

alzheimer's association™

Rhode Island Chapter Winter 2008 Newsletter
245 Waterman Street, Suite 306, Providence, RI 02906
(401) 421-0008 (f)401-421-0115 www.alz.org/ri

 Community
Health Charities®
Rhode Island
WORKING FOR A HEALTHY AMERICA

Capital City Auction



**Roger Williams Park Casino
Providence, RI
6:30 – 9:00
Lots of great auction prizes**

Master of Ceremonies
WPRI Channel 12 Meteorologist
Tony Petrarca

New this year
Preview Party 6:00 – 6:30

Have a chance to study items you really want before the silent auction starts

Some items featured at Auction:

Red Sox tickets; One-week stay in Hilton Head, SC; Weekend in Boston; Threesome at Carnegie Abbey Country Club; beauty baskets; gift certificates to RI Best Restaurants; Newport getaways at the Viking and Chanler Hotels; Patriots Tickets

Food donated by:
Carrabba's Italian Grill

Tickets to the Capital City Auction are \$50 in advance, \$60 for Preview Party (must be purchased in advance) and \$70 at the door

Call 401-421-0008 to order your tickets
All proceeds to benefit the Alzheimer's Association – RI Chapter

Lunch & Learn



Lunch and Learn Series

The Rhode Island Chapter is offering two workshops that can be brought to the workplace during lunchtime for employers and employees. We realize that caregivers are often stressed by their numerous responsibilities to family, work, and caregiving and are unable to attend workshops in their "spare" time. The workshops enable caregivers to receive current up to date information to help them in their caregiving and hopefully reduce their level of stress.

The workshops are a free service of the Alzheimer's Association. This program is funded through a grant from the Rhode Island Department of Elderly Affairs.

Workshops

Maintain Your Brain™

Launched in 2004, Maintain Your Brain™ is a public awareness program directed to 77 million American baby boomers. The workshop is reaching out to change the way the nation thinks about brain health, memory, healthy aging and Alzheimer's disease. The good news is that we now know there's a lot you can do to help keep your brain healthier as you age. These steps might also reduce your risk of Alzheimer's disease or other dementias.

Workplace 101- Alzheimer's Disease

This presentation is targeted to individuals who wish to learn more about Alzheimer's disease. Using brain images, it illustrates the difference between Alzheimer's and normal aging and how Alzheimer's affects the brain. Other sections explain the warning signs, how to get a diagnosis, key services offered by the Alzheimer's Association and hopeful advances in research. To schedule a workshop, call Marge at 401-421-0008.

Board of Directors

President

Geoffrey Tremont, PhD

Vice President

Simonne Coutinho

Secretary

Susan Vinhateiro

Treasurer

Evan Kantor

Kathryn L. Gann, PhD
Gregory Gelineau
Cynthia Holzer, MD
Laura Krohn, Esq.
Susan Leone-Pomfret
Jenny Miller
Maura Travers

Staff

Elizabeth Morancy
Executive Director
Camilla Farrell
Development Director
Rita St. Pierre
Program Director
Georgen Hodge
Operations Director
Marge Angilly
Family Services Director
Bella Garcia
Special Events Coord.
Donna Costa
Office Manager

Mission Statement:
To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

Dear Friends:

Please look down to the lower left hand corner of this page! We want you to really know our Mission. We hope you will volunteer to work with us to implement it.

Our National Association first moves us to advance research, so that one day we will have eliminated Alzheimer's disease. Many of us can promote the clinical trials participation that this newsletter highlights. All of us can advocate for increased funding. We must spend more dollars now so that the findings and theories that are emerging from the medical community can be tested, evaluated, and utilized for patient care. That is why we participate in public policy debate, too.

Our mission mandates we provide care and support for all affected. Our thriving Early Stage program will be developing its second site in Providence. Through our 24 hour Helpline, community presentations, caregiver support groups, lunchtime education, and care consultation, we have the privilege of accompanying families who are living with Alzheimer's disease. The professional training that our Chapter conducts brings us into regular contact with health care providers that are so committed to quality care in the State's facilities.

