this booklet for contact information.

The **Department of Human Services** will help persons who are enrolled in Medical Assistance arrange necessary non-emergency transportation for covered services.
784-3899

Southern Rhode Island Volunteers, 25 St. Dominic Road, Wakefield, RI 02879, provides transportation to medical, dental, and therapy appointments, among other services.
789-2362……...www.southernrivol.org

The **Rhode Island Public Transportation Authority (RIPTA)**, 705 Elmwood Avenue, Providence, RI 02907, offers bus passes at discounted fares. Residents 65 or older pay $17.50 for a five-year bus pass. Qualified riders who have a disability pay $10 for a 5-year pass. Pass holders pay half-fare on off-peak hours, weekends, and holidays. Bus pass holders who are enrolled in Medical Assistance or are Group 8018 members of the Rhode Island Pharmaceutical Assistance to the Elderly (RIPAE) program may be eligible for the No Fare program. Replacement cards cost $10 for the first replacement and $15 for subsequent replacements.
784-9500……www.ripta.com

RIPTA's **RIde** program provides transportation services to those 60 and older and adults with disabilities under 60 who meet certain criteria. Transportation is generally available weekdays from 10:00 a.m. to 2:00 p.m. for doctors' appointments, therapy, medical tests, adult day care, kidney dialysis, cancer treatments, and meal site lunches. There is a $2 fee per ride. Roundtrip is $4. Adult day clients and persons on Medical Assistance are not charged fees. Call 461-9760, Monday through Friday from 8:00 a.m. to 4:30 p.m., at least seven (7) business days prior to appointments to arrange for transportation, or go to www.ripta.com.

VETERANS SERVICES

The **Rhode Island Veterans Affairs Office**, a Division of the Rhode Island Department of Human Services (DHS), provides many services for Rhode Island veterans and their families. They include:

- Benefits counseling
- Referral to community support services
- Burial services at the RI Veterans Cemetery
- Services for homeless veterans

For information, contact these DHS offices:

Greater Providence……..……...415-8200

Pawtucket/East Bay……..……..721-6600

South County……....782-4300

Warwick and Kent County…….....736-1400

Woonsocket and Northern RI……..…….235-6200

The **Middletown Veterans Administration Community Based Outpatient Clinic**, One Corporate Place, Middletown, RI 02842, provides comprehensive primary health care to veterans residing in Newport, Bristol, and Washington counties.
847-6239…….www.providence.va.gov/riopc_med.asp

Operation Stand Down Rhode Island, 1010 Hartford Avenue, Johnston, RI 02919, serves homeless and disabled veterans. Services include social service, counseling, and emergency and permanent housing.
383-4730……www.osdri.com

VETERANS SERVICES

The **Providence Regional Office of the Veterans Benefits Administration** is responsible for the management of most non-medical benefits provided by the Veterans Benefits Administration, including compensation, pension, vocational rehabilitation, and counseling. The office coordinates the local benefit activities associated with education, home loan guarantees, and veterans' life insurance. The office is located at 380 Westminster Street in Providence, RI 02903.
800-827-1000…… www.va.gov

The **Providence VA Medical Center** is dedicated to providing high quality comprehensive outpatient and inpatient health care to veterans residing in Rhode Island and southeastern Massachusetts. The Center is located at 830 Chalkstone Avenue in Providence, RI 02908.
273-7100 or 866-363-4486……www.providence.va.gov

The **Rhode Island Veterans Cemetery** is located in Exeter. Call 268-3088 for information on approval and eligibility for burial, or log on to www.dhs.state.ri.us/dhs/dvetceme.htm.