The Alzheimer's Association is becoming much more pro-active. As new research information promotes healthy living as a possible factor in reducing many forms of dementia, there will be increasing emphasis on what we can do to maintain our brains through activities, diet and exercise. It is actually fun to experience our "Maintain Your Brain" workshop!

Our National Association sees Alzheimer's not as a disease, but a cause. It is the looming health crisis of the 21st century and our Mission is to ultimately eliminate it. Let us work together to create this world without Alzheimer's.

Sincerely,



Liz Morancy



Mayor David Cicilline pictured here with Auction co-chairs Kathy Gann, and Susan Leone-Pomfret at last year's Capital City Auction at Roger Williams Park Casino. Our annual Auction financially supports programs and services.

Helpline

Your Direct Line To:

- Supportive Listening
- Resource Materials
- Support Groups
- Latest Research
- Public Policy News
- and more!

Consultation

Your Direct Link to:

- In-office Meeting
 - Help in developing a plan and direction for care
 - Problem solving
 - On-going guidance
 - Connection with community resources
- 401-421-0008
1-800-272-3900

**Call our
800 number
24 hours/7 days
a week
to talk directly
with someone
who can help.**



Early Stage Grant



Live and Learn a Success

Live and Learn, the social program designed and implemented with a grant from the Department of Elderly Affairs, is an ongoing success at both the Warwick Library and the Kent County YMCA. We consistently have 6-9 participants at both sites each week - 7 men and 2 women – who are in the early stages of memory loss.

At the library, we schedule presentations from the community, do word and number puzzles, have group discussions and reminiscence on various topics, view and discuss videos, and do occasional community outreach projects. At the YMCA the participants spend their time in various health-related activities: outdoor activities in good weather, spending time in the weight training room, shooting baskets in the gym, doing chair aerobics, learning to dance, etc. One fall morning we walked the Y's nature trail with Mary Beth Miller, a master gardener and horticulturalist (see photo).

We are currently working on the specifics for expansion of the Y program at the East Side YMCA, and hope to have participants at that location soon. For further information, or to register for any of the programs: the Library, the Kent County YMCA or the East Side YMCA, please contact Rita St.Pierre at 421-0008 or via email at rita.stpierre@alz.org.

Program

T.E.A.M. Offered at the Association

“Training Employees for Alzheimer’s Management” (T.E.A.M.) is again being offered to individuals at the Association offices, 245 Waterman Street in Providence. Any individual who works in long-term care may register, and a facility may send staff, rather than having training on-site at their facility. The program will be offered four times during 2008, with the next series beginning Monday, March 17th, and will be offered again in June, September and November. The cost is \$25 per person, which must be paid prior to the start of the program, and a minimum of 10 participants will be required for the program to be held. If a facility would like to schedule this program on-site, that is still available for a fee of \$300 for a minimum of 12 staff, up to 25 staff. However, due to the high demand for on-site training, we ask that T.E.A.M. be provided in a facility no more than once per year. For more information or to register please call the office at 421-0008 or contact Rita St.Pierre via email at rita.stpierre@alz.org.

Educational Programs in the Acute Care Setting

Recently, Ms. Rita St.Pierre, the chapter’s Program Director, provided a seven-hour educational program for staff at Rhode Island Hospital, at the request of Mary Bourbonniere, Ph.D., Center for Practice Excellence. The program received high praise and Ms. St.Pierre will offer it again in March. We hope to provide similar education to staff in other acute care settings, including emergency room staff, throughout the state.

Clinical Trials

CLINICAL STUDIES—FREQUENCY ASKED QUESTIONS

What are clinical studies?

Clinical studies are research opportunities in which volunteers are needed as participants.

Why is this important?

Recruiting and retaining clinical study volunteers has become one of the greatest obstacles to developing new and better treatments for Alzheimer's disease. There also needs to be greater communication among patients, caregivers, and doctors about the need for participation in research studies and why their involvement is important.

How does the Alzheimer's Association help recruitment?

The National Alzheimer's Association has begun to widely publicize the need for clinical studies.

The Association began by targeting five Chapters for intensive public awareness. Rhode Island is one of the Chapters where radio and television public service announcements, brochures, posters, and community outreach events have targeted people who could participate. Local physicians have publicized the initiative.

Does a person need a diagnosis of Alzheimer's in order to participate?

There are clinical studies that need people in various stages of the disease. There are also studies that utilize volunteers without a diagnosis. People thought to be at higher risk due to family history, for example, are often involved. Sometimes, caregivers are appropriate for one of the studies. Other possible categories for volunteers exist.

How can a person find out more information about participating in the clinical studies?

Call the Alzheimer's Association-Rhode Island Chapter for more information: 401-421-0008. There are many clinical studies being conducted in our State at Rhode Island Hospital Memory Loss Clinic, Butler Hospital Memory and Aging Program, and the R.I. Mood and Memory Research Institute. The R.I. Chapter will help you contact them

Why should research funding be increased?

It is absolutely critical to fund Alzheimer's research now! Unless the medical community is financially supported at present, there will be no significant progress for better Alzheimer's treatments in the future. The ultimate goal of finding a cure in the future can never be realized without greater financial support right away.



CONGRESS ACTS TO RESTORE SOME ALZHEIMER'S FUNDING

At the end of December the U.S. Congress restored some of the Alzheimer's funding that President Bush eliminated in the budget he had proposed for this year. However, there was both good and bad news for our cause in the final version of the appropriations

The Alzheimer's Association Public Policy office in Washington, D.C. issued a statement of disappointment that the Budget does not adequately fund Alzheimer's research at the National Institutes of Health (NIH). Overall, NIH received approximately \$29 billion—an increase of 1.1% over the previous year. This small general increase means that Alzheimer research will remain the same. Our Association goal is \$1 billion a year. The amount remains approximately \$670 million to NIH once again.

Support for Alzheimer programs fared better. Given a proposed Presidential Budget that eliminated funding for all Alzheimer programs, Congress acted to restore critical care that helps families. The Alzheimer's Association twenty four hour Contact Center Helpline is assisted with \$1 million. State matching grants in which Rhode Island participates went from \$11.8 million last year to \$11.4 million this year. The Safe Return wandering network actually increased from \$840,000 to \$940,000. The Center for Disease Control (CDC) will continue to receive the \$1.6 million for its brain health initiative.

Historically, Rhode Island has been fortunate that all the people who have represented us in Washington have supported Alzheimer's research and program appropriations. The National office asked Executive Director, Liz Morancy, to focus particularly on awareness of the funding proposals with the office of Representative Patrick Kennedy, since he is a key member of the House Appropriations Committee which could early on in the spending process set the tone for priorities by the choices the Committee makes. In a meeting with Kennedy's Chief of Staff, George Zainyeh, Morancy received a commitment that the Congressman would advocate for the restoration of Alzheimer's funding. That, of course, happened!!

Those of us involved with Alzheimer's care should take any opportunity to thank the R.I. delegation for their support. In this State, it is easy to do so! We sometimes even see them personally. Of course, a telephone call to their State office, to express our gratitude, is a very good personal gesture that will be appreciated!

Their contact information?

Office of Senator Jack Reed
401-528-5200

Office of Senator Sheldon Whitehouse
401-453-5294

Office of Representative Patrick Kennedy
401-729-5600

Office of Representative James Langevin
401-732-9400

Alzheimer's Association

20th Annual

Public Policy Forum

May 12 - 14, 2008

Washington, D.C.

Please call the office if you are interested in more information.



Camilla Farrell, our Development Director, has given birth to a healthy baby boy. Dean Anthony was born on November 10th, 2007. Congratulations to Camilla and her husband Larry. Camilla is scheduled to return to work in February.

Coach John Toppa Fundraiser

Over 250 people attended the tailgate fundraiser held at Newport Yacht Club to honor Rogers High School legendary coach John Toppa. Toppa's extended family, former Rogers players, students and fans of the coach were in attendance. John Toppa has Alzheimer's and is living in a Newport nursing and rehabilitation center. The event raised over \$10,000 to benefit the Alzheimer's Association—RI Chapter.

Look for our logo!

When making donations please keep in mind that your donation will reach our Association only when you see our logo.