The mission of the **Rhode Island Veterans Home**, 480 Metacom Avenue, Bristol, RI 02809, is to provide quality nursing and residential care to Rhode Island war veterans in need. Social, medical, nursing, and rehabilitative services are also provided to veterans and their survivors and/or dependents.
253-800, X 495……www.dhs.ri.gov/Veterans/RIVeteransHome

The **U.S. Department of Veterans Affairs** offers wellness programs, health care services, hospitalization, substance abuse and addiction treatment, and other support programs. The Department also hosts the Center for Women Veterans, a Homeless Assistance Program, and other initiatives to improve the quality of life for those who have served in the armed forces.
800-827-1000

The **Veterans Resource and Recovery Center**, 830 Chalkstone Avenue, Providence, RI 02908, provides an array of vocational and supportive services for veterans with barriers to employment and/or with a disability.
273-7100, X 3413……www.providence.va.gov

The **Warwick Veterans Center**, 2038 Warwick Avenue, Warwick, RI 02889, provides readjustment counseling and outreach services to all veterans who served in a combat zone. Bereavement counseling and counseling for military-related sexual abuse or harassment is also available. Family members and/or significant others can be seen at the Vet Center for military-related issues. There is no cost to the veteran or family for these services.
739-0167……...www.providence.va.gov/Vet_Center.asp

VETERANS SERVICES

All **Veteran Service Offices (VSOs)** are located at 380 Westminster Street in Providence.

For the **American Legion Office VSO**……..….223-3687

For the **American Veterans of WWII VSO**……..……223-3702

For the **Disabled American Veterans VSO**.....223-3695

For the **Military Order of the Purple Heart**……..223-3663

For the **Veterans of Foreign Wars VSO**……...223-3689

For the **Vietnam Veterans of America VSO**…….223-3692 or 223-3693

VOLUNTEER OPPORTUNITIES

The **Retired Senior Volunteer Program (RSVP)** provides opportunities for persons 55 years and older to utilize their enthusiasm, skills, and experience in a volunteer capacity. For information, call these agencies:

Blackstone Valley RSVP: 32 Goff Avenue, Pawtucket, RI 02860.
723-4520……...www.bvcap.org

Capitol Region RSVP: 9 Courtland Street, Providence, RI 02903.
421-4722……www.capitolregionrsvp.org

Cranston RSVP: 1070 Cranston Street, Cranston, RI 02920.
780-6180……..www.cranstonri.com

East Bay RSVP: 610 Waterman Avenue, East Providence, RI 02915.
435-7876……...www.ebcap.org

Westbay RSVP: 218 Buttonwoods Avenue, Warwick, RI 02886.
732-4666……ww.westbaycap.org

RSVP of Northern Rhode Island: 84 Social Street, Woonsocket, RI 02895.
766-2300

The **East Bay Foster Grandparent Program,** 610 Waterman Avenue, East Providence, RI 02903 serves special needs children in the East Bay area. There are volunteer opportunities for income- eligible seniors 60 years of age and older who enjoy working with children.
435-7876……...www.ebcap.org

The **Foster Grandparent Program of Rhode** Island, 145 Washington Street, West Warwick, RI 02893 serves special needs children statewide in residential and community settings such as schools, day care centers, and hospitals.
822-4450

The **Providence Foster Grandparent Program,** 9 Courtland Street, Providence, RI 02903 serves special needs children in the capital city.
421-1095 or 421-1060……www.capitolregionrsvp.org

VOLUNTEER OPPORTUNITIES

The **Neighborhood Friendly Visitor Program,** 1 Cathedral Square, Providence, RI 02903, provides companionship and friendly support to homebound elderly persons across the state. Volunteers visit to read, to write letters, and chat with people who are homebound and are in need of social contact. This program welcomes seniors who wish to volunteer their time for a few hours each week. Homebound seniors may also call to find out about connecting with a visitor.
421-7833…….www.dioceseofprovidence.org

SCORE Counselors to America's Small Business 350 Westminster Street, Providence, is a non-profit organization of active and retired business executives that offers free, confidential advice for persons who are starting or operating a small business.
528-4561……www.score.org