Reminder that the Forget-Me-Not pin is still on sale for \$20—Purchase a pin for your friends and family and help a worthy cause—call 401-421-0008 or visit our website at www.alz.org/ri



Memorials and Donations for:

- | | | | | |
|------------------------|---------------------|-----------------------|----------------------|-----------------------|
| Helen B. Adler | Ovila N. Dandeneau | Doris P. Howarth | Lillianne A. Murphy | Richard (Jimmy) St. |
| Ruth Malmborg | Alice A. Devaney | Charles Humphrey | Austin Nagle | Jean |
| Anderson | Benjamin (Frank) | William R. Johnson | Yvonne Normandin | Betty J. Stedman |
| Normand Arnold | DiSano | Ruth Katz | Marion Notarpippo | George Taylor |
| Margaret Asters | Julio DiSpirito | Louise Kazanjian | Dorothy O'Neil | Betty B. Teitz |
| Doris Bassett | Anita S. Dreyer | Leonard G. King | John A. Palana | Claire Thivierge |
| Margaret T. Bassett | Virginia M. Dwyer | Judith Clarke Kitchen | Jeannette L. Parent | Emilio A. Torvi |
| Edward Bourque | Mary Elias | Alvin F. Koenig | Valentina Perra | William J. Viherek |
| Aristedes (Steve) | Betty M. Ells | Paul LaPlante | Cheryl A. Peterson | Evelyn Walek |
| Cabral | Ernest R. Evans | Louise J. Lind | Eleanor Porter | Gertrude I. Wallentin |
| Joseph Calise | Doris E. Fontaine | Henry Lipps | Ricardo L. Ramos | Mrs. Waltz |
| Edward P. Cambra | Catherine McKinnon | Vivienne Lipps | Ralph & Marion Razee | Barbara Weston |
| Nina Etna Cameron | Foote | Elva H. Lloyd | Everett Rego | Elaine Wotherspoon |
| Anita Carcieri | Isabel Garcia | Giovanna (Jennie) | Corinne M. Resmini | Martha Zitkin |
| John Carreira | Dianne Gilbert-Hood | Lupo | Joseph L. Rheaume | |
| Louise Chapdelaine | Louise Goff | Eleanor Martin | Emily Rochefort | |
| Nora A. Coletta | Jeannette A. Golomb | Lewis Nelson May | Isidore Rondeau | |
| Doris Connery | Thelma Grossguth | John J. McLaughry | Evelyn Ruscetta | |
| Louis Costa | Alfred Hall | Kenneth A. Mello | Seymour Salloway | |
| Rose Marie Costa | Rene V. Hall | Albert J. Messier | Maria Sieniukowicz | |
| Aldor G. Cote | Jean Hann | Rosanna Millette | Delbert Sisson | |
| William T. Crosby, Jr. | Lillian Harrison | Rafaella Montecalvo | Annette Sparling | |

Alzheimer's Specific Support Groups

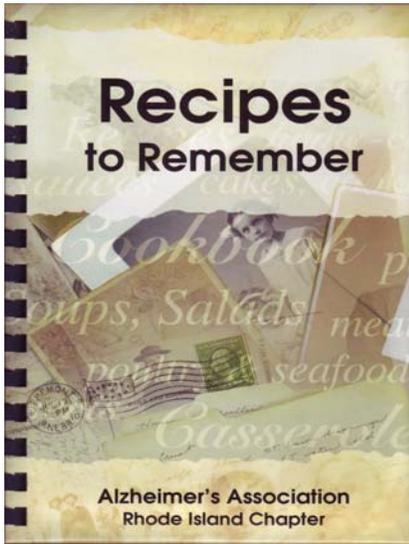
What is a support group? Support groups are regularly scheduled, free gatherings of persons who are providing care for persons with Alzheimer's disease or a related disorder. The groups are facilitated by persons trained by the Alzheimer's Association and are held throughout the state in community-based settings. The primary purpose of these groups is to provide education/knowledge about the disease and caregiving skills. The combination of education and emotional support should enable caregiver to feel better at the end of the meeting. Groups remind caregivers they are not alone, give them a chance to say what they are feeling in a supportive environment, learn new strategies and resources in the community and foster support networks. Each group has its own character and each meeting is different. It may take some time to find the right group.

The schedule of groups is listed below. ***Be sure to contact the group leader before attending group.***

Alzheimer's Specific Support Groups: These groups focus *exclusively* on the challenges and concerns of caregivers of persons with Alzheimer's disease or a related disorder.

Setting	Group leader(s)	Phone	Day/Time
Cranston- Hope Alzheimer's Center Adult Day Care provided	Dottie Poveromo & Ellen Grizzetti	946-9220	2 nd Wednesday 2:30-4:00 p.m.
East Greenwich –Law Offices of Laura Krohn	Charlene Leveillee	474-4844	Every Thursday 6-8:00 pm
East Providence- RI Mood & Memory Clinic Adult Day Care provided	Holly Adams & Donna Cimini	435-8950	4 th Monday 1:30 pm
Greenville- Dora C. Howard Adult Day Ctr.	Kathy Biddle	949-3890	4 th Wednesday 1:00-3:00 p.m.
North Kingstown –Beechwood House	Kathleen Carland Tess McWilliams	268-1590 Kathleen	4 th Tuesday 3:00p.m. -4:30p.m.
North Providence- Sal Mancini Resource Ct.	Erin Butler	Erin 553-1000 Ext. 1095	4 th Friday 10:30-12:00 noon
Pawtucket – Leon Mathieu Senior Center	Mary Lauzon	722-3560 Ext382	3 rd Thursday 1:00 p.m.
Portsmouth - Multi- Purpose Senior Center	Judy Travis	683-4106	Every Tuesday 9:30 a.m.
Portsmouth - VNS of Newport & Bristol Counties	Susan Dugan & Connie Palumbo Nicky Piermont	682-2100 Susan	2 nd Thursday 6:30 p.m.
Providence - Alzheimer's Association Office (Room 506)	Marge Angilly & Susan Vin-hateiro	421-0008 Marge	1 st Tuesday 6:30 p.m.
Warren - First Baptist Church	Elaine Jones MD	289-0992	4th Wednesday 6:30 p.m.
Westerly - Westerly Adult Day Services	Karen Hawthorn	596-1336	2 nd Tuesday 7:00 p.m.
Woonsocket – Alternative Adult Care	Christine Sauro	766-0516	1 st Wednesday 7:00 p.m.

ALZHEIMER'S DISEASE AND RELATED DISORDERS ASSOCIATION, INC.
Rhode Island Chapter 245 Waterman St. Suite 306, Providence, RI 02906
(401) 421-0008 (800) 272-3900 Fax (401) 421-0115



Recipes to Remember

Cookbooks are now on sale for just \$15. Recipes have been submitted by some of Rhode Island's favorite people including Chef Frank Terranova, Kelly Bates, Frank Coletta, RJ Heim, Barbara Morse-Silva, Senate Majority Leader Teresa Paiva Weed and Rue DeL'espoir Restaurant to honor or remember their loved one with Alzheimer's disease.

Call Donna at the chapter

office to place your order at 421-0008 or visit our website www.alz.org/ri

Newsletter Publication Changes

Beginning with this edition, the Alzheimer's Association—RI Chapter will be e-mailing our quarterly newsletter.

Those of you with no e-mail addresses will still receive the newsletter in the mail. If you would like to be added to our e-mail list, please e-mail Donna at donna.costa@alz.org

Participate in the "Friendship Fund" - Keep Saving Your East Side Market receipts. The Alzheimer's Association Rhode Island Chapter will receive a donation after saving \$2500 worth of receipts.

SAVE THE DATE

Golf Tournament

June 9, 2008

Kirkbrae Country Club

Please call the office if you are interested in joining our golf committee to help us plan our tournament.

If you no longer want to receive the newsletter, or you are receiving duplicate mailings, please call 401-421-0008 or email us at donna.costa@alz.org

Rhode Island Chapter
245 Waterman St., Suite 306
Providence, RI 02906



Non Profit Org.
U.S. Postage
PAID
Providence, RI
Permit No. 2484