The **Southern Rhode Island Volunteers** organization, 25 St. Dominic Road, Wakefield, provides visitation and other services for seniors that need community support.
789-2362……...www.southernrivol.org

A GUIDE TO HELPFUL WEB SITES

RI Department of Behavioral Health
Developmental Disabiliites and Hospitals
www.bhddh.ri.gov

RI Department of Health
www.health.state.ri.us

RI Department of Human Services
www.dhs.ri.gov

RI Department of Human Services
Division of Elderly Affairs
www.dea.ri.gov

Medicare
www.medicare.gov

RI Housing
www.rhodeislandhousing.org

RI Public Transit Authority (RIPTA)
www.ripta.com

Railroad Retirement Board
www.rrb.gov
Social Security
www.ssa.gov

THE POINT
www.ThePointRI.org

TRICARE FOR LIFE
Department of Defense
www.tricare.mil.my benefit

Veterans Services
www.va.gov

2012 POCKET MANUAL ASSISTANCE CHART Single (S) Married (M)

PROGRAM	BENEFIT	ELIGIBILITY	INCOME	RESOURCES
Dept. of Human Services Waiver	Services in lieu of nursing home placement	Enrolled in Medicaid	$2,094 or spend-down to Medicaid	$2,000 (S) $4,000 (M)
Heating Assistance	Helps to pay heating costs	Any age	$27,353 (S) $35,369 (M)	N/A
Home Equity Conversion Mortgage	Reverse Mortgage	62 or older, must own home	$88,950 Loan limit	N/A
Home & Community Care (Core) Home & Community Care (Co-pay)	Pays for adult day care or in-home care Pays for a portion of adult day care or in-home care	65 or older, homebound 65 or older, homebound	$908/month (S) $1,226/month (M) Level 1 Level 2 $13,612 (S) $18,387(S) $21,780 (M) $29,240 (M)	$2,000 (S) $4,000 (M) N/A
Medicaid (Medically Needy) Medicaid (Categorically Needy)	Helps pay hospital, medical, dental care and prescriptions	65 or older, or adult with disability 65 or older, or adult with disability	$825/month (S) $842/month (M) $908/month (S) $1,226/month (M)	$,4000 (S) $6,000 (M) $4,000 (S) $6,000 (M)
Medicare Premium Payment Programs	Helps to pay Medicare premiums, deductibles and co-payments	Enrolled in Medicare for all programs	$908/month (S) QMB $1,226/month (M) QMB $1,089/month (S) SLMB $1,471/month (M) SLMB $1,225/month (S) QI-1 $1,655/month (M) QI-1	$6,680 (S) $10,020 (M) For all programs
RIPAE	Helps pay drug costs, or can provide reimbursement for Part D plan enrollees in the "donut hole"	65 or older, or adult receiving SSDI	Three assistance levels, based on income	N/A
Rhode Island Property Tax Relief Program	Rebate up to $300	Rhode Island resident, any age, both home owners and renters	$30,000 per household	N/A
Respite Care	Relief for caregivers	Caring for person 60 or older or someone who has Alzheimer's or related dementia at any age	Cost sharing	N/A
SNAP (Food Stamps)	EBT card to purchase food	60 or older, or an adult with disability	$1,816 (1 person) $2,452 (2 persons)	$3,000
Subsidized Housing	Helps pay rent	62 or older, or adult with disability	50 or 60% of HUD income guidelines	Some assets may be taken into account
Supplemental Security Income (SSI)	Cash assistance	65 or older, or adult with disability	$738/month (S) $1,127/month (M) $1,130/month-Assisted living	$2,000 (S) $3,000 (M)

2012 POCKET MANUAL-THE RHODE ISLAND GUIDE TO SERVICES FOR SENIORS AND ADULTS WITH DISABILITIES

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PLEASE NOTE: The information contained in this publication is accurate as of January 1, 2012. Corrections can be made in writing to:
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